
2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

REPORT FOR WASHINGTON COUNTY

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at www.healthvermont.gov/yrbs

TABLE OF CONTENTS

About the YRBS 3

METHODOLOGY..... 4

USING THE YRBS RESULTS 4

HIGH SCHOOL RESULTS..... 6

Section 1: Demographics 6

Section 2: Personal Safety 7

Section 3: Mental Health..... 20

Section 4: Substance Use 22

Section 5: Sexual Health 54

Section 6: BMI and Weight Perceptions 60

Section 7: Physical Activity and Nutrition 64

Section 8: Social Determinants of Health 72

Section 9: Youth Assets and Other Protective Factors 74

MIDDLE SCHOOL RESULTS 82

Section 1: Demographics 82

Section 2: Personal Safety 83

Section 3: Mental Health..... 93

Section 4: Substance Use 96

Section 5: Sexual Activity 115

Section 6: Physical Activity and Nutrition 116

Section 7: Social Determinants of Health 124

Section 8: Youth Assets and Other Protective Factors 125

About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at:
www.healthvermont.gov/yrbs

METHODOLOGY

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such as during all math classes or during a specific hour, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDC's Healthy Youth-DASH website at:

<https://www.cdc.gov/healthyyouth/data/yrbs/methods>

USING THE YRBS RESULTS

ENGAGING STUDENTS, SCHOOLS, AND COMMUNITIES

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

Start the Conversation: Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

Increase Awareness: The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

Plan and Evaluate Programs: The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at:

<http://www.upforlearning.org/initiatives/getting-to-y>

POPULATIONS IN FOCUS

Adverse health outcomes and behaviors experienced by specific populations are not intrinsic to youth themselves and are often instead due to social, economic and environmental inequities.

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the county or district. Smaller areas may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.

UNDERSTANDING AND INTERPRETING THE RESULTS

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular county.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a county, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

HIGH SCHOOL RESULTS

WASHINGTON COUNTY REPORT

<http://www.healthvermont.gov/yrbs>

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT

HIGH SCHOOL DEMOGRAPHICS		
	Wash.	VT
Total	2080	27349

		Wash.	VT
Sex	Male	48%	51%
	Female	52%	49%
Grade	9th Grade	25%	25%
	10th Grade	24%	25%
	11th Grade	25%	25%
	12th Grade	26%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	86%	83%
	Students of Color (REM)	14%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	85%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	15%	11%

SECTION 2: PERSONAL SAFETY
VIOLENCE AND BULLYING

WERE IN A PHYSICAL FIGHT, PAST YEAR

		Wash.	VT	
Overall		17%	17%	Overall Differences: State vs County
Sex	Male	22%	22%	VT and County are Similar
	Female	12%	11%	
				Within County Differences
Grade	Grade 9	21%	21%	Males > Females
	Grade 10	19%	18%	9 > 11
	Grade 11	13%	15%	9 > 12
	Grade 12	13%	13%	REM > WnH
Race	WnH	15%	16%	LGBT > Het/CIS
	REM	28%	23%	
Sexual Orientation	Het/Cis	16%	16%	
	LGBT	22%	23%	

WERE IN A PHYSICAL FIGHT ON SCHOOL PROPERTY, PAST YEAR

		Wash.	VT	
Overall		7%	7%	Overall Differences: State vs County
Sex	Male	10%	9%	VT and County are Similar
	Female	3%	3%	
				Within County Differences
Grade	Grade 9	8%	9%	Males > Females
	Grade 10	8%	7%	REM > WnH
	Grade 11	6%	6%	
	Grade 12	4%	4%	
Race	WnH	6%	5%	
	REM	12%	11%	
Sexual Orientation	Het/Cis	6%	6%	
	LGBT	9%	10%	

SECTION 2: PERSONAL SAFETY
VIOLENCE AND BULLYING

CARRIED A WEAPON ON SCHOOL PROPERTY, PAST 30 DAYS

		Wash.	VT	
Overall		6%	7%	Overall Differences: State vs County
Sex	Male	9%	10%	VT and County are Similar
	Female	3%	3%	
				Within County Differences
Grade	Grade 9	2%	5%	Males > Females 11 > 9 12 > 9
	Grade 10	5%	6%	
	Grade 11	8%	8%	
	Grade 12	7%	8%	
Race	WnH	5%	6%	
	REM	8%	10%	
Sexual Orientation	Het/Cis	5%	6%	
	LGBT	7%	10%	

WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY, PAST YEAR

		Wash.	VT	
Overall		5%	5%	Overall Differences: State vs County
Sex	Male	6%	6%	VT and County are Similar
	Female	4%	3%	
				Within County Differences
Grade	Grade 9	6%	6%	REM > WnH LGBT > Het/CIS
	Grade 10	5%	5%	
	Grade 11	5%	4%	
	Grade 12	4%	4%	
Race	WnH	4%	4%	
	REM	10%	9%	
Sexual Orientation	Het/Cis	4%	4%	
	LGBT	8%	10%	

SECTION 2: PERSONAL SAFETY
VIOLENCE AND BULLYING

WERE ELECTRONICALLY BULLIED, PAST YEAR				
		Wash.	VT	
Overall		18%	16%	Overall Differences: State vs County
Sex	Male	11%	10%	VT and County are Similar
	Female	23%	22%	
Within County Differences				
Grade	Grade 9	22%	19%	Females > Males
	Grade 10	16%	16%	REM > WnH
	Grade 11	17%	15%	LGBT > Het/CIS
	Grade 12	16%	13%	
Race	WnH	16%	15%	
	REM	23%	18%	
Sexual Orientation	Het/Cis	15%	14%	
	LGBT	36%	30%	

WERE BULLIED, PAST 30 DAYS				
		Wash.	VT	
Overall		16%	16%	Overall Differences: State vs County
Sex	Male	10%	11%	VT and County are Similar
	Female	21%	20%	
Within County Differences				
Grade	Grade 9	21%	21%	Females > Males
	Grade 10	17%	16%	9 > 12
	Grade 11	16%	14%	REM > WnH
	Grade 12	11%	12%	LGBT > Het/CIS
Race	WnH	15%	15%	
	REM	24%	18%	
Sexual Orientation	Het/Cis	14%	14%	
	LGBT	29%	30%	

SECTION 2: PERSONAL SAFETY
VIOLENCE AND BULLYING

BULLIED SOMEONE ELSE, PAST 30 DAYS

		Wash.	VT	
Overall		11%	9%	Overall Differences: State vs County
Sex	Male	13%	10%	County > VT
	Female	8%	8%	
Within County Differences				
Grade	Grade 9	13%	9%	Males > Females
	Grade 10	11%	9%	REM > WnH
	Grade 11	13%	9%	LGBT > Het/CIS
	Grade 12	7%	8%	
Race	WnH	10%	8%	
	REM	16%	12%	
Sexual Orientation	Het/Cis	10%	8%	
	LGBT	17%	13%	

DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE, PAST 30 DAYS

		Wash.	VT	
Overall		5%	5%	Overall Differences: State vs County
Sex	Male	4%	4%	VT and County are Similar
	Female	6%	6%	
Within County Differences				
Grade	Grade 9	6%	5%	REM > WnH
	Grade 10	6%	5%	LGBT > Het/CIS
	Grade 11	6%	5%	
	Grade 12	3%	4%	
Race	WnH	4%	4%	
	REM	11%	9%	
Sexual Orientation	Het/Cis	4%	4%	
	LGBT	11%	12%	

SECTION 2: PERSONAL SAFETY
SEXUAL AND DATING VIOLENCE

WERE EVER PHYSICALLY FORCED TO HAVE SEXUAL INTERCOURSE

		Wash.	VT	
Overall		7%	6%	Overall Differences: State vs County
Sex	Male	4%	3%	VT and County are Similar
	Female	10%	9%	
Grade	Grade 9	5%	5%	Within County Differences
	Grade 10	6%	5%	
	Grade 11	10%	7%	
	Grade 12	8%	7%	
Race	WnH	6%	6%	Females > Males
	REM	14%	9%	
Sexual Orientation	Het/Cis	5%	5%	11 > 9
	LGBT	19%	18%	

EXPERIENCED SEXUAL DATING VIOLENCE, PAST YEAR

		Wash.	VT	
Overall		11%	10%	Overall Differences: State vs County
Sex	Male	4%	5%	VT and County are Similar
	Female	18%	15%	
Grade	Grade 9	13%	10%	Within County Differences
	Grade 10	13%	11%	
	Grade 11	10%	10%	
	Grade 12	9%	9%	
Race	WnH	9%	9%	Females > Males
	REM	23%	14%	
Sexual Orientation	Het/Cis	7%	8%	REM > WnH
	LGBT	30%	23%	

SECTION 2: PERSONAL SAFETY
SEXUAL AND DATING VIOLENCE

EXPERIENCED PHYSICAL DATING VIOLENCE, PAST YEAR

		Wash.	VT	
Overall		6%	7%	Overall Differences: State vs County
Sex	Male	5%	6%	VT and County are Similar
	Female	8%	8%	
Grade	Grade 9	5%	5%	Within County Differences
	Grade 10	5%	7%	
	Grade 11	8%	7%	
	Grade 12	5%	7%	
Race	WnH	5%	6%	REM > WnH
	REM	15%	11%	
Sexual Orientation	Het/Cis	5%	5%	LGBT > Het/CIS
	LGBT	14%	15%	

SECTION 2: PERSONAL SAFETY
IMPAIRED DRIVING AND RIDING

DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 DAYS

		Wash.	VT	
Overall		7%	7%	Overall Differences: State vs County
Sex	Male	10%	9%	VT and County are Similar
	Female	5%	5%	
				Within County Differences
Grade	Grade 9	6%	5%	Males > Females
	Grade 10	4%	4%	12 > 10
	Grade 11	7%	7%	REM > WnH
	Grade 12	10%	10%	
Race	WnH	6%	6%	
	REM	14%	13%	
Sexual Orientation	Het/Cis	7%	7%	
	LGBT	8%	11%	

DROVE A CAR OR OTHER VEHICLE AFTER USING MARIJUANA, PAST 30 DAYS

		Wash.	VT	
Overall		17%	14%	Overall Differences: State vs County
Sex	Male	20%	16%	VT and County are Similar
	Female	14%	12%	
				Within County Differences
Grade	Grade 9	9%	8%	12 > 9
	Grade 10	12%	9%	12 > 10
	Grade 11	16%	15%	12 > 11
	Grade 12	25%	21%	LGBT > Het/CIS
Race	WnH	16%	13%	
	REM	22%	20%	
Sexual Orientation	Het/Cis	15%	13%	
	LGBT	28%	21%	

SECTION 2: PERSONAL SAFETY
IMPAIRED DRIVING AND RIDING

RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL, PAST 30 DAYS				
		Wash.	VT	
Overall		19%	18%	Overall Differences: State vs County
Sex	Male	18%	17%	VT and County are Similar
	Female	20%	19%	
Within County Differences				
Grade	Grade 9	16%	17%	REM > WnH
	Grade 10	21%	18%	LGBT > Het/CIS
	Grade 11	16%	18%	
	Grade 12	21%	18%	
Race	WnH	17%	18%	
	REM	26%	20%	
Sexual Orientation	Het/Cis	18%	17%	
	LGBT	25%	22%	

RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA, PAST 30 DAYS				
		Wash.	VT	
Overall		22%	20%	Overall Differences: State vs County
Sex	Male	22%	20%	VT and County are Similar
	Female	22%	20%	
Within County Differences				
Grade	Grade 9	13%	13%	10 > 9
	Grade 10	21%	18%	11 > 9
	Grade 11	23%	22%	12 > 9
	Grade 12	29%	28%	LGBT > Het/CIS
Race	WnH	21%	20%	
	REM	26%	23%	
Sexual Orientation	Het/Cis	21%	19%	
	LGBT	30%	29%	

SECTION 2: PERSONAL SAFETY
IMPAIRED DRIVING AND RIDINGTEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER
VEHICLE, PAST 30 DAYS

		Wash.	VT	
Overall		32%	34%	Overall Differences: State vs County
Sex	Male	35%	34%	VT and County are Similar
	Female	29%	34%	Within County Differences
Grade	Grade 9	10%	9%	11 > 9
	Grade 10	15%	16%	12 > 9
	Grade 11	43%	42%	12 > 10
	Grade 12	46%	53%	11 > 10
Race	WnH	32%	34%	
	REM	35%	32%	
Sexual Orientation	Het/Cis	33%	34%	
	LGBT	29%	31%	

SECTION 2: PERSONAL SAFETY
INJURY AND PREVENTION

HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR

	Wash.	VT
Never wore a helmet	9%	11%
Rarely wore a helmet	2%	3%
Sometimes wore a helmet	3%	3%
Most of the time wore a helmet	8%	9%
Always wore a helmet	78%	74%

RARELY OR NEVER WEAR A HELMET WHILE SKIING OR SNOWBOARDING, PAST YEAR

		Wash.	VT	
Overall		11%	14%	Overall Differences: State vs County
Sex	Male	14%	17%	VT and County are Similar
	Female	6%	9%	
Grade	Grade 9	7%	11%	Within County Differences
	Grade 10	8%	13%	
	Grade 11	12%	15%	
	Grade 12	16%	15%	
Race	WnH	9%	12%	Males > Females
	REM	17%	24%	
Sexual Orientation	Het/Cis	10%	12%	
	LGBT	16%	24%	

SECTION 2: PERSONAL SAFETY
 INJURY AND PREVENTION

**HAD A CONCUSSION FROM PLAYING A SPORT OR BEING
 PHYSICALLY ACTIVE, PAST YEAR**

		Wash.	VT	
Overall		19%	18%	Overall Differences: State vs County
Sex	Male	22%	20%	VT and County are Similar
	Female	16%	16%	
Grade	Grade 9	23%	20%	Within County Differences Males > Females
	Grade 10	17%	18%	
	Grade 11	19%	17%	
	Grade 12	17%	16%	
Race	WnH	18%	17%	
	REM	25%	22%	
Sexual Orientation	Het/Cis	21%	18%	
	LGBT	14%	15%	

SECTION 2: PERSONAL SAFETY
TOBACCO EXPOSURE AND PREVENTION

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR				
		Wash.	VT	
Overall		51%	54%	Overall Differences: State vs County
Sex	Male	48%	51%	VT > County
	Female	54%	58%	Within County Differences
Grade	Grade 9	42%	47%	11 > 9
	Grade 10	51%	53%	12 > 9
	Grade 11	56%	58%	LGBT > Het/CIS
	Grade 12	56%	61%	
Race	WnH	51%	56%	
	REM	51%	50%	
Sexual Orientation	Het/Cis	50%	54%	
	LGBT	62%	62%	

