

2015 Vermont Youth Risk Behavior Survey Report

Report for Orleans County

Survey Format in 2015

In 2015, we conducted two surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8.

Results in this report include high school and middle school results for Vermont and for Orleans County. All results in the 2015 high school section are for grades 9 through 12 only, and the middle school section are for grades 6 through 8 only.

The middle school and high school surveys differed slightly. The shorter middle school survey included questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, body image, physical activity, and youth assets. The high school survey included questions on these topics as well as self-reported height and weight, driving behaviors, other drug use, sexual behavior and orientation, and nutrition.

Copies of both surveys can be found online at: <http://healthvermont.gov/research/yrbs.aspx> Copies of the full state reports, highlights, and additional sub state reports can also be found here.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

Table of Contents

How to Use the YRBS_____	3
How to Read this YRBS Report_____	4
A Word of Caution_____	5
Background_____	6
References_____	12

High School

Participation Rates_____	16
Chapter 1: Personal Safety_____	21
Chapter 2: Alcohol, Tobacco and Other Drugs_____	30
Chapter 3: Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use_____	48
Chapter 4: Sexual Behavior and Orientation_____	56
Chapter 5: Body Image_____	64
Chapter 6: Nutrition and Physical Activity_____	67
Chapter 7: Youth Assets_____	75

Middle School

Participation Rates_____	79
Chapter 1: Personal Safety_____	82
Chapter 2: Alcohol, Tobacco and Other Drugs_____	89
Chapter 3: Attitudes and Perceptions about Alcohol, Cigarette, and Other Drugs_____	96
Chapter 4: Sexual Behavior_____	102
Chapter 5: Nutrition and Physical Activity_____	103
Chapter 6: Youth Assets_____	110

How to Use the YRBS

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, we can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

- **Start the Conversation:** Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?
- **Increase Awareness:** The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.
- **Plan and Evaluate Programs:** The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities, and can inform strategies to address those weaknesses.
- **Remember to Look at the Positive Side:** In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Note: “Getting to ‘Y’”, a program originally funded by the Agency of Education, provides a manual for student groups looking to analyze and leverage their own YRBS data – it can be found here: <http://www.upforlearning.com/index.php/yatst>.

How to Read this YRBS Report

Format: The results appear in data tables, with an overall average, by grade and by gender. The percentages in some charts may not total 100% due to rounding.

Weighting: The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of public students in grades six through eight (middle school survey) and grades nine through twelve (high school survey). This permits us to draw inferences about the school-based student population in Vermont.

In 2015, there was a methodology change in the weighting procedure. From 1993 through 2011, statewide reports included numbers based on a weighted sample of schools, and local-level reports included unweighted numbers. In 2013, due to the high participation from Vermont schools, the switch was made to use all of the student responses in the statewide report, instead of a sample. This allows for direct comparison between county estimates and the statewide estimates, as well as ensure that the estimates are more accurate. You can still compare the local-level report numbers to previous local-level years.

Statistical Comparisons: We note significant differences in the far right column on each table labeled “Notes.” For the 2015 results, we compared the 95 percent confidence intervals separately by grade, gender and year to determine if the percentages for each county were statistically different from the state. If the confidence intervals overlapped, the percentages were not different. In every table it is noted whether this county is statistically different from the state average. However, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

In some cases there were not enough students responding to report an estimate. In those cases there is a dot (.) and the “Notes” column will read “Too few students.” We limit reportable estimates to a total numerator of 5 students and denominator of 50 students.

A Word of Caution

The YRBS represents the most complete and most recent information available about risk behaviors among Vermont students. However, the YRBS has some limitations that you should keep in mind when interpreting the results.

