

**TO:** Vermont Health Care Providers and Health Care Facilities  
**FROM:** Jennifer S. Read, MD, Medical Epidemiologist

**Practice Advisory from the American College of Obstetricians and Gynecologists:  
Pregnant and Postpartum Women with COVID-19 Infection**

**BACKGROUND**

Limited published data regarding the effect of novel coronavirus SARS-CoV-2 and resultant COVID-19 disease on pregnant and postpartum women. Similarly, there are no current recommendations regarding the evaluation and management of pregnant and postpartum women with COVID-19. The American College of Obstetricians and Gynecologists (ACOG) makes the case for considering pregnant women as an at-risk population for COVID-19.

ACOG has issued a [practice advisory](#) addressing COVID-19, which includes information regarding pregnant and postpartum women with COVID-19. This practice advisory was developed by ACOG's Immunization, Infectious Disease, and Public Health Preparedness Expert Work Group in collaboration with other ACOG subject matter experts. This practice advisory includes guidance on the following:

- Infection prevention and control in inpatient obstetric care settings
- Breastfeeding
- Precautions for health care personnel

ACOG and the Society for Maternal-Fetal Medicine have developed an [algorithm](#) for the outpatient assessment and management of pregnant women with suspected or confirmed SARS-CoV-2 infection.

If you have any questions, please contact the HAN Coordinator at 802-859-5900 or [vthan@vermont.gov](mailto:vthan@vermont.gov)

**HAN Message Type Definitions**

*Health Alert:* Conveys the highest level of importance; warrants immediate action or attention.

*Health Advisory:* Provides important information for a specific incident or situation may not require immediate action.

*Health Update:* Provides updated information regarding an incident or situation; unlikely to require immediate action.

*Info Service Message:* Provides general correspondence from VDH, which is not necessarily considered to be of an emergent nature.