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS				
		Wash.	VT	
Overall		56%	55%	Overall Differences: State vs County
Sex	Male	56%	53%	VT and County are Similar
	Female	55%	56%	Within County Differences
Grade	Grade 9	59%	57%	
	Grade 10	56%	56%	
	Grade 11	56%	54%	
	Grade 12	51%	52%	
Race	WnH	56%	56%	
	REM	48%	47%	
Sexual Orientation	Het/Cis	57%	55%	
	LGBT	53%	57%	

SECTION 2: PERSONAL SAFETY
TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME CAR AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS

		Wash.	VT	
Overall		22%	23%	Overall Differences: State vs County
Sex	Male	21%	23%	VT and County are Similar
	Female	24%	23%	
				Within County Differences
Grade	Grade 9	22%	22%	REM > WnH
	Grade 10	26%	23%	
	Grade 11	21%	23%	
	Grade 12	20%	24%	
Race	WnH	21%	22%	
	REM	30%	27%	
Sexual Orientation	Het/Cis	22%	22%	
	LGBT	28%	33%	

WERE IN THE SAME ROOM AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS

		Wash.	VT	
Overall		31%	33%	Overall Differences: State vs County
Sex	Male	29%	33%	VT and County are Similar
	Female	33%	33%	
				Within County Differences
Grade	Grade 9	30%	32%	
	Grade 10	34%	33%	
	Grade 11	31%	33%	
	Grade 12	29%	36%	
Race	WnH	31%	33%	
	REM	33%	34%	
Sexual Orientation	Het/Cis	30%	32%	
	LGBT	38%	44%	

SECTION 3: MENTAL HEALTH

FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, PAST YEAR

		Wash.	VT	
Overall		28%	25%	Overall Differences: State vs County
Sex	Male	18%	16%	County > VT
	Female	37%	35%	
Grade	Grade 9	27%	23%	Within County Differences
	Grade 10	30%	26%	
	Grade 11	25%	26%	
	Grade 12	29%	26%	
Race	WnH	27%	25%	LGBT > Het/CIS
	REM	33%	28%	
Sexual Orientation	Het/Cis	23%	21%	
	LGBT	58%	58%	

DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR

		Wash.	VT	
Overall		21%	16%	Overall Differences: State vs County
Sex	Male	11%	9%	County > VT
	Female	29%	25%	
Grade	Grade 9	25%	18%	Within County Differences
	Grade 10	23%	18%	
	Grade 11	19%	16%	
	Grade 12	15%	14%	
Race	WnH	20%	16%	Females > Males
	REM	24%	18%	
Sexual Orientation	Het/Cis	15%	12%	9 > 12
	LGBT	48%	48%	10 > 12

SECTION 3: MENTAL HEALTH

MADE A PLAN ABOUT HOW THEY WOULD ATTEMPT SUICIDE, PAST YEAR				
		Wash.	VT	
Overall		13%	11%	Overall Differences: State vs County
Sex	Male	8%	7%	County > VT
	Female	18%	15%	
Grade	Grade 9	13%	11%	Within County Differences
	Grade 10	15%	12%	
	Grade 11	11%	11%	
	Grade 12	13%	10%	
Race	WnH	12%	10%	Females > Males
	REM	22%	15%	
Sexual Orientation	Het/Cis	9%	8%	REM > WnH
	LGBT	37%	33%	
				LGBT > Het/CIS

ATTEMPTED SUICIDE, PAST YEAR				
		Wash.	VT	
Overall		6%	5%	Overall Differences: State vs County
Sex	Male	4%	4%	VT and County are Similar
	Female	9%	7%	
Grade	Grade 9	8%	6%	Within County Differences
	Grade 10	7%	6%	
	Grade 11	7%	5%	
	Grade 12	5%	4%	
Race	WnH	5%	5%	Females > Males
	REM	13%	8%	
Sexual Orientation	Het/Cis	4%	4%	REM > WnH
	LGBT	19%	18%	
				LGBT > Het/CIS

SECTION 4: SUBSTANCE USE
LIFETIME USE

EVER SMOKED A WHOLE CIGARETTE

		Wash.	VT	
Overall		24%	24%	Overall Differences: State vs County
Sex	Male	27%	26%	VT and County are Similar
	Female	21%	22%	
Grade	Grade 9	16%	17%	Within County Differences
	Grade 10	20%	21%	
	Grade 11	28%	28%	
	Grade 12	31%	31%	
Race	WnH	23%	23%	Males > Females
	REM	30%	28%	11 > 9
Sexual Orientation	Het/Cis	22%	22%	12 > 9
	LGBT	36%	38%	12 > 10

SMOKED A CIGARETTE BEFORE AGE 13 YEARS

		Wash.	VT	
Overall		7%	8%	Overall Differences: State vs County
Sex	Male	9%	9%	VT and County are Similar
	Female	5%	6%	
Grade	Grade 9	7%	8%	Within County Differences
	Grade 10	7%	8%	
	Grade 11	9%	8%	
	Grade 12	5%	7%	
Race	WnH	6%	7%	Males > Females
	REM	14%	12%	REM > WnH
Sexual Orientation	Het/Cis	6%	7%	LGBT > Het/CIS
	LGBT	11%	14%	

SECTION 4: SUBSTANCE USE
LIFETIME USE

EVER USED AN ELECTRONIC VAPOR PRODUCT				
		Wash.	VT	
Overall		33%	34%	Overall Differences: State vs County
Sex	Male	37%	37%	VT and County are Similar
	Female	28%	31%	Within County Differences
Grade	Grade 9	21%	23%	Males > Females
	Grade 10	28%	31%	11 > 9
	Grade 11	39%	38%	12 > 9
	Grade 12	43%	44%	12 > 10
Race	WnH	32%	34%	11 > 10
	REM	35%	35%	
Sexual Orientation	Het/Cis	33%	34%	
	LGBT	37%	38%	

EVER TRIED FLAVORED TOBACCO PRODUCTS				
		Wash.	VT	
Overall		22%	21%	Overall Differences: State vs County
Sex	Male	26%	24%	VT and County are Similar
	Female	17%	17%	Within County Differences
Grade	Grade 9	10%	12%	Males > Females
	Grade 10	18%	17%	10 > 9
	Grade 11	27%	24%	11 > 9
	Grade 12	30%	30%	12 > 9
Race	WnH	21%	20%	12 > 10
	REM	24%	21%	11 > 10
Sexual Orientation	Het/Cis	22%	20%	
	LGBT	23%	26%	

SECTION 4: SUBSTANCE USE
LIFETIME USE

EVER DRANK ALCOHOL		Wash.	VT	
Overall		62%	58%	Overall Differences: State vs County
Sex	Male	62%	57%	County > VT
	Female	62%	58%	Within County Differences
Grade	Grade 9	44%	41%	10 > 9
	Grade 10	62%	54%	11 > 9
	Grade 11	70%	65%	12 > 9
	Grade 12	72%	71%	12 > 10
Race	WnH	62%	58%	
	REM	62%	56%	
Sexual Orientation	Het/Cis	62%	57%	
	LGBT	69%	66%	

DRANK ALCOHOL BEFORE AGE 13 YEARS		Wash.	VT	
Overall		13%	14%	Overall Differences: State vs County
Sex	Male	15%	16%	VT and County are Similar
	Female	11%	11%	Within County Differences
Grade	Grade 9	13%	17%	REM > WnH
	Grade 10	16%	13%	LGBT > Het/CIS
	Grade 11	11%	13%	
	Grade 12	10%	11%	
Race	WnH	11%	12%	
	REM	21%	21%	
Sexual Orientation	Het/Cis	12%	13%	
	LGBT	20%	20%	

SECTION 4: SUBSTANCE USE
LIFETIME USE

EVER USED MARIJUANA		Wash.	VT	
Overall		43%	37%	Overall Differences: State vs County
Sex	Male	43%	37%	County > VT
	Female	42%	37%	Within County Differences
Grade	Grade 9	29%	23%	10 > 9
	Grade 10	41%	34%	11 > 9
	Grade 11	49%	42%	12 > 9
	Grade 12	51%	50%	12 > 10
Race	WnH	43%	38%	LGBT > Het/CIS
	REM	45%	37%	
Sexual Orientation	Het/Cis	41%	36%	
	LGBT	57%	49%	

TRIED MARIJUANA BEFORE AGE 13 YEARS		Wash.	VT	
Overall		6%	6%	Overall Differences: State vs County
Sex	Male	7%	7%	VT and County are Similar
	Female	4%	5%	Within County Differences
Grade	Grade 9	5%	6%	REM > WnH
	Grade 10	7%	6%	LGBT > Het/CIS
	Grade 11	5%	6%	
	Grade 12	5%	5%	
Race	WnH	4%	5%	
	REM	13%	10%	
Sexual Orientation	Het/Cis	5%	5%	
	LGBT	10%	11%	

SECTION 4: SUBSTANCE USE
LIFETIME USE

EVER MISUSED PRESCRIPTION PAIN MEDICINE				
		Wash.	VT	
Overall		9%	8%	Overall Differences: State vs County
Sex	Male	10%	8%	VT and County are Similar
	Female	8%	7%	
				Within County Differences
Grade	Grade 9	6%	6%	10 > 9
	Grade 10	11%	7%	REM > WnH
	Grade 11	9%	8%	LGBT > Het/CIS
	Grade 12	9%	9%	
Race	WnH	8%	7%	
	REM	15%	11%	
Sexual Orientation	Het/Cis	7%	7%	
	LGBT	17%	16%	

EVER MISUSED PRESCRIPTION STIMULANTS				
		Wash.	VT	
Overall		9%	6%	Overall Differences: State vs County
Sex	Male	10%	7%	County > VT
	Female	8%	6%	
				Within County Differences
Grade	Grade 9	4%	4%	10 > 9
	Grade 10	8%	6%	11 > 9
	Grade 11	9%	6%	12 > 9
	Grade 12	15%	9%	12 > 10
Race	WnH	8%	6%	REM > WnH
	REM	17%	10%	LGBT > Het/CIS
Sexual Orientation	Het/Cis	8%	5%	
	LGBT	15%	12%	

SECTION 4: SUBSTANCE USE
LIFETIME USE

EVER USED COCAINE		Wash.	VT	
Overall		5%	4%	Overall Differences: State vs County
Sex	Male	7%	5%	VT and County are Similar
	Female	3%	3%	
Within County Differences				
Grade	Grade 9	.	2%	Males > Females
	Grade 10	4%	3%	Too few students in at least one grade
	Grade 11	6%	4%	REM > WnH
	Grade 12	9%	6%	
Race	WnH	4%	3%	
	REM	11%	8%	
Sexual Orientation	Het/Cis	4%	3%	
	LGBT	7%	9%	

EVER USED INHALANTS		Wash.	VT	
Overall		7%	6%	Overall Differences: State vs County
Sex	Male	7%	6%	VT and County are Similar
	Female	6%	6%	
Within County Differences				
Grade	Grade 9	7%	6%	REM > WnH
	Grade 10	7%	6%	LGBT > Het/CIS
	Grade 11	5%	6%	
	Grade 12	6%	6%	
Race	WnH	6%	5%	
	REM	12%	10%	
Sexual Orientation	Het/Cis	5%	5%	
	LGBT	13%	16%	

SECTION 4: SUBSTANCE USE
LIFETIME USE

EVER USED HEROIN				
		Wash.	VT	
Overall		2%	2%	Overall Differences: State vs County
Sex	Male	3%	3%	VT and County are Similar
	Female	1%	1%	
Grade	Grade 9	1%	1%	Within County Differences
	Grade 10	2%	2%	
	Grade 11	2%	2%	
	Grade 12	2%	2%	
Race	WnH	1%	1%	Males > Females
	REM	6%	5%	
Sexual Orientation	Het/Cis	1%	1%	REM > WnH
	LGBT	4%	5%	

EVER USED METHAMPHETAMINES				
		Wash.	VT	
Overall		3%	2%	Overall Differences: State vs County
Sex	Male	3%	3%	VT and County are Similar
	Female	2%	1%	
Grade	Grade 9	.	1%	Within County Differences
	Grade 10	3%	2%	
	Grade 11	3%	2%	
	Grade 12	4%	3%	
Race	WnH	2%	1%	Too few students in at least one grade
	REM	9%	6%	
Sexual Orientation	Het/Cis	2%	2%	REM > WnH
	LGBT	4%	5%	

SECTION 4: SUBSTANCE USE
CURRENT USE

USED ANY TOBACCO PRODUCTS DURING THE PAST YEAR				
		Wash.	VT	
Overall		24%	24%	Overall Differences: State vs County
Sex	Male	30%	28%	VT and County are Similar
	Female	19%	18%	
Within County Differences				
Grade	Grade 9	14%	14%	Males > Females
	Grade 10	22%	20%	10 > 9
	Grade 11	30%	26%	11 > 9
	Grade 12	31%	33%	12 > 9
Race	WnH	24%	26%	12 > 10
	REM	28%	23%	LGBT > Het/CIS
Sexual Orientation	Het/Cis	23%	23%	
	LGBT	32%	31%	

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS				
		Wash.	VT	
Overall		19%	19%	Overall Differences: State vs County
Sex	Male	23%	23%	VT and County are Similar
	Female	14%	14%	
Within County Differences				
Grade	Grade 9	9%	11%	Males > Females
	Grade 10	15%	16%	10 > 9
	Grade 11	23%	22%	11 > 9
	Grade 12	27%	28%	12 > 9
Race	WnH	18%	19%	12 > 10
	REM	21%	20%	11 > 10
Sexual Orientation	Het/Cis	18%	18%	
	LGBT	24%	25%	

SECTION 4: SUBSTANCE USE
CURRENT USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS					
		Wash.	VT		
Overall		16%	15%	Overall Differences: State vs County	
Sex	Male	20%	19%	VT and County are Similar	
	Female	12%	11%		
Grade	Grade 9	7%	8%	Within County Differences	
	Grade 10	13%	12%		Males > Females
	Grade 11	20%	17%		10 > 9
	Grade 12	24%	22%		11 > 9
Race	WnH	16%	15%	12 > 9	
	REM	19%	16%	12 > 10	
Sexual Orientation	Het/Cis	15%	14%	LGBT > Het/CIS	
	LGBT	23%	21%		

SMOKED CIGARETTES, PAST 30 DAYS					
		Wash.	VT		
Overall		10%	9%	Overall Differences: State vs County	
Sex	Male	12%	10%	VT and County are Similar	
	Female	9%	8%		
Grade	Grade 9	6%	5%	Within County Differences	
	Grade 10	8%	7%		11 > 9
	Grade 11	11%	11%		12 > 9
	Grade 12	15%	13%		12 > 10
Race	WnH	9%	9%	REM > WnH	
	REM	16%	12%	LGBT > Het/CIS	
Sexual Orientation	Het/Cis	9%	8%		
	LGBT	19%	18%		

SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES		
	Wash.	VT
1 or 2 days	38%	29%
3 to 5 days	14%	15%
6 to 9 days	9%	10%
10 to 19 days	6%	12%
20 to 29 days	11%	9%
All 30 days	24%	25%

AMONG CURRENT SMOKERS: SMOKE CIGARETTES EVERY DAY				
		Wash.	VT	
Overall		24%	25%	Overall Differences: State vs County
Sex	Male	29%	27%	VT and County are Similar
	Female	19%	20%	Within County Differences
Grade	Grade 9	.	24%	Too few students in at least one grade
	Grade 10	.	21%	Too few students by race
	Grade 11	.	23%	Too few students by sexual orientation
	Grade 12	.	26%	
Race	WnH	20%	38%	
	REM	.	21%	
Sexual Orientation	Het/Cis	24%	22%	
	LGBT	.	29%	

SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES
SMOKED ON DAYS SMOKED

	Wash.	VT	
Less than 1 cigarette	38%	30%	Too few students
1 cigarette	15%	19%	
2 to 5 cigarettes	26%	30%	
6 to 10 cigarettes	10%	9%	
11 to 20 cigarettes	.	4%	
More than 20 cigarettes	8%	8%	

AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE
CIGARETTES ON DAYS SMOKED

		Wash.	VT	
Overall		10%	12%	Overall Differences: State vs County
Sex	Male	15%	15%	VT and County are Similar
	Female	.	6%	Within County Differences
Grade	Grade 9	.	12%	Too few students by sex
	Grade 10	.	8%	Too few students in at least one grade
	Grade 11	.	10%	Too few students by race
	Grade 12	.	12%	Too few students by sexual orientation
Race	WnH	.	28%	
	REM	.	7%	
Sexual Orientation	Het/Cis	10%	10%	
	LGBT	.	14%	

SECTION 4: SUBSTANCE USE
CURRENT USE

USED ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS

		Wash.	VT		
Overall		12%	12%	Overall Differences: State vs County	
Sex	Male	14%	14%	VT and County are Similar	
	Female	9%	9%		
Grade	Grade 9	5%	7%	Within County Differences	
	Grade 10	11%	10%		Males > Females
	Grade 11	13%	13%		10 > 9
	Grade 12	17%	17%		11 > 9
Race	WnH	11%	12%	12 > 9	
	REM	15%	13%		
Sexual Orientation	Het/Cis	11%	12%		
	LGBT	14%	16%		

AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE

	Wash.	VT	
Friend/family used them	31%	35%	Too few students
To try to quit other tobacco	4%	5%	
Cost less than other tobacco	.	1%	
Easier to get than other tobacco	1%	1%	
Less harmful than other tobacco	7%	8%	
Available in flavors	16%	17%	
Used for some other reason	40%	33%	County > VT

SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCTS USE		
	Wash.	VT
1 or 2 days	40%	37%
3 to 5 days	18%	19%
6 to 9 days	14%	11%
10 to 19 days	11%	12%
20 to 29 days	6%	7%
All 30 days	11%	15%

AMONG CURRENT USERS: USED ELECTRONIC VAPOR PRODUCTS ON 10+ DAYS				
		Wash.	VT	
Overall		28%	33%	Overall Differences: State vs County
Sex	Male	31%	37%	VT and County are Similar
	Female	23%	26%	
Grade	Grade 9	.	29%	Within County Differences
	Grade 10	.	36%	
	Grade 11	.	31%	
	Grade 12	33%	34%	
Race	WnH	23%	44%	Too few students in at least one grade
	REM	.	30%	
Sexual Orientation	Het/Cis	27%	32%	Too few students by race
	LGBT	.	37%	

SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18

	Wash.	VT	
Bought them in a store	11%	8%	Too few students
I got them on the Internet	9%	10%	
Someone else bought them	7%	14%	
Borrowed them	40%	38%	
A person 18 or older gave me	13%	11%	
Took them from a store	.	2%	
Some other way	16%	18%	

USED SMOKELESS TOBACCO, PAST 30 DAYS

		Wash.	VT	
Overall		5%	5%	Overall Differences: State vs County
Sex	Male	8%	8%	VT and County are Similar
	Female	1%	2%	
Grade	Grade 9	1%	3%	Within County Differences
	Grade 10	4%	5%	
	Grade 11	6%	6%	
	Grade 12	6%	7%	
Race	WnH	4%	5%	Males > Females
	REM	7%	7%	
Sexual Orientation	Het/Cis	5%	5%	
	LGBT	3%	5%	

SECTION 4: SUBSTANCE USE
CURRENT USE

SMOKED CIGARS, CIGARILLOS, OR LITTLE CIGARS, PAST 30 DAYS				
		Wash.	VT	
Overall		12%	9%	Overall Differences: State vs County
Sex	Male	15%	13%	County > VT
	Female	8%	6%	Within County Differences
Grade	Grade 9	4%	4%	Males > Females
	Grade 10	10%	7%	10 > 9
	Grade 11	12%	10%	11 > 9
	Grade 12	19%	15%	12 > 9
Race	WnH	11%	9%	12 > 10
	REM	13%	10%	
Sexual Orientation	Het/Cis	11%	9%	
	LGBT	14%	12%	

TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR				
		Wash.	VT	
Overall		31%	33%	Overall Differences: State vs County
Sex	Male	27%	30%	VT and County are Similar
	Female	35%	37%	Within County Differences
Grade	Grade 9	29%	33%	
	Grade 10	34%	35%	
	Grade 11	27%	32%	
	Grade 12	33%	32%	
Race	WnH	29%	33%	
	REM	34%	33%	
Sexual Orientation	Het/Cis	29%	32%	
	LGBT	40%	43%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE
CURRENT USE

DRANK ALCOHOL, PAST 30 DAYS

		Wash.	VT	
Overall		35%	33%	Overall Differences: State vs County
Sex	Male	36%	32%	VT and County are Similar
	Female	35%	34%	
Grade	Grade 9	22%	20%	10 > 9
	Grade 10	34%	30%	11 > 9
	Grade 11	36%	36%	12 > 9
	Grade 12	47%	46%	12 > 10
Race	WnH	36%	34%	12 > 11
	REM	33%	29%	
Sexual Orientation	Het/Cis	35%	33%	
	LGBT	37%	37%	

BINGE DRANK, PAST 30 DAYS

		Wash.	VT	
Overall		19%	17%	Overall Differences: State vs County
Sex	Male	19%	17%	VT and County are Similar
	Female	18%	17%	
Grade	Grade 9	9%	8%	10 > 9
	Grade 10	17%	14%	11 > 9
	Grade 11	20%	19%	12 > 9
	Grade 12	29%	27%	12 > 10
Race	WnH	19%	17%	12 > 11
	REM	18%	16%	
Sexual Orientation	Het/Cis	19%	17%	
	LGBT	20%	18%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF DRINKING

	Wash.	VT
1 or 2 days	44%	49%
3 to 5 days	29%	26%
6 to 9 days	13%	13%
10 to 19 days	7%	7%
20 to 29 days	3%	2%
All 30 days	4%	3%

AMONG CURRENT USERS: DRANK ON 10+ DAYS

		Wash.	VT	
Overall		13%	12%	Overall Differences: State vs County
Sex	Male	16%	15%	VT and County are Similar
	Female	10%	9%	
Grade	Grade 9	10%	11%	Within County Differences
	Grade 10	12%	11%	
	Grade 11	10%	12%	
	Grade 12	17%	13%	
Race	WnH	11%	22%	REM > WnH
	REM	24%	10%	
Sexual Orientation	Het/Cis	12%	11%	
	LGBT	18%	18%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: LARGEST AMOUNT OF
ALCOHOL CONSUMED

	Wash.	VT
1 or 2 drinks	34%	35%
3 drinks	6%	6%
4 drinks	10%	8%
5 drinks	16%	13%
6 or 7 drinks	13%	15%
8 or 9 drinks	8%	8%
10 or more drinks	14%	14%

AMONG CURRENT USERS: BINGE DRANK (4+ females; 5+ males)

		Wash.	VT	
Overall		59%	57%	Overall Differences: State vs County
Sex	Male	60%	59%	VT and County are Similar
	Female	58%	55%	Within County Differences
Grade	Grade 9	49%	46%	
	Grade 10	53%	53%	
	Grade 11	61%	57%	
	Grade 12	66%	63%	
Race	WnH	58%	61%	
	REM	60%	56%	
Sexual Orientation	Het/Cis	60%	57%	
	LGBT	59%	55%	

SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: ALCOHOL SOURCE			
	Wash.	VT	
Bought in store	1%	3%	Too few students
Bought in restaurant	1%	2%	
Bought at public event	.	0%	
I gave someone money to buy	23%	23%	County > VT
Someone gave it to me	39%	40%	
Took from store/family	16%	12%	
Some other way	19%	20%	

USED MARIJUANA, PAST 30 DAYS				
		Wash.	VT	
Overall		27%	24%	Overall Differences: State vs County
Sex	Male	27%	24%	County > VT
	Female	26%	23%	Within County Differences
Grade	Grade 9	17%	15%	10 > 9
	Grade 10	27%	22%	11 > 9
	Grade 11	28%	25%	12 > 9
	Grade 12	34%	32%	LGBT > Het/CIS
Race	WnH	27%	23%	
	REM	27%	24%	
Sexual Orientation	Het/Cis	25%	23%	
	LGBT	37%	33%	

SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE		
	Wash.	VT
1 or 2 times	30%	34%
3 to 9 times	25%	25%
10 to 19 times	13%	12%
20 to 39 times	13%	10%
40 or more times	18%	20%

AMONG CURRENT USERS: USED MARIJUANA 10+ TIMES				
		Wash.	VT	
Overall		45%	41%	Overall Differences: State vs County
Sex	Male	49%	47%	VT and County are Similar
	Female	41%	35%	Within County Differences
Grade	Grade 9	34%	37%	12 > 9
	Grade 10	42%	40%	12 > 11
	Grade 11	38%	41%	
	Grade 12	57%	43%	
Race	WnH	42%	53%	
	REM	57%	39%	
Sexual Orientation	Het/Cis	43%	40%	
	LGBT	52%	49%	

SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED			
	Wash.	VT	
Smoked it	90%	91%	Too few students
Ate in food	5%	4%	
Drank in tea or other drink	.	1%	
Vaporized	3%	2%	
Some other way	2%	2%	

MISUSED A PRESCRIPTION DRUG, PAST 30 DAYS				
		Wash.	VT	
Overall		7%	5%	Overall Differences: State vs County
Sex	Male	9%	6%	County > VT
	Female	6%	5%	Within County Differences
Grade	Grade 9	3%	4%	11 > 9
	Grade 10	7%	5%	12 > 9
	Grade 11	9%	5%	REM > WnH
	Grade 12	10%	7%	LGBT > Het/CIS
Race	WnH	6%	5%	
	REM	14%	9%	
Sexual Orientation	Het/Cis	6%	5%	
	LGBT	13%	11%	

SECTION 4: SUBSTANCE USE
CURRENT USE

WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, PAST YEAR

		Wash.	VT	
Overall		19%	15%	Overall Differences: State vs County
Sex	Male	20%	17%	County > VT
	Female	16%	13%	
				Within County Differences
Grade	Grade 9	18%	14%	REM > WnH LGBT > Het/CIS
	Grade 10	18%	16%	
	Grade 11	20%	16%	
	Grade 12	17%	14%	
Race	WnH	17%	15%	
	REM	25%	17%	
Sexual Orientation	Het/Cis	17%	14%	
	LGBT	27%	23%	

ATTENDED SCHOOL UNDER THE INFLUENCE OF DRUGS OR ALCOHOL, PAST YEAR

		Wash.	VT	
Overall		16%	13%	Overall Differences: State vs County
Sex	Male	16%	14%	County > VT
	Female	15%	12%	
				Within County Differences
Grade	Grade 9	10%	9%	11 > 9 12 > 9 LGBT > Het/CIS
	Grade 10	14%	12%	
	Grade 11	16%	14%	
	Grade 12	21%	18%	
Race	WnH	15%	13%	
	REM	20%	16%	
Sexual Orientation	Het/Cis	14%	12%	
	LGBT	24%	23%	

SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

**THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE
WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE
WERE DRINKING ALCOHOL**

		Wash.	VT	
Overall		20%	25%	Overall Differences: State vs County
Sex	Male	21%	25%	VT > County
	Female	19%	24%	
				Within County Differences
Grade	Grade 9	27%	32%	9 > 10
	Grade 10	18%	26%	9 > 11
	Grade 11	18%	21%	9 > 12
	Grade 12	18%	20%	
Race	WnH	19%	23%	
	REM	25%	31%	
Sexual Orientation	Het/Cis	19%	25%	
	LGBT	23%	25%	

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR
AGE TO SMOKE CIGARETTES**

		Wash.	VT	
Overall		84%	84%	Overall Differences: State vs County
Sex	Male	82%	82%	VT and County are Similar
	Female	87%	86%	
				Within County Differences
Grade	Grade 9	92%	90%	Females > Males
	Grade 10	87%	88%	9 > 11
	Grade 11	83%	83%	9 > 12
	Grade 12	78%	75%	10 > 12
Race	WnH	86%	85%	WnH > REM
	REM	78%	81%	Het/CIS > LGBT
Sexual Orientation	Het/Cis	86%	85%	
	LGBT	76%	74%	

SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL

		Wash.	VT	
Overall		51%	54%	Overall Differences: State vs County
Sex	Male	50%	55%	VT > County
	Female	51%	54%	
				Within County Differences
Grade	Grade 9	68%	71%	9 > 10
	Grade 10	53%	59%	9 > 11
	Grade 11	44%	48%	9 > 12
	Grade 12	38%	39%	10 > 12
Race	WnH	50%	54%	10 > 11
	REM	53%	58%	
Sexual Orientation	Het/Cis	50%	54%	
	LGBT	49%	51%	

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA

		Wash.	VT	
Overall		50%	55%	Overall Differences: State vs County
Sex	Male	49%	56%	VT > County
	Female	52%	55%	
				Within County Differences
Grade	Grade 9	64%	69%	9 > 10
	Grade 10	52%	60%	9 > 11
	Grade 11	45%	51%	9 > 12
	Grade 12	41%	42%	10 > 12
Race	WnH	50%	55%	Het/CIS > LGBT
	REM	51%	58%	
Sexual Orientation	Het/Cis	52%	57%	
	LGBT	37%	40%	

SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES

		Wash.	VT	
Overall		92%	91%	Overall Differences: State vs County
Sex	Male	91%	90%	VT and County are Similar
	Female	94%	93%	
Grade	Grade 9	97%	94%	9 > 11
	Grade 10	96%	94%	9 > 12
	Grade 11	91%	91%	10 > 12
	Grade 12	87%	87%	10 > 11
Race	WnH	93%	92%	WnH > REM
	REM	88%	87%	
Sexual Orientation	Het/Cis	93%	92%	
	LGBT	90%	86%	