- **Data Quality:** We take numerous precautions to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) carefully designed and thoroughly tested the questionnaire. The anonymous survey encourages students to be honest and forthright. The CDC runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. We statistically adjust, or weight, the results so that the responses accurately represent all Vermont public school students based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.
- **Who's Not Included:** Administrators make every effort to have all students complete the YRBS. However, students who are not at school the day of the survey are not included in the results. Additionally, students who are home schooled, attend independent schools that chose not to participate, or dropped out of school are not included.
- **Comparing Supervisory Unions/School Districts to Each Other and to the State:** Participating supervisory unions and school districts receive reports of their results comparing them directly to the state. It is natural to also want to know how individual supervisory unions or school districts compare to each other, but we urge caution in making such comparisons because the reasons for the differences may not be simple or easy to identify.
- **What, not Why:** The YRBS can indicate what students are doing. It can also suggest which groups of students are more likely to engage in these behaviors. However, the survey does not answer why they are doing it. We encourage students to analyze their own data and offer insight into the results.

Personal Safety

Feeling safe – whether at school, in a car, or in a relationship – fosters positive adolescent development. The high school and middle school surveys included questions on fighting, bullying, seat belt use, safety at school, helmet use, and suicidality. The high school survey included additional questions on driving behaviors, dating violence, and self-harm.

- Physical fighting is a marker for problem behaviors¹ and is associated with serious injury.^{2,3} Abuse by an intimate partner and forced sex are associated with negative psychosocial outcomes, poor mental health outcomes, and other risk behaviors among both males and females.^{4,5,6}
- Both being a bully and being victimized by bullies have been increasingly recognized as health problems for children because of their association with a range of problems, including poor psychological adjustment,^{7,8} poor academic achievement,⁸ and violent behavior.⁹
- Motor vehicle crash injuries are the leading cause of death among youth ages 15 to 19 in the U.S.¹⁰ Proper use of safety belts reduces the risk of fatal injury to front seat passengers by 45% and risk of moderate to critical injury by 50%.¹¹
- Bicycle helmets are 85% to 88% effective at reducing the impact of head and brain injuries due to bicycle crashes.¹² Despite this, less than one quarter of bicyclists wear helmets.¹²
- In 2011, alcohol use was associated with nearly four in ten motor vehicle-related fatalities nationwide and in Vermont.¹³ Additionally, research examining drugs other than alcohol indicates that marijuana is the most prevalent drug detected in impaired drivers, fatally injured drivers, and motor vehicle crash victims nationwide.¹⁴

Alcohol, Tobacco and Other Drugs

Early use of alcohol, tobacco, and other drugs is associated with myriad problems later in life. The high school and middle school surveys asked about tobacco, alcohol, marijuana, inhalant, and prescription drug use. Both surveys also asked the age at which students first used alcohol, cigarettes, and marijuana. The high school survey asked additional questions on other drug use, such as heroin, methamphetamines, and hallucinogens. Both surveys asked about ease of availability of alcohol, cigarettes, and marijuana, peer disapproval of use of these substances, perceived parental disapproval of use, and the risk of harm associated with use of these substances.

- Alcohol use is a major contributing factor in about half of all homicides and sexual assaults,¹⁵ and about one-third of all motor vehicle crash fatalities.¹⁶ Heavy drinking among youth has been linked to violence, academic and job problems, suicidal behavior, trouble with law enforcement authorities, risky sexual behavior, and use of cigarettes, marijuana, cocaine, and other illegal drugs.^{17,18}
- Tobacco use is the single most preventable cause of death in the United States,¹⁹ contributing to more than one in five deaths.²⁰ Cigarette smoking increases the risk of heart disease, chronic obstructive pulmonary disease, acute respiratory illness, stroke, and cancers of the lung, larynx, oral cavity, pharynx, pancreas, and cervix.¹⁹
- Marijuana use is associated with smoking-related respiratory damage, temporary short-term memory loss, decreased motivation, and psychological dependence.²¹ Other reactions include feelings of distrust, anxiety, or depression.²¹ In Vermont, more teens enter treatment with a primary diagnosis for marijuana dependence than all other illicit drugs combined.²²
- Other drug use is related to suicide, early unwanted pregnancy, school failure, delinquency, and transmission of sexually transmitted diseases (STDs), including HIV infection.²³
- Multi-year results from the Monitoring the Future survey indicate that the prevalence of marijuana use among youth declines as the percentage of youth expressing disapproval of marijuana increases.²⁴ As perception of harm of using alcohol and other drugs decreases, there is a tendency for use to increase.²⁴ Increased use is also associated with the perception that substances are readily available, regardless of whether the perception is accurate.²⁴

Sexual Behavior and Orientation

Experimentation with sexual behaviors and orientation often starts during adolescence. The high school survey asked about age of first sexual intercourse, frequency, sexual partners, sexual orientation, alcohol and drug use related to sexual intercourse, contraceptive use, and HIV testing.