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL

		Wash.	VT	
Overall		63%	66%	Overall Differences: State vs County
Sex	Male	59%	64%	VT > County
	Female	66%	67%	
Grade	Grade 9	78%	78%	9 > 10
	Grade 10	67%	71%	9 > 11
	Grade 11	60%	63%	9 > 12
	Grade 12	46%	50%	10 > 12
Race	WnH	62%	65%	11 > 12
	REM	67%	67%	
Sexual Orientation	Het/Cis	62%	66%	
	LGBT	63%	60%	

SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA

		Wash.	VT	
Overall		72%	76%	Overall Differences: State vs County
Sex	Male	70%	75%	VT > County
	Female	75%	77%	
				Within County Differences
Grade	Grade 9	82%	83%	9 > 11
	Grade 10	76%	79%	9 > 12
	Grade 11	71%	75%	10 > 12
	Grade 12	62%	69%	Het/CIS > LGBT
Race	WnH	73%	76%	
	REM	72%	75%	
Sexual Orientation	Het/Cis	75%	78%	
	LGBT	62%	63%	

SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

PERCEIVED RISK OF HARM FROM SMOKING A PACK OF CIGARETTES DAILY			
	Wash.	VT	
No risk	6%	5%	VT > County
Slight risk	7%	9%	
Moderate risk	18%	18%	
Great risk	69%	68%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY				
		Wash.	VT	
Overall		69%	68%	Overall Differences: State vs County
Sex	Male	66%	66%	VT and County are Similar
	Female	73%	70%	
Grade	Grade 9	65%	64%	Within County Differences Females > Males 12 > 9
	Grade 10	67%	68%	
	Grade 11	70%	68%	
	Grade 12	75%	72%	
Race	WnH	70%	69%	
	REM	67%	62%	
Sexual Orientation	Het/Cis	70%	68%	
	LGBT	68%	68%	

SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

**PERCEIVED RISK OF HARM FROM BINGE DRINKING
EACH WEEK**

	Wash.	VT	
No risk	6%	6%	
Slight risk	19%	19%	
Moderate risk	43%	39%	County > VT
Great risk	32%	36%	VT > County

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF
THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR
TWICE EACH WEEKEND**

		Wash.	VT	
Overall		32%	36%	Overall Differences: State vs County
Sex	Male	28%	32%	VT > County
	Female	35%	41%	
Grade	Grade 9	34%	38%	Within County Differences Females > Males
	Grade 10	35%	39%	
	Grade 11	30%	35%	
	Grade 12	29%	32%	
Race	WnH	31%	35%	
	REM	34%	39%	
Sexual Orientation	Het/Cis	31%	35%	
	LGBT	35%	38%	

SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

PERCEIVED RISK OF HARM FROM REGULAR MARIJUANA USE			
	Wash.	VT	
No risk	20%	21%	VT > County
Slight risk	31%	29%	
Moderate risk	28%	26%	
Great risk	20%	24%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY				
		Wash.	VT	
Overall		20%	24%	Overall Differences: State vs County
Sex	Male	17%	21%	VT > County
	Female	24%	28%	
Grade	Grade 9	28%	32%	Within County Differences
	Grade 10	21%	26%	
	Grade 11	18%	22%	
	Grade 12	15%	18%	
Race	WnH	20%	23%	Females > Males
	REM	20%	29%	
Sexual Orientation	Het/Cis	21%	25%	9 > 11
	LGBT	14%	16%	
				9 > 12

SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

PERCEIVED ACCESS TO CIGARETTES

	Wash.	VT	
Very hard	21%	24%	VT > County
Sort of hard	23%	21%	
Sort of easy	23%	22%	
Very easy	32%	32%	

SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF
EASY OR VERY EASY FOR THEM TO GET

		Wash.	VT	
Overall		55%	55%	Overall Differences: State vs County
Sex	Male	58%	57%	VT and County are Similar
	Female	53%	52%	Within County Differences
Grade	Grade 9	39%	38%	10 > 9
	Grade 10	50%	48%	11 > 9
	Grade 11	56%	57%	12 > 9
	Grade 12	74%	75%	12 > 10
Race	WnH	55%	55%	12 > 11
	REM	58%	54%	
Sexual Orientation	Het/Cis	55%	54%	
	LGBT	62%	61%	

SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

PERCEIVED ACCESS TO ALCOHOL			
	Wash.	VT	
Very hard	12%	15%	VT > County
Sort of hard	17%	18%	
Sort of easy	35%	31%	County > VT
Very easy	37%	37%	

SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET				
		Wash.	VT	
Overall		71%	68%	Overall Differences: State vs County
Sex	Male	71%	67%	County > VT
	Female	71%	69%	
Grade	Grade 9	64%	58%	10 > 9
	Grade 10	73%	67%	11 > 9
	Grade 11	77%	72%	
	Grade 12	71%	74%	
Race	WnH	73%	69%	
	REM	66%	62%	
Sexual Orientation	Het/Cis	71%	68%	
	LGBT	75%	73%	

SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

PERCEIVED ACCESS TO MARIJUANA			
	Wash.	VT	
Very hard	21%	27%	VT > County
Sort of hard	15%	15%	
Sort of easy	22%	22%	County > VT
Very easy	42%	37%	

SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET				
		Wash.	VT	
Overall		64%	58%	Overall Differences: State vs County
Sex	Male	65%	59%	County > VT
	Female	62%	57%	
Grade	Grade 9	48%	43%	10 > 9
	Grade 10	63%	56%	11 > 9
	Grade 11	69%	65%	12 > 9
	Grade 12	74%	69%	12 > 10
Race	WnH	65%	59%	Within County Differences
	REM	62%	54%	
Sexual Orientation	Het/Cis	63%	58%	Within County Differences
	LGBT	71%	66%	

SECTION 5: SEXUAL HEALTH
 LIFETIME SEXUAL ACTIVITY

LIFETIME SEXUAL CONTACTS: MALES

	Wash.	VT	
Never had sexual contact	36%	42%	VT > County
Females	58%	54%	
Males	2%	2%	
Females and males	3%	2%	

LIFETIME SEXUAL CONTACTS: FEMALES

	Wash.	VT	
Never had sexual contact	43%	43%	
Females	3%	2%	
Males	45%	48%	
Females and males	10%	7%	County > VT

SECTION 5: SEXUAL HEALTH
LIFETIME SEXUAL ACTIVITY

EVER HAD SEXUAL INTERCOURSE

		Wash.	VT	
Overall		41%	40%	Overall Differences: State vs County
Sex	Male	43%	40%	VT and County are Similar
	Female	39%	40%	
Within County Differences				
Grade	Grade 9	17%	19%	10 > 9
	Grade 10	33%	33%	11 > 9
	Grade 11	52%	48%	12 > 9
	Grade 12	61%	61%	12 > 10
Race	WnH	41%	40%	11 > 10
	REM	41%	39%	LGBT > Het/CIS
Sexual Orientation	Het/Cis	40%	40%	
	LGBT	52%	47%	

HAVE HAD 4+ LIFETIME PARTNERS

		Wash.	VT	
Overall		10%	9%	Overall Differences: State vs County
Sex	Male	11%	9%	VT and County are Similar
	Female	9%	8%	
Within County Differences				
Grade	Grade 9	3%	3%	11 > 9
	Grade 10	7%	6%	12 > 9
	Grade 11	13%	10%	12 > 10
	Grade 12	16%	16%	11 > 10
Race	WnH	9%	8%	REM > WnH
	REM	15%	12%	LGBT > Het/CIS
Sexual Orientation	Het/Cis	9%	8%	
	LGBT	17%	15%	

SECTION 5: SEXUAL HEALTH
LIFETIME SEXUAL ACTIVITY

EVER HAD ORAL SEX				
		Wash.	VT	
Overall		46%	42%	Overall Differences: State vs County
Sex	Male	49%	42%	County > VT
	Female	43%	42%	Within County Differences
Grade	Grade 9	24%	23%	10 > 9
	Grade 10	41%	37%	11 > 9
	Grade 11	55%	49%	12 > 9
	Grade 12	62%	60%	12 > 10
Race	WnH	45%	43%	11 > 10
	REM	48%	40%	LGBT > Het/CIS
Sexual Orientation	Het/Cis	45%	42%	
	LGBT	54%	52%	

WERE EVER TESTED FOR HUMAN IMMUNODEFICIENCY VIRUS (HIV)				
		Wash.	VT	
Overall		10%	10%	Overall Differences: State vs County
Sex	Male	8%	9%	VT and County are Similar
	Female	11%	12%	Within County Differences
Grade	Grade 9	5%	7%	11 > 9
	Grade 10	7%	9%	12 > 9
	Grade 11	11%	12%	12 > 10
	Grade 12	15%	14%	REM > WnH
Race	WnH	9%	10%	LGBT > Het/CIS
	REM	15%	13%	
Sexual Orientation	Het/Cis	9%	10%	
	LGBT	15%	15%	

SECTION 5: SEXUAL HEALTH
CURRENT SEXUAL ACTIVITY

HAD SEXUAL INTERCOURSE DURING THE PAST 3 MONTHS				
		Wash.	VT	
Overall		31%	31%	Overall Differences: State vs County
Sex	Male	30%	29%	VT and County are Similar
	Female	31%	32%	Within County Differences
Grade	Grade 9	13%	13%	10 > 9
	Grade 10	22%	24%	11 > 9
	Grade 11	41%	37%	12 > 9
	Grade 12	47%	48%	12 > 10
Race	WnH	32%	31%	11 > 10
	REM	28%	29%	
Sexual Orientation	Het/Cis	31%	31%	
	LGBT	36%	34%	

USED ALCOHOL OR DRUGS PRIOR TO LAST INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS				
		Wash.	VT	
Overall		18%	20%	Overall Differences: State vs County
Sex	Male	20%	22%	VT and County are Similar
	Female	16%	17%	Within County Differences
Grade	Grade 9	22%	24%	REM > WnH
	Grade 10	21%	22%	LGBT > Het/CIS
	Grade 11	13%	18%	
	Grade 12	19%	19%	
Race	WnH	15%	18%	
	REM	37%	29%	
Sexual Orientation	Het/Cis	15%	18%	
	LGBT	30%	31%	

SECTION 5: SEXUAL HEALTH
CURRENT SEXUAL ACTIVITY

PREGNANCY PREVENTION METHODS USED, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

	Wash.	VT
No method was used	8%	7%
Birth control pills	35%	32%
Condoms	33%	35%
IUD or implant	10%	13%
Shot/patch/birth control ring	6%	5%
Withdrawal/other method	5%	5%
Not sure	3%	2%

USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING), AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		Wash.	VT	
Overall		51%	50%	Overall Differences: State vs County
Sex	Male	44%	40%	VT and County are Similar
	Female	57%	60%	Within County Differences
Grade	Grade 9	30%	29%	11 > 9
	Grade 10	47%	44%	12 > 9
	Grade 11	52%	51%	WnH > REM
	Grade 12	57%	59%	Het/CIS > LGBT
Race	WnH	53%	53%	
	REM	35%	36%	
Sexual Orientation	Het/Cis	54%	52%	
	LGBT	36%	39%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH
CURRENT SEXUAL ACTIVITY

CONDOM USE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		Wash.	VT	
Overall		54%	56%	Overall Differences: State vs County
Sex	Male	55%	61%	VT and County are Similar
	Female	52%	52%	Within County Differences
Grade	Grade 9	65%	64%	
	Grade 10	54%	61%	
	Grade 11	60%	58%	
	Grade 12	47%	51%	
Race	WnH	54%	57%	
	REM	52%	54%	
Sexual Orientation	Het/Cis	56%	58%	
	LGBT	43%	45%	

USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		Wash.	VT	
Overall		18%	19%	Overall Differences: State vs County
Sex	Male	15%	15%	VT and County are Similar
	Female	20%	22%	Within County Differences
Grade	Grade 9	11%	12%	
	Grade 10	15%	19%	
	Grade 11	24%	20%	
	Grade 12	16%	20%	
Race	WnH	18%	20%	
	REM	14%	13%	
Sexual Orientation	Het/Cis	19%	20%	
	LGBT	14%	13%	

SECTION 5: SEXUAL HEALTH
 CURRENT SEXUAL ACTIVITY

**DID NOT USE ANY METHOD TO PREVENT PREGNANCY,
 AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS**

		Wash.	VT	
Overall		8%	7%	Overall Differences: State vs County
Sex	Male	8%	8%	VT and County are Similar
	Female	8%	7%	Within County Differences
Grade	Grade 9	12%	12%	LGBT > Het/CIS
	Grade 10	9%	9%	
	Grade 11	8%	6%	
	Grade 12	7%	6%	
Race	WnH	7%	6%	
	REM	10%	13%	
Sexual Orientation	Het/Cis	4%	5%	
	LGBT	24%	22%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
HIGH SCHOOL RESULTS

SECTION 6: BMI AND WEIGHT PERCEPTIONS

OVERWEIGHT (BMI BETWEEN THE 85th AND <95th PERCENTILES FOR AGE AND SEX)				
		Wash.	VT	
Overall		14%	14%	Overall Differences: State vs County
Sex	Male	12%	14%	VT and County are Similar
	Female	15%	15%	
Grade	Grade 9	13%	14%	Within County Differences
	Grade 10	16%	15%	
	Grade 11	13%	14%	
	Grade 12	12%	13%	
Race	WnH	14%	14%	
	REM	15%	14%	
Sexual Orientation	Het/Cis	12%	14%	
	LGBT	19%	16%	

OBESE (BMI >95th PERCENTILE FOR AGE AND SEX)				
		Wash.	VT	
Overall		11%	13%	Overall Differences: State vs County
Sex	Male	14%	15%	VT and County are Similar
	Female	9%	10%	
Grade	Grade 9	11%	12%	Within County Differences
	Grade 10	11%	12%	
	Grade 11	11%	14%	
	Grade 12	12%	13%	
Race	WnH	11%	14%	Males > Females
	REM	14%	12%	
Sexual Orientation	Het/Cis	11%	12%	
	LGBT	13%	19%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
HIGH SCHOOL RESULTS

SECTION 6: BMI AND WEIGHT PERCEPTIONS

PERCEPTIONS OF OWN WEIGHT		
	Wash.	VT
Very underweight	2%	2%
Slightly underweight	12%	12%
About the right weight	56%	56%
Slightly overweight	26%	25%
Very overweight	5%	5%

DESCRIBED THEMSELVES AS SLIGHTLY OR VERY OVERWEIGHT				
		Wash.	VT	
Overall		31%	30%	Overall Differences: State vs County
Sex	Male	23%	25%	VT and County are Similar
	Female	38%	36%	
Grade	Grade 9	32%	29%	Within County Differences
	Grade 10	30%	30%	
	Grade 11	30%	30%	
	Grade 12	32%	33%	
Race	WnH	29%	30%	Females > Males
	REM	36%	30%	
Sexual Orientation	Het/Cis	28%	28%	LGBT > Het/CIS
	LGBT	46%	46%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
HIGH SCHOOL RESULTS

SECTION 6: BMI AND WEIGHT PERCEPTIONS

WHAT ONE IS TRYING TO DO ABOUT WEIGHT		
	Wash.	VT
Lose weight	42%	42%
Gain weight	14%	15%
Stay the same weight	19%	18%
Not trying to do anything	26%	25%

WERE TRYING TO LOSE WEIGHT				
		Wash.	VT	
Overall		42%	42%	Overall Differences: State vs County
Sex	Male	25%	28%	VT and County are Similar
	Female	56%	57%	
Grade	Grade 9	44%	41%	Within County Differences
	Grade 10	42%	42%	
	Grade 11	39%	41%	
	Grade 12	40%	44%	
Race	WnH	41%	42%	Females > Males
	REM	44%	42%	
Sexual Orientation	Het/Cis	40%	40%	LGBT > Het/CIS
	LGBT	54%	55%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
PHYSICAL ACTIVITY

DAYS PHYSICALLY ACTIVE (60 MIN), PAST WEEK		
	Wash.	VT
0 days	14%	13%
1 day	7%	7%
2 days	10%	9%
3 days	11%	12%
4 days	12%	11%
5 days	13%	14%
6 days	10%	10%
7 days	22%	25%
VT > County		

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS				
		Wash.	VT	
Overall		22%	25%	Overall Differences: State vs County
Sex	Male	28%	33%	VT > County
	Female	16%	17%	
Grade	Grade 9	25%	27%	Within County Differences
	Grade 10	24%	27%	
	Grade 11	18%	24%	
	Grade 12	21%	23%	
Race	WnH	21%	25%	Males > Females
	REM	26%	27%	
Sexual Orientation	Het/Cis	24%	27%	Het/CIS > LGBT
	LGBT	13%	14%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
PHYSICAL ACTIVITY

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY
ON 5 OR MORE DAYS, PAST WEEK

		Wash.	VT	
Overall		46%	49%	Overall Differences: State vs County
Sex	Male	51%	56%	VT > County
	Female	41%	42%	
				Within County Differences
Grade	Grade 9	49%	53%	Males > Females
	Grade 10	47%	50%	Het/CIS > LGBT
	Grade 11	43%	47%	
	Grade 12	45%	47%	
Race	WnH	46%	50%	
	REM	43%	46%	
Sexual Orientation	Het/Cis	50%	52%	
	LGBT	29%	29%	

DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF
PHYSICAL ACTIVITY ON AT LEAST 1 DAY, PAST WEEK

		Wash.	VT	
Overall		14%	13%	Overall Differences: State vs County
Sex	Male	12%	11%	VT and County are Similar
	Female	15%	14%	
				Within County Differences
Grade	Grade 9	13%	10%	REM > WnH
	Grade 10	11%	12%	LGBT > Het/CIS
	Grade 11	15%	14%	
	Grade 12	15%	15%	
Race	WnH	12%	12%	
	REM	21%	17%	
Sexual Orientation	Het/Cis	11%	11%	
	LGBT	24%	23%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
PHYSICAL ACTIVITY

TV, VIDEO OR COMPUTER GAMES, OR COMPUTER USE, PAST WEEK		
	Wash.	VT
Do not watch TV	2%	3%
Less than 1 hour per day	7%	8%
1 hour per day	11%	12%
2 hours per day	23%	23%
3 hours per day	22%	21%
4 hours per day	15%	13%
5 or more hours per day	21%	19%

WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR USED A COMPUTER FOR THREE OR MORE HOURS PER DAY, PAST WEEK			
		Wash.	VT
Overall		57%	53%
Sex	Male	59%	53%
	Female	56%	52%
Grade	Grade 9	55%	53%
	Grade 10	60%	53%
	Grade 11	54%	51%
	Grade 12	61%	53%
Race	WnH	56%	52%
	REM	62%	57%
Sexual Orientation	Het/Cis	55%	51%
	LGBT	70%	67%

Overall Differences: State vs County

County > VT

Within County Differences

LGBT > Het/CIS

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
NUTRITION

ATE FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE TIMES PER DAY, PAST WEEK				
		Wash.	VT	
Overall		34%	33%	Overall Differences: State vs County
Sex	Male	34%	32%	VT and County are Similar
	Female	35%	33%	Within County Differences
Grade	Grade 9	37%	33%	
	Grade 10	35%	33%	
	Grade 11	30%	32%	
	Grade 12	35%	32%	
Race	WnH	35%	32%	
	REM	32%	35%	
Sexual Orientation	Het/Cis	36%	33%	
	LGBT	28%	29%	

ATE VEGETABLES THREE OR MORE TIMES PER DAY, PAST WEEK				
		Wash.	VT	
Overall		17%	18%	Overall Differences: State vs County
Sex	Male	16%	18%	VT and County are Similar
	Female	18%	18%	Within County Differences
Grade	Grade 9	19%	17%	9 > 11
	Grade 10	18%	18%	12 > 11
	Grade 11	11%	17%	
	Grade 12	19%	19%	
Race	WnH	17%	17%	
	REM	16%	21%	
Sexual Orientation	Het/Cis	17%	18%	
	LGBT	15%	18%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
NUTRITION

SODA CONSUMPTION, PAST WEEK

	Wash.	VT
Did not drink soda or pop	38%	37%
1 to 3 times	42%	40%
4 to 6 times	11%	12%
1 time per day	3%	4%
2 times per day	3%	3%
3 times per day	1%	1%
4 or more times per day	3%	3%

DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK

		Wash.	VT	
Overall		9%	11%	Overall Differences: State vs County
Sex	Male	14%	16%	VT > County
	Female	5%	6%	
Grade	Grade 9	8%	11%	Within County Differences
	Grade 10	10%	11%	
	Grade 11	9%	11%	
	Grade 12	10%	12%	
Race	WnH	9%	10%	Males > Females
	REM	12%	14%	
Sexual Orientation	Het/Cis	9%	11%	
	LGBT	9%	12%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
NUTRITION

SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK

	Wash.	VT	
Did not drink sugar-sweetened	30%	28%	VT > County
1 to 3 times	46%	44%	
4 to 6 times	14%	15%	
1 time per day	4%	6%	
2 times per day	3%	3%	
3 times per day	1%	1%	
4 or more times per day	2%	2%	

DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK

		Wash.	VT		
Overall		10%	12%	Overall Differences: State vs County	
Sex	Male	14%	15%	VT > County	
	Female	6%	9%	Within County Differences	
Grade	Grade 9	8%	12%	Males > Females	
	Grade 10	13%	12%		
	Grade 11	10%	13%		
	Grade 12	9%	13%		
Race	WnH	10%	12%	Males > Females	
	REM	13%	15%		
Sexual Orientation	Het/Cis	11%	12%		Males > Females
	LGBT	7%	13%		

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
NUTRITION

WATER CONSUMPTION, PAST WEEK

	Wash.	VT	
Did not drink water	3%	4%	County > VT
1 to 3 times	7%	9%	
4 to 6 times	10%	11%	
1 time per day	8%	9%	
2 times per day	15%	16%	
3 times per day	20%	19%	
4 or more times per day	36%	33%	

DRANK THREE OR MORE GLASSES PER DAY OF WATER,
PAST WEEK

		Wash.	VT	
Overall		56%	52%	Overall Differences: State vs County
Sex	Male	52%	51%	County > VT
	Female	59%	53%	
Grade	Grade 9	52%	50%	Within County Differences Females > Males
	Grade 10	57%	53%	
	Grade 11	55%	51%	
	Grade 12	60%	55%	
Race	WnH	56%	52%	
	REM	54%	50%	
Sexual Orientation	Het/Cis	57%	53%	
	LGBT	56%	49%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
NUTRITION

BREAKFAST CONSUMPTION, PAST WEEK		
	Wash.	VT
0 days	10%	11%
1 day	6%	6%
2 days	9%	9%
3 days	10%	10%
4 days	8%	8%
5 days	11%	9%
6 days	8%	7%
7 days	38%	40%

DID NOT EAT BREAKFAST, PAST WEEK			
		Wash.	VT
Overall		10%	11%
Overall Differences: State vs County			
Sex	Male	10%	11%
	Female	10%	10%
VT and County are Similar			
Within County Differences			
Grade	Grade 9	11%	10%
	Grade 10	11%	11%
	Grade 11	10%	10%
	Grade 12	8%	11%
Race	WnH	9%	10%
	REM	14%	13%
Sexual Orientation	Het/Cis	9%	10%
	LGBT	12%	14%
REM > WnH			

SECTION 8: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS		
	Wash.	VT
Never	76%	75%
Rarely	15%	15%
Sometimes	7%	7%
Most of the time	1%	2%
Always	1%	1%

MOST OF THE TIME OR ALWAYS WENT HUNGRY, PAST 30 DAYS				
		Wash.	VT	
Overall		2%	3%	Overall Differences: State vs County
Sex	Male	4%	3%	VT and County are Similar
	Female	1%	2%	
Grade	Grade 9	2%	3%	Within County Differences
	Grade 10	1%	2%	
	Grade 11	2%	3%	
	Grade 12	4%	3%	
Race	WnH	2%	2%	Males > Females
	REM	5%	6%	
Sexual Orientation	Het/Cis	2%	3%	REM > WnH
	LGBT	2%	5%	

SECTION 8: SOCIAL DETERMINANTS OF HEALTH

**USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE
 BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR
 PARENT OR GUARDIAN CANNOT AFFORD HOUSING**

		Wash.	VT	
Overall		4%	4%	Overall Differences: State vs County
Sex	Male	6%	4%	VT and County are Similar
	Female	2%	3%	
				Within County Differences
Grade	Grade 9	1%	3%	Males > Females
	Grade 10	3%	3%	11 > 9
	Grade 11	5%	4%	12 > 9
	Grade 12	6%	5%	REM > WnH
Race	WnH	3%	9%	
	REM	7%	3%	
Sexual Orientation	Het/Cis	3%	3%	
	LGBT	4%	7%	

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK		
	Wash.	VT
0 days	7%	9%
1 day	4%	4%
2 days	4%	4%
3 days	7%	6%
4 days	9%	8%
5 days	15%	13%
6 days	14%	12%
7 days	40%	44%
VT > County		

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK				
		Wash.	VT	
Overall		78%	77%	Overall Differences: State vs County
Sex	Male	79%	80%	VT and County are Similar
	Female	78%	75%	
				Within County Differences
Grade	Grade 9	84%	83%	9 > 11
	Grade 10	81%	81%	9 > 12
	Grade 11	77%	76%	WnH > REM
	Grade 12	73%	71%	Het/CIS > LGBT
Race	WnH	79%	79%	
	REM	71%	70%	
Sexual Orientation	Het/Cis	81%	79%	
	LGBT	64%	65%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
HIGH SCHOOL RESULTS

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

GRADES EARNED IN SCHOOL		
	Wash.	VT
Mostly A's	45%	46%
Mostly B's	41%	39%
Mostly C's	11%	12%
Mostly D's	3%	2%
Mostly F's	1%	1%

REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM				
		Wash.	VT	
Overall		83%	80%	Overall Differences: State vs County
Sex	Male	82%	80%	County > VT
	Female	83%	81%	Within County Differences
Grade	Grade 9	80%	78%	WnH > REM
	Grade 10	81%	79%	
	Grade 11	85%	82%	
	Grade 12	85%	83%	
Race	WnH	84%	82%	WnH > REM
	REM	76%	74%	
Sexual Orientation	Het/Cis	83%	81%	WnH > REM
	LGBT	83%	76%	

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS			
	Wash.	VT	
Strongly agree	14%	21%	VT > County
Agree	45%	44%	
Not sure	21%	19%	County > VT
Disagree	13%	11%	County > VT
Strongly disagree	6%	5%	

STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR				
		Wash.	VT	
Overall		59%	65%	Overall Differences: State vs County
Sex	Male	63%	69%	VT > County
	Female	56%	61%	Within County Differences
Grade	Grade 9	63%	67%	Males > Females
	Grade 10	60%	65%	
	Grade 11	59%	64%	
	Grade 12	56%	63%	
Race	WnH	59%	65%	
	REM	59%	64%	
Sexual Orientation	Het/Cis	60%	67%	
	LGBT	55%	53%	

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM		
	Wash.	VT
Definitely will not	4%	5%
Probably will not	4%	5%
Probably will	24%	22%
Definitely will	57%	57%
Not sure	11%	11%

PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM				
		Wash.	VT	
Overall		80%	79%	Overall Differences: State vs County
Sex	Male	78%	75%	VT and County are Similar
	Female	83%	83%	
Grade	Grade 9	78%	74%	Within County Differences
	Grade 10	78%	77%	
	Grade 11	85%	81%	
	Grade 12	80%	83%	
Race	WnH	82%	80%	Females > Males
	REM	73%	72%	
Sexual Orientation	Het/Cis	82%	80%	11 > 9
	LGBT	73%	74%	

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK		
	Wash.	VT
0 hours	33%	33%
1 to 4 hours	24%	27%
5 to 9 hours	18%	17%
10 to 19 hours	19%	17%
20 or more hours	6%	6%

VT > County

SPEND 10 OR MORE HOURS PARTICIPATING IN AFTERSCHOOL ACTIVITIES, TYPICAL WEEK				
		Wash.	VT	
Overall		25%	24%	Overall Differences: State vs County
Sex	Male	25%	24%	VT and County are Similar
	Female	26%	24%	
				Within County Differences
Grade	Grade 9	23%	21%	Het/CIS > LGBT
	Grade 10	27%	23%	
	Grade 11	26%	24%	
	Grade 12	27%	26%	
Race	WnH	26%	24%	
	REM	23%	22%	
Sexual Orientation	Het/Cis	27%	25%	
	LGBT	19%	16%	

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

MATTER TO PEOPLE IN THEIR COMMUNITY		
	Wash.	VT
Strongly agree	20%	19%
Agree	43%	41%
Not sure	23%	25%
Disagree	8%	9%
Strongly disagree	5%	5%

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE				
		Wash.	VT	
Overall		63%	61%	Overall Differences: State vs County
Sex	Male	65%	65%	VT and County are Similar
	Female	61%	57%	Within County Differences
Grade	Grade 9	60%	61%	Het/CIS > LGBT
	Grade 10	65%	60%	
	Grade 11	63%	60%	
	Grade 12	64%	62%	
Race	WnH	64%	62%	
	REM	60%	55%	
Sexual Orientation	Het/Cis	67%	64%	
	LGBT	43%	39%	