- Early sexual activity and having multiple sexual partners are associated with an increased risk of unwanted pregnancy, sexually transmitted diseases (STDs) including HIV infection,²⁵ and negative effects on social and psychological development.²⁶ Alcohol and drug use may serve as predisposing factors for initiation of sexual activity.²⁷
- Of the nearly 19 million new cases of STDs per year in the United States, almost half are among youth ages 15-24.²⁸ STDs may result in infertility and facilitation of HIV transmission and may have an adverse effect on pregnancy outcomes and maternal and child health.²⁶ Besides abstinence, condom use is currently the most effective means of preventing sexual transmission of HIV and other STDs.²⁹
- Although many lesbian, gay, bisexual, and transgender adolescents lead happy and healthy lives, others face tremendous challenges to growing up physically and mentally healthy. Compared to heterosexual youth, lesbian, gay, bisexual, and transgender youth are at higher risk for depression, tobacco, alcohol and other drug use, suicide, and unhealthy sexual behaviors.³⁰

Body Image

Negative feelings about weight and body image often develop in adolescence. The high school and middle school surveys included questions about weight perception and weight control. The high school survey asked for students' height and weight to calculate body mass index.

- There are more than three times as many overweight children and adolescents in the U.S. than there were in 1980.³¹ Obesity during childhood and adolescence is associated with negative psychological and social consequences and adverse health outcomes, including type 2 diabetes, obstructive sleep apnea, hypertension, dyslipidemia, and metabolic syndrome.³² Overweight and obesity acquired during childhood or adolescence may persist into adulthood.³³ Approximately 400,000 deaths a year in the United States are currently associated with overweight and obesity.²⁰

Nutrition and Physical Activity

Nutritious eating and physical activity are two cornerstones of healthy adolescent development. The high school and middle school surveys asked about breakfast consumption, physical activity, physical education classes, and television, computer, and video game use. The high school survey also asked about consumption of fruits, vegetables, soda, and sugar-sweetened beverages.

- Fruits and vegetables are good sources of complex carbohydrates, vitamins, minerals, and other substances that are important for good health. Dietary patterns with higher intakes of fruits and vegetables are associated with a variety of health benefits, including a decreased risk for some types of cancer.³⁹⁻⁴³
- In recent years, soft drink consumption has significantly increased among children and adolescents. Consumption of sugar-sweetened drinks, including soft drinks, appears to be associated with an increased risk for being overweight in children.⁴⁴⁻⁴⁵
- Regular physical activity builds and maintains healthy bones and muscles, controls weight, builds lean muscle, reduces fat, reduces feelings of depression and anxiety. It also decreases the risk of dying prematurely, dying of heart disease, and developing diabetes, colon cancer, and high blood pressure.⁴⁶ The U.S. Department of Health and Human Services recommends that young people ages 6–17 participate in at least 60 minutes of physical activity every day.⁴⁶
- By 12th grade, more than half of female students in the U.S. do not participate in vigorous physical activity regularly. School physical education classes can increase adolescent participation in physical activity and help adolescents develop the knowledge, attitudes, and skills they need to engage in lifelong physical activity.⁴⁷⁻⁵⁰
- Television viewing is the principal sedentary leisure time behavior in the U.S. Studies have shown that television viewing in young people is related to obesity⁵¹ and violent or aggressive behavior.⁵²⁻⁵⁴ Using the computer for fun and playing video games have become increasingly common sedentary leisure time activities among young people as well.

Measures of Youth Assets

Adolescent achievement requires sources of positive influence. The high school and middle school surveys asked about school and community connectivity as well as parental conversations about school. The high school survey asked additional questions about volunteerism and grades earned in school.