MIDDLE SCHOOL RESULTS

WASHINGTON COUNTY REPORT

<http://www.healthvermont.gov/yrbs>

MIDDLE SCHOOL DEMOGRAPHICS		
	Wash.	VT
Total	1623	16701

		Wash.	VT
Sex	Male	51%	52%
	Female	49%	48%
Grade	6th Grade	26%	24%
	7th Grade	37%	39%
	8th Grade	37%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	82%	81%
	Students of Color (REM)	18%	19%
Sexual Orientation	Heterosexual (Het)	90%	93%
	Lesbian, Gay, or Bisexual (LGB)	10%	7%

SECTION 2: PERSONAL SAFETY
VIOLENCE AND BULLYING

WERE EVER IN A PHYSICAL FIGHT

		Wash.	VT	
Overall		45%	42%	Overall Differences: State vs County
Sex	Male	57%	56%	VT and County are Similar
	Female	31%	27%	
Within County Differences				
Grade	Grade 6	42%	40%	Males > Females
	Grade 7	45%	43%	REM > WnH
	Grade 8	46%	43%	LGB > Heterosexual
Race	WnH	43%	40%	
	REM	55%	54%	
Sexual Orientation	Het	44%	43%	
	LGB	66%	58%	

WERE EVER BULLIED ON SCHOOL PROPERTY

		Wash.	VT	
Overall		45%	44%	Overall Differences: State vs County
Sex	Male	40%	39%	VT and County are Similar
	Female	49%	50%	
Within County Differences				
Grade	Grade 6	45%	44%	Females > Males
	Grade 7	41%	45%	REM > WnH
	Grade 8	48%	44%	LGB > Heterosexual
Race	WnH	43%	43%	
	REM	53%	48%	
Sexual Orientation	Het	42%	42%	
	LGB	70%	73%	

SECTION 2: PERSONAL SAFETY
VIOLENCE AND BULLYING

WERE EVER ELECTRONICALLY BULLIED

		Wash.	VT	
Overall		24%	24%	Overall Differences: State vs County
Sex	Male	14%	16%	VT and County are Similar
	Female	34%	33%	
				Within County Differences
Grade	Grade 6	20%	18%	Females > Males
	Grade 7	21%	24%	8 > 6
	Grade 8	29%	28%	8 > 7
Race	WnH	23%	24%	LGB > Heterosexual
	REM	30%	29%	
Sexual Orientation	Het	22%	23%	
	LGB	55%	55%	

WERE BULLIED, PAST 30 DAYS

		Wash.	VT	
Overall		21%	22%	Overall Differences: State vs County
Sex	Male	16%	17%	VT and County are Similar
	Female	26%	26%	
				Within County Differences
Grade	Grade 6	21%	22%	Females > Males
	Grade 7	21%	22%	REM > WnH
	Grade 8	20%	21%	LGB > Heterosexual
Race	WnH	18%	20%	
	REM	29%	26%	
Sexual Orientation	Het	18%	19%	
	LGB	46%	47%	

SECTION 2: PERSONAL SAFETY
VIOLENCE AND BULLYING

BULLIED SOMEONE ELSE, PAST 30 DAYS

		Wash.	VT	
Overall		8%	8%	Overall Differences: State vs County
Sex	Male	7%	8%	VT and County are Similar
	Female	8%	8%	
Grade	Grade 6	8%	7%	Within County Differences LGB > Heterosexual
	Grade 7	8%	8%	
	Grade 8	8%	9%	
Race	WnH	7%	7%	
	REM	10%	11%	
Sexual Orientation	Het	7%	8%	
	LGB	17%	15%	

DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS

		Wash.	VT	
Overall		8%	8%	Overall Differences: State vs County
Sex	Male	6%	7%	VT and County are Similar
	Female	11%	10%	
Grade	Grade 6	8%	8%	Within County Differences Females > Males REM > WnH LGB > Heterosexual
	Grade 7	8%	8%	
	Grade 8	9%	9%	
Race	WnH	7%	7%	
	REM	13%	12%	
Sexual Orientation	Het	7%	7%	
	LGB	19%	23%	

SECTION 2: PERSONAL SAFETY
 CAR SAFETY

SEATBELT USE		
	Wash.	VT
Never	1%	1%
Rarely	1%	1%
Sometimes	4%	3%
Most of the time	18%	18%
Always	77%	76%

RARELY OR NEVER WEAR A SEAT BELT			
		Wash.	VT
Overall		2%	2%
Overall Differences: State vs County			
VT and County are Similar			
Within County Differences			
REM > WnH			
LGB > Heterosexual			
Sex	Male	2%	3%
	Female	1%	2%
Grade	Grade 6	2%	1%
	Grade 7	2%	2%
	Grade 8	1%	3%
Race	WnH	1%	2%
	REM	4%	5%
Sexual Orientation	Het	1%	2%
	LGB	5%	4%

SECTION 2: PERSONAL SAFETY
CAR SAFETY

EVER RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL				
		Wash.	VT	
Overall		24%	22%	Overall Differences: State vs County
Sex	Male	21%	20%	VT and County are Similar
	Female	27%	24%	
Within County Differences				
Grade	Grade 6	18%	15%	Females > Males
	Grade 7	21%	21%	8 > 6
	Grade 8	32%	27%	8 > 7
Race	WnH	25%	22%	LGB > Heterosexual
	REM	21%	24%	
Sexual Orientation	Het	23%	22%	
	LGB	40%	34%	

EVER RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA				
		Wash.	VT	
Overall		10%	9%	Overall Differences: State vs County
Sex	Male	7%	7%	VT and County are Similar
	Female	14%	10%	
Within County Differences				
Grade	Grade 6	5%	5%	Females > Males
	Grade 7	9%	8%	8 > 6
	Grade 8	16%	12%	8 > 7
Race	WnH	10%	8%	LGB > Heterosexual
	REM	14%	14%	
Sexual Orientation	Het	9%	8%	
	LGB	29%	23%	

SECTION 2: PERSONAL SAFETY
INJURY PREVENTION

HELMET USE WHEN RIDING A BICYCLE

	Wash.	VT	
Never wear a helmet	14%	16%	VT > County
Rarely wear a helmet	13%	15%	
Sometimes wear a helmet	15%	15%	
Most of the time wear a helmet	27%	25%	
Always wear a helmet	32%	28%	County > VT

RARELY OR NEVER WEAR A BICYCLE HELMET

		Wash.	VT	
Overall		27%	31%	Overall Differences: State vs County
Sex	Male	28%	33%	VT > County
	Female	26%	29%	
Grade	Grade 6	22%	24%	8 > 6
	Grade 7	24%	30%	8 > 7
	Grade 8	33%	37%	REM > WnH
Race	WnH	23%	28%	LGB > Heterosexual
	REM	38%	42%	
Sexual Orientation	Het	26%	32%	
	LGB	44%	42%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY
INJURY PREVENTION

HELMET USE WHEN SKIING OR SNOWBOARDING

	Wash.	VT	
Never wear a helmet	7%	5%	County > VT
Rarely wear a helmet	4%	2%	
Sometimes wear a helmet	3%	2%	
Most of the time wear a helmet	6%	7%	
Always wear a helmet	80%	83%	

RARELY OR NEVER WEAR A HELMET WHEN SKIING OR SNOWBOARDING

		Wash.	VT	
Overall		11%	7%	Overall Differences: State vs County
Sex	Male	13%	8%	County > VT
	Female	8%	6%	
Grade	Grade 6	13%	7%	Within County Differences
	Grade 7	11%	8%	
	Grade 8	8%	7%	
Race	WnH	9%	6%	REM > WnH Too few students by sexual orientation
	REM	19%	12%	
Sexual Orientation	Het	10%	7%	
	LGB	.	11%	

SECTION 2: PERSONAL SAFETY
 INJURY PREVENTION

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE

		Wash.	VT	
Overall		19%	17%	Overall Differences: State vs County
Sex	Male	19%	19%	VT and County are Similar
	Female	20%	16%	Within County Differences
Grade	Grade 6	18%	17%	
	Grade 7	19%	17%	
	Grade 8	21%	18%	
Race	WnH	19%	17%	
	REM	24%	21%	
Sexual Orientation	Het	20%	18%	
	LGB	25%	21%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY
TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME ROOM WITH SOMEONE WHO WAS
SMOKING CIGARETTES, PAST 7 DAYS

		Wash.	VT	
Overall		26%	26%	Overall Differences: State vs County
Sex	Male	25%	25%	VT and County are Similar
	Female	26%	27%	
				Within County Differences
Grade	Grade 6	22%	21%	REM > WnH
	Grade 7	26%	27%	LGB > Heterosexual
	Grade 8	28%	29%	
Race	WnH	24%	25%	
	REM	36%	32%	
Sexual Orientation	Het	24%	26%	
	LGB	50%	51%	

WERE IN THE SAME CAR WITH SOMEONE WHO WAS
SMOKING CIGARETTES, PAST 7 DAYS

		Wash.	VT	
Overall		19%	19%	Overall Differences: State vs County
Sex	Male	18%	17%	VT and County are Similar
	Female	19%	20%	
				Within County Differences
Grade	Grade 6	19%	15%	LGB > Heterosexual
	Grade 7	19%	19%	
	Grade 8	19%	20%	
Race	WnH	18%	18%	
	REM	25%	23%	
Sexual Orientation	Het	17%	18%	
	LGB	41%	38%	

SECTION 2: PERSONAL SAFETY
 TOBACCO EXPOSURE AND PREVENTION

SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE

	Wash.	VT
Never	8%	9%
Rarely	14%	14%
Sometimes	30%	27%
Most of the time	30%	29%
Always	19%	21%

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS

		Wash.	VT	
Overall		48%	50%	Overall Differences: State vs County
Sex	Male	47%	51%	VT and County are Similar
	Female	49%	49%	
Grade	Grade 6	40%	42%	8 > 6
	Grade 7	46%	50%	8 > 7
	Grade 8	56%	56%	
Race	WnH	49%	51%	
	REM	52%	52%	
Sexual Orientation	Het	50%	52%	
	LGB	59%	61%	

SECTION 2: PERSONAL SAFETY
 TOBACCO EXPOSURE AND PREVENTION

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR				
		Wash.	VT	
Overall		27%	30%	Overall Differences: State vs County
Sex	Male	25%	30%	VT > County
	Female	28%	31%	
				Within County Differences
Grade	Grade 6	15%	18%	7 > 6
	Grade 7	26%	29%	8 > 6
	Grade 8	35%	40%	8 > 7
Race	WnH	27%	31%	
	REM	33%	34%	
Sexual Orientation	Het	27%	31%	
	LGB	32%	43%	

SECTION 3: MENTAL HEALTH

FELT SAD OR HOPELESS, PAST YEAR

		Wash.	VT	
Overall		22%	19%	Overall Differences: State vs County
Sex	Male	12%	12%	County > VT
	Female	31%	26%	
				Within County Differences
Grade	Grade 6	18%	16%	Females > Males
	Grade 7	18%	18%	8 > 6
	Grade 8	28%	22%	8 > 7
Race	WnH	20%	18%	REM > WnH
	REM	33%	26%	LGB > Heterosexual
Sexual Orientation	Het	17%	16%	
	LGB	65%	63%	

EVER SERIOUSLY THOUGHT ABOUT KILLING THEMSELVES

		Wash.	VT	
Overall		21%	18%	Overall Differences: State vs County
Sex	Male	14%	12%	County > VT
	Female	28%	23%	
				Within County Differences
Grade	Grade 6	15%	13%	Females > Males
	Grade 7	18%	17%	8 > 6
	Grade 8	27%	22%	8 > 7
Race	WnH	20%	17%	REM > WnH
	REM	30%	24%	LGB > Heterosexual
Sexual Orientation	Het	17%	15%	
	LGB	59%	60%	

SECTION 3: MENTAL HEALTH

EVER MADE A PLAN ABOUT HOW THEY WOULD KILL THEMSELVES				
		Wash.	VT	
Overall		15%	12%	Overall Differences: State vs County
Sex	Male	9%	8%	County > VT
	Female	21%	16%	
Grade	Grade 6	11%	7%	Within County Differences
	Grade 7	12%	11%	
	Grade 8	21%	16%	
Race	WnH	15%	11%	Females > Males
	REM	21%	18%	
Sexual Orientation	Het	11%	10%	8 > 6
	LGB	57%	48%	
				8 > 7
				LGB > Heterosexual

EVER ATTEMPTED SUICIDE				
		Wash.	VT	
Overall		8%	6%	Overall Differences: State vs County
Sex	Male	4%	3%	County > VT
	Female	11%	8%	
Grade	Grade 6	7%	3%	Within County Differences
	Grade 7	4%	5%	
	Grade 8	11%	8%	
Race	WnH	7%	5%	Females > Males
	REM	11%	10%	
Sexual Orientation	Het	5%	4%	8 > 7
	LGB	37%	30%	
				LGB > Heterosexual

SECTION 4: SUBSTANCE USE
LIFETIME USE

EVER SMOKED A WHOLE CIGARETTE

		Wash.	VT	
Overall		7%	7%	Overall Differences: State vs County
Sex	Male	6%	7%	VT and County are Similar
	Female	8%	7%	
Within County Differences				
Grade	Grade 6	6%	4%	8 > 7
	Grade 7	5%	7%	REM > WnH
	Grade 8	10%	10%	LGB > Heterosexual
Race	WnH	6%	6%	LGB > Heterosexual
	REM	12%	12%	
Sexual Orientation	Het	5%	7%	LGB > Heterosexual
	LGB	27%	23%	

EVER USED AN ELECTRONIC VAPOR PRODUCT

		Wash.	VT	
Overall		9%	9%	Overall Differences: State vs County
Sex	Male	9%	9%	VT and County are Similar
	Female	9%	8%	
Within County Differences				
Grade	Grade 6	4%	3%	8 > 6
	Grade 7	8%	8%	8 > 7
	Grade 8	13%	14%	REM > WnH
Race	WnH	8%	8%	LGB > Heterosexual
	REM	15%	14%	
Sexual Orientation	Het	8%	9%	LGB > Heterosexual
	LGB	24%	22%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE
LIFETIME USE

EVER USED A FLAVORED TOBACCO PRODUCT				
		Wash.	VT	
Overall		4%	5%	Overall Differences: State vs County
Sex	Male	3%	5%	VT and County are Similar
	Female	4%	5%	Within County Differences
Grade	Grade 6	3%	2%	LGB > Heterosexual
	Grade 7	2%	5%	
	Grade 8	5%	6%	
Race	WnH	3%	4%	LGB > Heterosexual
	REM	4%	8%	
Sexual Orientation	Het	3%	4%	LGB > Heterosexual
	LGB	13%	14%	