- Above-average school performance is one of many developmental assets, or factors promoting positive development. Studies have shown that students who get higher grades in school are less likely to use cigarettes, alcohol, or marijuana, and are more likely to postpone sexual intercourse.⁵⁵
- One of the strongest predictors of students' success in school is the extent to which their parents stay involved with their schoolwork.⁵⁶ A national study of adolescent health found that youth who reported a "connectedness" to their parents/family and school were the least likely to engage in risky behaviors.⁵⁷ Parental expectations regarding school achievement were also associated with lower levels of risk behaviors.⁵⁷
- Research shows that involvement in constructive, supervised extracurricular activities is associated with reduced likelihood of involvement in risky behaviors such as school failure, drug use, and delinquency.⁵⁸ In addition, evidence is emerging that students who participate in such activities are also more likely to engage in other "thriving" behaviors.⁵⁹
- Youth are not simply objects of adult efforts to modify their behaviors. Rather, if given the opportunities, they can make significant contributions to their families, schools, and communities. Adolescents, especially, need to exercise decision-making power in as many settings as is practical, so that they can develop into competent adults. Schools are a natural setting for youth to share in decisions that affect their lives.

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2015 Vermont Youth Risk Behavior Survey Report

High School Report for Orleans County

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

Demographics

Orleans
Number of Students in Orleans County

Orleans County Total

870

Sex	Total	%
Missing	6	0%
Female	439	50%
Male	425	48%

Grade	Total	%
Missing	4	0%
9th grade	249	28%
10th grade	223	25%
11th grade	198	22%
12th grade	196	22%

Race / Ethnicity	Total	%
Missing	21	2%
Racial or ethnic minority	115	13%
White non-Hispanic	734	84%

Mother's Level of Education	Total	%
Missing	10	1%
High school or less	247	28%
Some college	139	15%
College graduate	295	33%
Graduate or professional degree after college	94	10%
Not sure	85	9%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Orleans County.

Demographics

Vermont
Number of Students in Vermont

Vermont Total

21013

Sex	Total	%
Missing	294	1%
Female	10243	48%
Male	10476	49%

Grade	Total	%
Missing	297	1%
9th grade	5627	26%
10th grade	5586	26%
11th grade	5171	24%
12th grade	4332	20%

Race / Ethnicity	Total	%
Missing	611	2%
Racial or ethnic minority	3197	15%
White non-Hispanic	17205	81%

Mother's Level of Education	Total	%
Missing	176	0%
High school or less	5495	26%
Some college	2746	13%
College graduate	6905	32%
Graduate or professional degree after college	3825	18%
Not sure	1866	8%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who were in a physical fight, past 12 months**

		Orleans	Vermont	Notes
Grade	9th	22%	22%	
	10th	18%	20%	
	11th	15%	17%	
	12th	15%	14%	
Sex	Female	13%	12%	
	Male	23%	24%	
Total		18%	18%	

1.02 Percent of students who were in a physical fight on school property, past 12 months

		Orleans	Vermont	Notes
Grade	9th	7%	10%	
	10th	7%	8%	
	11th	4%	6%	
	12th	4%	5%	
Sex	Female	3%	4%	
	Male	9%	10%	
Total		6%	7%	

1.03 Percent of students who were threatened or injured with a weapon on school property, past 12 months

		Orleans	Vermont	Notes
Grade	9th	5%	6%	
	10th	7%	6%	
	11th	4%	4%	
	12th	.	4%	Too few students
Sex	Female	4%	4%	
	Male	6%	6%	
Total		5%	5%	

*1 Personal Safety***1.04 Percent of students who carried a weapon such as a gun, knife, or club on school property, past 30 days**

		Orleans	Vermont	Notes
Grade	9th	6%	6%	
	10th	10%	7%	
	11th	9%	9%	
	12th	10%	8%	
Sex	Female	3%	4%	
	Male	15%	11%	County statistically higher
Total		9%	8%	

1.05 Percent of students who did not go to school because they felt unsafe, past 30 days

		Orleans	Vermont	Notes
Grade	9th	5%	7%	
	10th	6%	6%	
	11th	5%	5%	
	12th	8%	5%	
Sex	Female	8%	7%	
	Male	5%	4%	
Total		6%	6%	