EVER DRANK ALCOHOL				
		Wash.	VT	
Overall		20%	19%	Overall Differences: State vs County
Sex	Male	19%	20%	VT and County are Similar
	Female	21%	17%	Within County Differences
Grade	Grade 6	12%	10%	8 > 6
	Grade 7	16%	17%	8 > 7
	Grade 8	30%	26%	REM > WnH
Race	WnH	20%	18%	LGB > Heterosexual
	REM	27%	24%	
Sexual Orientation	Het	20%	19%	LGB > Heterosexual
	LGB	40%	38%	

SECTION 4: SUBSTANCE USE
LIFETIME USE

EVER USED MARIJUANA				
		Wash.	VT	
Overall		8%	7%	Overall Differences: State vs County
Sex	Male	7%	7%	VT and County are Similar
	Female	10%	7%	
Within County Differences				
Grade	Grade 6	2%	2%	7 > 6
	Grade 7	7%	6%	8 > 6
	Grade 8	14%	11%	8 > 7
Race	WnH	8%	6%	LGB > Heterosexual
	REM	10%	12%	
Sexual Orientation	Het	7%	6%	LGB > Heterosexual
	LGB	29%	23%	

EVER USED INHALANTS				
		Wash.	VT	
Overall		4%	4%	Overall Differences: State vs County
Sex	Male	4%	4%	VT and County are Similar
	Female	5%	4%	
Within County Differences				
Grade	Grade 6	3%	3%	8 > 6
	Grade 7	3%	4%	LGB > Heterosexual
	Grade 8	7%	5%	
Race	WnH	5%	4%	LGB > Heterosexual
	REM	4%	7%	
Sexual Orientation	Het	4%	4%	LGB > Heterosexual
	LGB	10%	12%	

SECTION 4: SUBSTANCE USE
LIFETIME USE

EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT				
		Wash.	VT	
Overall		3%	2%	Overall Differences: State vs County
Sex	Male	2%	2%	VT and County are Similar
	Female	4%	3%	Within County Differences
Grade	Grade 6	2%	1%	REM > WnH
	Grade 7	2%	2%	LGB > Heterosexual
	Grade 8	4%	3%	
Race	WnH	2%	2%	
	REM	7%	5%	
Sexual Orientation	Het	3%	2%	
	LGB	9%	9%	

EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT				
		Wash.	VT	
Overall		2%	2%	Overall Differences: State vs County
Sex	Male	1%	2%	VT and County are Similar
	Female	2%	2%	Within County Differences
Grade	Grade 6	.	1%	Too few students in at least one grade
	Grade 7	2%	2%	LGB > Heterosexual
	Grade 8	2%	2%	
Race	WnH	1%	1%	
	REM	4%	4%	
Sexual Orientation	Het	1%	1%	
	LGB	6%	6%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE
CURRENT USE

USED TOBACCO PRODUCTS, PAST YEAR

		Wash.	VT	
Overall		4%	5%	Overall Differences: State vs County
Sex	Male	5%	6%	VT and County are Similar
	Female	3%	5%	Within County Differences
Grade	Grade 6	2%	3%	8 > 6
	Grade 7	3%	5%	8 > 7
	Grade 8	7%	7%	LGB > Heterosexual
Race	WnH	4%	5%	
	REM	7%	9%	
Sexual Orientation	Het	4%	5%	
	LGB	10%	16%	

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS

		Wash.	VT	
Overall		5%	5%	Overall Differences: State vs County
Sex	Male	4%	5%	VT and County are Similar
	Female	5%	4%	Within County Differences
Grade	Grade 6	2%	2%	8 > 6
	Grade 7	4%	4%	LGB > Heterosexual
	Grade 8	7%	7%	
Race	WnH	4%	5%	
	REM	8%	8%	
Sexual Orientation	Het	4%	5%	
	LGB	16%	14%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE
CURRENT USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS
TOBACCO, PAST 30 DAYS

		Wash.	VT	
Overall		2%	3%	Overall Differences: State vs County
Sex	Male	2%	3%	VT and County are Similar
	Female	3%	2%	
Grade	Grade 6	1%	1%	Within County Differences LGB > Heterosexual
	Grade 7	1%	2%	
	Grade 8	4%	4%	
Race	WnH	2%	2%	
	REM	4%	5%	
Sexual Orientation	Het	2%	2%	
	LGB	10%	9%	

SMOKED CIGARETTES, PAST 30 DAYS

		Wash.	VT	
Overall		2%	2%	Overall Differences: State vs County
Sex	Male	2%	2%	VT and County are Similar
	Female	2%	2%	
Grade	Grade 6	1%	1%	Within County Differences LGB > Heterosexual
	Grade 7	1%	2%	
	Grade 8	3%	3%	
Race	WnH	2%	2%	
	REM	4%	4%	
Sexual Orientation	Het	1%	2%	
	LGB	9%	8%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES
SMOKED

	Wash.	VT	
Less than 1 cigarette	33%	33%	
1 cigarette	20%	23%	
2 to 5 cigarettes	23%	23%	
6 to 10 cigarettes	.	6%	Too few students
11 to 20 cigarettes	.	.	Too few students
More than 20 cigarettes	.	14%	Too few students

USED AN ELECTRONIC VAPOR PRODUCT PAST 30 DAYS

		Wash.	VT	
Overall		3%	4%	Overall Differences: State vs County
Sex	Male	3%	4%	VT and County are Similar
	Female	4%	3%	Within County Differences
Grade	Grade 6	1%	1%	8 > 6
	Grade 7	3%	3%	LGB > Heterosexual
	Grade 8	5%	6%	
Race	WnH	3%	3%	
	REM	6%	6%	
Sexual Orientation	Het	3%	3%	
	LGB	11%	10%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: REASONS FOR USING AN
ELECTRONIC VAPOR PRODUCT

	Wash.	VT	
Friend/family used them	36%	38%	
To try to quit other tobacco products	.	3%	Too few students
Cost less	.	1%	Too few students
Easier to get	.	1%	Too few students
Less harmful	6%	7%	
Available in flavors	16%	13%	
Used for some other reason	40%	36%	

AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT
SOURCE

	Wash.	VT	
Bought them in a store	.	3%	Too few students
I got them on the Internet	13%	9%	
Someone else bought them	11%	10%	
Borrowed them	24%	44%	VT > County
A person 18 or older gave me	.	9%	Too few students
Took them from a store	.	4%	Too few students
Some other way	31%	21%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF
ELECTRONIC VAPOR PRODUCT USE

	Wash.	VT	
1 or 2 days	46%	49%	
3 to 5 days	15%	16%	
6 to 9 days	.	10%	Too few students
10 to 19 days	.	6%	Too few students
20 to 29 days	.	5%	Too few students
All 30 days	26%	15%	

SMOKED CIGARS, PAST 30 DAYS

		Wash.	VT	
Overall		1%	1%	Overall Differences: State vs County
Sex	Male	1%	1%	VT and County are Similar
	Female	1%	1%	Within County Differences
Grade	Grade 6	.	1%	Too few students in at least one grade
	Grade 7	.	1%	LGB > Heterosexual
	Grade 8	2%	2%	
Race	WnH	1%	1%	
	REM	3%	3%	
Sexual Orientation	Het	1%	1%	
	LGB	4%	6%	

SECTION 4: SUBSTANCE USE
CURRENT USE

USED SMOKELESS TOBACCO, PAST 30 DAYS				
		Wash.	VT	
Overall		1%	1%	Overall Differences: State vs County
Sex	Male	1%	2%	VT and County are Similar
	Female	1%	1%	
				Within County Differences
Grade	Grade 6	.	1%	Too few students in at least one grade
	Grade 7	.	1%	Too few students by sexual orientation
	Grade 8	1%	2%	
Race	WnH	1%	1%	
	REM	2%	3%	
Sexual Orientation	Het	1%	1%	
	LGB	.	4%	

TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR				
		Wash.	VT	
Overall		46%	36%	Overall Differences: State vs County
Sex	Male	.	36%	VT and County are Similar
	Female	.	38%	
				Within County Differences
Grade	Grade 6	.	30%	Too few students by sex
	Grade 7	.	35%	Too few students in at least one grade
	Grade 8	.	40%	
Race	WnH	.	37%	Too few students by race
	REM	.	40%	
Sexual Orientation	Het	.	39%	Too few students by sexual orientation
	LGB	.	43%	

SECTION 4: SUBSTANCE USE
CURRENT USE

DRANK ALCOHOL, PAST 30 DAYS				
		Wash.	VT	
Overall		7%	7%	Overall Differences: State vs County
Sex	Male	5%	6%	VT and County are Similar
	Female	8%	6%	
Grade	Grade 6	2%	2%	Within County Differences
	Grade 7	5%	5%	
	Grade 8	11%	10%	
Race	WnH	7%	6%	8 > 6
	REM	10%	10%	
Sexual Orientation	Het	6%	6%	8 > 7
	LGB	21%	18%	
				LGB > Heterosexual

BINGE DRANK, PAST 30 DAYS				
		Wash.	VT	
Overall		1%	2%	Overall Differences: State vs County
Sex	Male	1%	2%	VT and County are Similar
	Female	1%	1%	
Grade	Grade 6	.	0%	Within County Differences
	Grade 7	.	1%	
	Grade 8	2%	3%	
Race	WnH	1%	1%	Too few students in at least one grade
	REM	3%	3%	
Sexual Orientation	Het	1%	1%	Too few students by sexual orientation
	LGB	.	5%	

SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED			
	Wash.	VT	
1 or 2 drinks	61%	63%	
3 drinks	12%	10%	
4 drinks	9%	7%	
5 drinks	5%	6%	
6 or 7 drinks	.	4%	Too few students
8 or 9 drinks	.	2%	Too few students
10 or more drinks	10%	9%	

USED MARIJUANA, PAST 30 DAYS				
		Wash.	VT	
Overall		5%	4%	Overall Differences: State vs County
Sex	Male	5%	4%	VT and County are Similar
	Female	6%	4%	
Grade	Grade 6	2%	1%	8 > 6
	Grade 7	3%	3%	8 > 7
	Grade 8	9%	7%	LGB > Heterosexual
Race	WnH	5%	4%	
	REM	6%	8%	
Sexual Orientation	Het	4%	4%	
	LGB	17%	14%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF
 MARIJUANA USE

	Wash.	VT
1 or 2 times	38%	42%
3 to 9 times	24%	22%
10 to 19 times	8%	11%
20 to 39 times	11%	8%
40 or more times	18%	17%

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE
PERCEPTIONS ABOUT USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR
AGE TO SMOKE CIGARETTES

		Wash.	VT	
Overall		95%	95%	Overall Differences: State vs County
Sex	Male	95%	95%	VT and County are Similar
	Female	95%	95%	
				Within County Differences
Grade	Grade 6	98%	98%	6 > 8
	Grade 7	96%	95%	7 > 8
	Grade 8	92%	93%	Heterosexual > LGB
Race	WnH	95%	96%	
	REM	94%	92%	
Sexual Orientation	Het	96%	96%	
	LGB	78%	83%	

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR
AGE TO DRINK ALCOHOL

		Wash.	VT	
Overall		87%	89%	Overall Differences: State vs County
Sex	Male	89%	89%	VT and County are Similar
	Female	85%	90%	
				Within County Differences
Grade	Grade 6	94%	95%	6 > 8
	Grade 7	90%	91%	7 > 8
	Grade 8	80%	84%	Heterosexual > LGB
Race	WnH	87%	89%	
	REM	86%	87%	
Sexual Orientation	Het	88%	90%	
	LGB	67%	76%	

SECTION 4: SUBSTANCE USE
PERCEPTIONS ABOUT USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA				
		Wash.	VT	
Overall		88%	90%	Overall Differences: State vs County
Sex	Male	89%	90%	VT and County are Similar
	Female	87%	90%	
Within County Differences				
Grade	Grade 6	96%	97%	6 > 7
	Grade 7	89%	91%	6 > 8
	Grade 8	81%	84%	7 > 8
Race	WnH	87%	90%	Heterosexual > LGB
	REM	87%	86%	
Sexual Orientation	Het	89%	91%	Heterosexual > LGB
	LGB	68%	70%	

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES				
		Wash.	VT	
Overall		94%	95%	Overall Differences: State vs County
Sex	Male	94%	95%	VT and County are Similar
	Female	95%	95%	
Within County Differences				
Grade	Grade 6	96%	96%	Heterosexual > LGB
	Grade 7	94%	95%	
	Grade 8	93%	95%	
Race	WnH	94%	96%	Heterosexual > LGB
	REM	93%	93%	
Sexual Orientation	Het	96%	96%	Heterosexual > LGB
	LGB	82%	88%	

SECTION 4: SUBSTANCE USE
PERCEPTIONS ABOUT USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL

		Wash.	VT	
Overall		85%	85%	Overall Differences: State vs County
Sex	Male	84%	84%	VT and County are Similar
	Female	86%	87%	
				Within County Differences
Grade	Grade 6	87%	87%	Heterosexual > LGB
	Grade 7	84%	86%	
	Grade 8	84%	83%	
Race	WnH	85%	86%	
	REM	84%	82%	
Sexual Orientation	Het	86%	86%	
	LGB	74%	76%	

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA

		Wash.	VT	
Overall		90%	92%	Overall Differences: State vs County
Sex	Male	91%	92%	VT and County are Similar
	Female	90%	92%	
				Within County Differences
Grade	Grade 6	94%	95%	6 > 8 Heterosexual > LGB
	Grade 7	90%	92%	
	Grade 8	88%	89%	
Race	WnH	90%	92%	
	REM	89%	88%	
Sexual Orientation	Het	92%	93%	
	LGB	77%	79%	

SECTION 4: SUBSTANCE USE
PERCEPTIONS ABOUT USE

THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET

		Wash.	VT	
Overall		24%	22%	Overall Differences: State vs County
Sex	Male	23%	22%	VT and County are Similar
	Female	26%	21%	
				Within County Differences
Grade	Grade 6	13%	13%	7 > 6
	Grade 7	24%	20%	8 > 6
	Grade 8	33%	28%	8 > 7
Race	WnH	25%	21%	LGB > Heterosexual
	REM	28%	28%	
Sexual Orientation	Het	23%	21%	LGB > Heterosexual
	LGB	50%	42%	

THINK ALCOHOL WOULD BE SORT OF EASY OR VERY EASY TO GET

		Wash.	VT	
Overall		40%	37%	Overall Differences: State vs County
Sex	Male	38%	37%	VT and County are Similar
	Female	42%	37%	
				Within County Differences
Grade	Grade 6	25%	24%	7 > 6
	Grade 7	36%	35%	8 > 6
	Grade 8	53%	48%	8 > 7
Race	WnH	41%	39%	LGB > Heterosexual
	REM	41%	39%	
Sexual Orientation	Het	40%	38%	LGB > Heterosexual
	LGB	59%	55%	

SECTION 4: SUBSTANCE USE
PERCEPTIONS ABOUT USE

THINK MARIJUANA WOULD BE SORT OF EASY OR VERY EASY TO GET

		Wash.	VT	
Overall		18%	15%	Overall Differences: State vs County
Sex	Male	16%	15%	County > VT
	Female	20%	15%	Within County Differences
Grade	Grade 6	7%	6%	7 > 6
	Grade 7	14%	13%	8 > 6
	Grade 8	29%	23%	8 > 7
Race	WnH	18%	15%	LGB > Heterosexual
	REM	22%	21%	
Sexual Orientation	Het	17%	15%	
	LGB	35%	35%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY

		Wash.	VT	
Overall		75%	72%	Overall Differences: State vs County
Sex	Male	74%	71%	VT and County are Similar
	Female	77%	74%	Within County Differences
Grade	Grade 6	79%	76%	Heterosexual > LGB
	Grade 7	75%	72%	
	Grade 8	73%	70%	
Race	WnH	76%	74%	
	REM	72%	68%	
Sexual Orientation	Het	76%	73%	
	LGB	61%	66%	

SECTION 4: SUBSTANCE USE
PERCEPTIONS ABOUT USE

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF
THEY BINGE DRINK EACH WEEKEND**

		Wash.	VT	
Overall		48%	48%	Overall Differences: State vs County
Sex	Male	47%	45%	VT and County are Similar
	Female	49%	51%	
				Within County Differences
Grade	Grade 6	49%	50%	Heterosexual > LGB
	Grade 7	49%	48%	
	Grade 8	47%	46%	
Race	WnH	49%	48%	Heterosexual > LGB
	REM	48%	47%	
Sexual Orientation	Het	49%	48%	Heterosexual > LGB
	LGB	36%	41%	

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF
THEY USE MARIJUANA REGULARLY**

		Wash.	VT	
Overall		56%	59%	Overall Differences: State vs County
Sex	Male	54%	56%	VT and County are Similar
	Female	58%	62%	
				Within County Differences
Grade	Grade 6	71%	73%	6 > 7
	Grade 7	56%	60%	6 > 8
	Grade 8	44%	48%	7 > 8
Race	WnH	57%	59%	WnH > REM
	REM	47%	54%	Heterosexual > LGB
Sexual Orientation	Het	57%	59%	Heterosexual > LGB
	LGB	35%	39%	Heterosexual > LGB

SECTION 5: SEXUAL ACTIVITY

EVER HAD SEXUAL INTERCOURSE				
		Wash.	VT	
Overall		5%	5%	Overall Differences: State vs County
Sex	Male	6%	6%	VT and County are Similar
	Female	5%	4%	
				Within County Differences
Grade	Grade 6	3%	2%	8 > 6
	Grade 7	4%	4%	LGB > Heterosexual
	Grade 8	8%	8%	
Race	WnH	5%	5%	LGB > Heterosexual
	REM	9%	10%	
Sexual Orientation	Het	5%	5%	LGB > Heterosexual
	LGB	13%	16%	

EVER HAD ORAL SEX				
		Wash.	VT	
Overall		5%	6%	Overall Differences: State vs County
Sex	Male	5%	6%	VT and County are Similar
	Female	6%	5%	
				Within County Differences
Grade	Grade 6	2%	1%	8 > 6
	Grade 7	4%	4%	8 > 7
	Grade 8	9%	9%	REM > WnH
Race	WnH	5%	5%	LGB > Heterosexual
	REM	10%	10%	
Sexual Orientation	Het	4%	5%	LGB > Heterosexual
	LGB	17%	17%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
PHYSICAL ACTIVITYDAYS ENGAGED IN AT LEAST 60 MIN OF
PHYSICAL ACTIVITY, PAST WEEK

	Wash.	VT
0 days	7%	7%
1 day	4%	4%
2 days	7%	7%
3 days	10%	10%
4 days	12%	11%
5 days	16%	15%
6 days	10%	11%
7 days	34%	34%

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY
ON ALL 7 DAYS

		Wash.	VT	
Overall		34%	34%	Overall Differences: State vs County
Sex	Male	41%	42%	VT and County are Similar
	Female	26%	26%	
Grade	Grade 6	41%	38%	Within County Differences
	Grade 7	36%	35%	
	Grade 8	26%	30%	
Race	WnH	34%	34%	Males > Females
	REM	32%	35%	
Sexual Orientation	Het	37%	36%	6 > 8
	LGB	15%	18%	
				7 > 8
				Heterosexual > LGB

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
PHYSICAL ACTIVITY

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS				
		Wash.	VT	
Overall		59%	60%	Overall Differences: State vs County
Sex	Male	65%	66%	VT and County are Similar
	Female	54%	54%	
Grade	Grade 6	65%	63%	Within County Differences
	Grade 7	59%	60%	
	Grade 8	55%	57%	
Race	WnH	61%	61%	Males > Females
	REM	52%	58%	
Sexual Orientation	Het	63%	63%	6 > 8
	LGB	34%	37%	
				WnH > REM
				Heterosexual > LGB

WERE NOT PHYSICALLY ACTIVE PAST WEEK				
		Wash.	VT	
Overall		7%	7%	Overall Differences: State vs County
Sex	Male	7%	7%	VT and County are Similar
	Female	7%	7%	
Grade	Grade 6	5%	7%	Within County Differences
	Grade 7	8%	7%	
	Grade 8	8%	8%	
Race	WnH	7%	6%	LGB > Heterosexual
	REM	6%	9%	
Sexual Orientation	Het	5%	5%	
	LGB	20%	15%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
PHYSICAL ACTIVITY

PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK		
	Wash.	VT
0 days	26%	25%
1 day	6%	7%
2 days	11%	8%
3 days	9%	8%
4 days	4%	5%
5 days	44%	46%

County > VT

GET NO PHYSICAL ACTIVITY BREAKS WHILE THEY ARE AT SCHOOL				
		Wash.	VT	
Overall		26%	25%	Overall Differences: State vs County
Sex	Male	26%	24%	VT and County are Similar
	Female	26%	25%	
Grade	Grade 6	9%	16%	7 > 6
	Grade 7	28%	26%	8 > 6
	Grade 8	35%	29%	8 > 7
Race	WnH	26%	24%	
	REM	27%	27%	
Sexual Orientation	Het	26%	24%	
	LGB	29%	30%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
PHYSICAL ACTIVITY

RIDE A BIKE OR WALK TO SCHOOL WHEN WEATHER PERMITS		
	Wash.	VT
0 days	77%	77%
1 day	3%	3%
2 days	3%	3%
3 days	4%	4%
4 days	2%	2%
5 days	11%	10%

WALK OR RIDE THEIR BIKE TO SCHOOL EVERYDAY			
		Wash.	VT
Overall		11%	10%
Overall Differences: State vs County			
Sex	Male	11%	12%
	Female	10%	9%
VT and County are Similar			
Within County Differences			
Grade	Grade 6	12%	11%
	Grade 7	11%	10%
	Grade 8	9%	10%
Race	WnH	10%	10%
	REM	12%	13%
Sexual Orientation	Het	10%	10%
	LGB	18%	14%
LGB > Heterosexual			

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
PHYSICAL ACTIVITY

WATCH TELEVISION, TYPICAL SCHOOL DAY			
	Wash.	VT	
No TV on average school day	21%	18%	County > VT
Less than 1 hour per day	22%	23%	
1 hour per day	20%	18%	
2 hours per day	19%	20%	
3 hours per day	10%	10%	
4 hours per day	4%	4%	
5 or more hours per day	4%	6%	

WATCHED TV 3+ HOURS PER DAY				
		Wash.	VT	
Overall		18%	20%	Overall Differences: State vs County
Sex	Male	17%	20%	VT and County are Similar
	Female	20%	20%	
Grade	Grade 6	17%	18%	Within County Differences
	Grade 7	18%	20%	
	Grade 8	19%	21%	
Race	WnH	17%	19%	
	REM	20%	24%	
Sexual Orientation	Het	17%	20%	
	LGB	26%	27%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
PHYSICAL ACTIVITY

COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY

	Wash.	VT
No playing video/computer game	13%	12%
Less than 1 hour per day	18%	17%
1 hour per day	14%	15%
2 hours per day	18%	18%
3 hours per day	14%	14%
4 hours per day	8%	8%
5 or more hours per day	16%	16%

PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER 3+ HOURS PER DAY

		Wash.	VT	
Overall		38%	38%	Overall Differences: State vs County
Sex	Male	39%	39%	VT and County are Similar
	Female	37%	37%	
Grade	Grade 6	27%	29%	7 > 6
	Grade 7	37%	38%	8 > 6
	Grade 8	46%	45%	8 > 7
Race	WnH	37%	38%	LGB > Heterosexual
	REM	44%	43%	
Sexual Orientation	Het	35%	38%	
	LGB	65%	57%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
NUTRITION

BREAKFAST CONSUMPTION, PAST WEEK		
	Wash.	VT
0 days	6%	7%
1 day	5%	4%
2 days	6%	7%
3 days	7%	7%
4 days	6%	6%
5 days	8%	8%
6 days	10%	9%
7 days	51%	52%

DID NOT EAT BREAKFAST, PAST WEEK			
		Wash.	VT
Overall		6%	7%
Overall Differences: State vs County			
Sex	Male	6%	6%
	Female	7%	7%
VT and County are Similar			
Within County Differences			
Grade	Grade 6	5%	5%
	Grade 7	7%	7%
	Grade 8	7%	7%
REM > WnH			
Race	WnH	5%	6%
	REM	11%	10%
LGB > Heterosexual			
Sexual Orientation	Het	5%	6%
	LGB	18%	16%

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
NUTRITION

GLASSES OF WATER CONSUMED PER DAY, PAST WEEK

	Wash.	VT
Did not drink water	3%	3%
1 to 3 times	9%	9%
4 to 6 times	10%	10%
1 time per day	6%	6%
2 times per day	17%	16%
3 times per day	20%	19%
4 or more times per day	36%	37%

DRANK THREE OR MORE GLASSES PER DAY OF WATER

		Wash.	VT	
Overall		56%	56%	Overall Differences: State vs County
Sex	Male	59%	57%	VT and County are Similar
	Female	54%	54%	Within County Differences
Grade	Grade 6	58%	58%	
	Grade 7	53%	54%	
	Grade 8	58%	56%	
Race	WnH	58%	56%	
	REM	51%	57%	
Sexual Orientation	Het	59%	57%	
	LGB	51%	48%	

SECTION 7: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS		
	Wash.	VT
Never	75%	77%
Rarely	14%	14%
Sometimes	8%	7%
Most of the time	2%	1%
Always	0%	1%

MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME				
		Wash.	VT	
Overall		3%	2%	Overall Differences: State vs County
Sex	Male	3%	2%	VT and County are Similar
	Female	2%	2%	Within County Differences
Grade	Grade 6	2%	2%	
	Grade 7	3%	2%	
	Grade 8	3%	2%	
Race	WnH	2%	2%	
	REM	3%	4%	
Sexual Orientation	Het	3%	2%	
	LGB	4%	5%	

SECTION 7: SOCIAL DETERMINANTS OF HEALTH

BORN OUTSIDE THE U.S.				
		Wash.	VT	
Overall		5%	6%	Overall Differences: State vs County
Sex	Male	5%	6%	VT and County are Similar
	Female	6%	6%	
Grade	Grade 6	6%	7%	Within County Differences
	Grade 7	4%	5%	
	Grade 8	5%	6%	
Race	WnH	3%	3%	REM > WnH
	REM	15%	18%	
Sexual Orientation	Het	5%	5%	
	LGB	7%	7%	

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK		
	Wash.	VT
0 days	5%	5%
1 day	2%	2%
2 days	2%	2%
3 days	4%	3%
4 days	4%	4%
5 days	7%	7%
6 days	11%	10%
7 days	67%	66%

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK				
		Wash.	VT	
Overall		89%	88%	Overall Differences: State vs County
Sex	Male	90%	89%	VT and County are Similar
	Female	87%	87%	
Grade	Grade 6	90%	90%	Within County Differences
	Grade 7	91%	89%	
	Grade 8	86%	86%	
Race	WnH	90%	89%	Heterosexual > LGB
	REM	85%	84%	
Sexual Orientation	Het	90%	89%	
	LGB	74%	73%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
WASHINGTON COUNTY REPORT
MIDDLE SCHOOL RESULTS

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

BELIEVE SCHOOL HAS RULES AND CONSEQUENCES FOR BEHAVIORS

	Wash.	VT	
Strongly agree	24%	28%	VT > County
Agree	42%	43%	
Not sure	20%	17%	County > VT
Disagree	8%	8%	
Strongly disagree	6%	5%	

STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR

		Wash.	VT	
Overall		66%	71%	Overall Differences: State vs County
Sex	Male	69%	72%	VT > County
	Female	64%	69%	
Grade	Grade 6	77%	77%	Within County Differences
	Grade 7	67%	72%	
	Grade 8	58%	66%	
Race	WnH	66%	71%	Heterosexual > LGB
	REM	65%	68%	
Sexual Orientation	Het	68%	72%	
	LGB	45%	54%	

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM				
		Wash.	VT	
Overall		74%	76%	Overall Differences: State vs County
Sex	Male	73%	76%	VT and County are Similar
	Female	75%	76%	
Grade	Grade 6	78%	79%	Within County Differences
	Grade 7	74%	75%	
	Grade 8	72%	75%	
Race	WnH	75%	77%	Heterosexual > LGB
	REM	70%	71%	
Sexual Orientation	Het	75%	77%	
	LGB	62%	64%	

GRADES EARNED IN SCHOOL			
	Wash.	VT	
Mostly A's	39%	46%	VT > County
Mostly B's	43%	38%	County > VT
Mostly C's	13%	12%	
Mostly D's	3%	3%	
Mostly F's	1%	1%	

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY		
	Wash.	VT
Strongly agree	26%	27%
Agree	36%	36%
Not sure	25%	24%
Disagree	7%	7%
Strongly disagree	6%	5%

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE				
		Wash.	VT	
Overall		62%	64%	Overall Differences: State vs County
Sex	Male	68%	68%	VT and County are Similar
	Female	55%	60%	
Grade	Grade 6	62%	67%	Within County Differences
	Grade 7	63%	65%	
	Grade 8	60%	60%	
Race	WnH	64%	65%	Males > Females
	REM	51%	58%	
Sexual Orientation	Het	67%	67%	WnH > REM
	LGB	28%	31%	
				Heterosexual > LGB