*1 Personal Safety***1.06 Percent of students who reported being bullied, past 30 days**

		Orleans	Vermont	Notes
Grade	9th	22%	23%	
	10th	25%	18%	County statistically higher
	11th	19%	16%	
	12th	17%	14%	
Sex	Female	27%	23%	
	Male	14%	12%	
Total		21%	18%	County statistically higher

1.07 Percent of students who reported being electronically bullied, past 12 months

		Orleans	Vermont	Notes
Grade	9th	20%	20%	
	10th	25%	17%	County statistically higher
	11th	20%	16%	
	12th	12%	13%	
Sex	Female	28%	23%	County statistically higher
	Male	10%	10%	
Total		19%	16%	

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight, or when teasing is done in a friendly way. Electronic bullying includes through e-mail, chat rooms, instant messaging, Web sites, or texting.

*1 Personal Safety***1.08 Percent of students who bullied someone else, past 30 days**

		Orleans	Vermont	Notes
Grade	9th	12%	13%	
	10th	14%	11%	
	11th	19%	11%	County statistically higher
	12th	18%	10%	County statistically higher
Sex	Female	16%	11%	County statistically higher
	Male	15%	12%	County statistically higher
Total		16%	11%	County statistically higher

1.09 Percent of students who purposefully hurt themselves without wanting to die, past 12 months

		Orleans	Vermont	Notes
Grade	9th	15%	20%	
	10th	18%	19%	
	11th	14%	17%	
	12th	9%	14%	
Sex	Female	20%	26%	County statistically lower
	Male	8%	9%	
Total		14%	17%	County statistically lower

1.10 Percent of students who felt sad or hopeless for two weeks in a row, past 12 months

		Orleans	Vermont	Notes
Grade	9th	18%	24%	
	10th	27%	26%	
	11th	25%	24%	
	12th	20%	24%	
Sex	Female	30%	34%	
	Male	15%	15%	
Total		22%	24%	

*1 Personal Safety***1.11 Percent of students who made a suicide plan, past 12 months**

		Orleans	Vermont	Notes
Grade	9th	10%	13%	
	10th	14%	13%	
	11th	12%	12%	
	12th	8%	10%	
Sex	Female	14%	16%	
	Male	8%	8%	
Total		11%	12%	

1.12 Percent of students who attempted suicide, past 12 months

		Orleans	Vermont	Notes
Grade	9th	5%	7%	
	10th	7%	6%	
	11th	5%	5%	
	12th	5%	5%	
Sex	Female	7%	8%	
	Male	3%	4%	
Total		5%	6%	

1.13 Percent of students who attempted suicide that resulted in an injury, poisoning, or overdose that required medical treatment, past 12 months

		Orleans	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	3%	2%	
	11th	.	2%	Too few students
	12th	3%	2%	
Sex	Female	2%	3%	
	Male	2%	1%	
Total		2%	2%	

*1 Personal Safety***1.14 Percent of students who dated in the past 12 months and were physically hurt by someone they were dating or going out with**

		Orleans	Vermont	Notes
Grade	9th	7%	8%	
	10th	6%	9%	
	11th	6%	9%	
	12th	8%	9%	
Sex	Female	7%	11%	County statistically lower
	Male	7%	7%	
Total		7%	9%	

1.15 Percent of students who have ever been physically forced to have sexual intercourse

		Orleans	Vermont	Notes
Grade	9th	4%	5%	
	10th	8%	6%	
	11th	9%	7%	
	12th	10%	8%	
Sex	Female	12%	10%	
	Male	4%	3%	
Total		8%	7%	

*1 Personal Safety***1.16 Percent of students who rode with a drinking driver, past 30 days**

		Orleans	Vermont	Notes
Grade	9th	21%	19%	
	10th	29%	20%	County statistically higher
	11th	30%	20%	County statistically higher
	12th	23%	19%	
Sex	Female	26%	20%	County statistically higher
	Male	26%	19%	County statistically higher
Total		26%	20%	County statistically higher

1.17 Percent of students who rode with a driver who had been smoking marijuana, past 30 days

		Orleans	Vermont	Notes
Grade	9th	16%	13%	
	10th	23%	20%	
	11th	24%	26%	
	12th	25%	29%	
Sex	Female	27%	22%	County statistically higher
	Male	17%	22%	County statistically lower
Total		22%	22%	

*1 Personal Safety***1.18 Percent of drivers who drove a car or other vehicle when they had been drinking alcohol, past 30 days**

		Orleans	Vermont	Notes
Grade	9th	5%	5%	
	10th	6%	4%	
	11th	12%	8%	
	12th	9%	9%	
Sex	Female	6%	5%	
	Male	11%	9%	
Total		9%	7%	

1.19 Percent of drivers who drove a car or other vehicle when they had been smoking marijuana, past 30 days

		Orleans	Vermont	Notes
Grade	9th	7%	8%	
	10th	9%	10%	
	11th	14%	18%	
	12th	19%	20%	
Sex	Female	13%	12%	
	Male	14%	18%	
Total		14%	15%	

1.20 Percent of drivers who texted or e-mailed while driving a car or other vehicle, past 30 days

		Orleans	Vermont	Notes
Grade	9th	8%	10%	
	10th	17%	15%	
	11th	47%	40%	
	12th	46%	50%	
Sex	Female	30%	33%	
	Male	37%	33%	
Total		33%	33%	

*1 Personal Safety***1.21 Percent of students who rode a bicycle and reported never or rarely wearing a bicycle helmet, past 12 months**

		Orleans	Vermont	Notes
Grade	9th	60%	48%	County statistically higher
	10th	64%	54%	County statistically higher
	11th	69%	55%	County statistically higher
	12th	64%	56%	
Sex	Female	61%	49%	County statistically higher
	Male	67%	56%	County statistically higher
Total		64%	53%	County statistically higher

1.22 The percent of students who have had a sunburn in the past 12 months

		Orleans	Vermont	Notes
Grade	9th	62%	63%	
	10th	61%	65%	
	11th	69%	65%	
	12th	69%	67%	
Sex	Female	71%	72%	
	Male	59%	59%	
Total		65%	65%	

1.23 The percent of students who have used a tanning device such as a sunlamp, sunbed, or tanning booth in the last 12 months

		Orleans	Vermont	Notes
Grade	9th	4%	2%	
	10th	4%	3%	
	11th	4%	4%	
	12th	6%	6%	
Sex	Female	6%	5%	
	Male	3%	3%	
Total		5%	4%	

*2 Alcohol, Tobacco and other Drug Use***2.01 Percent of students who ever drank alcohol other than a few sips**

		Orleans	Vermont	Notes
Grade	9th	42%	37%	
	10th	56%	51%	
	11th	69%	63%	
	12th	74%	71%	
Sex	Female	65%	57%	County statistically higher
	Male	56%	54%	
Total		60%	56%	County statistically higher

2.02 Percent of students who drank alcohol, other than a few sips, before age 13

		Orleans	Vermont	Notes
Grade	9th	22%	14%	County statistically higher
	10th	20%	13%	County statistically higher
	11th	18%	12%	County statistically higher
	12th	12%	10%	
Sex	Female	14%	10%	County statistically higher
	Male	23%	14%	County statistically higher
Total		18%	12%	County statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.03 Percent of students who drank alcohol, past 30 days**

		Orleans	Vermont	Notes
Grade	9th	21%	17%	
	10th	29%	26%	
	11th	44%	34%	County statistically higher
	12th	44%	42%	
Sex	Female	36%	30%	County statistically higher
	Male	32%	29%	
Total		34%	30%	County statistically higher

2.04 Percent of students who had five or more drinks in a row (binged), past 30 days

		Orleans	Vermont	Notes
Grade	9th	10%	8%	
	10th	14%	13%	
	11th	25%	19%	
	12th	22%	24%	
Sex	Female	17%	15%	
	Male	19%	17%	
Total		18%	16%	

*2 Alcohol, Tobacco and other Drug Use***2.05 Among students who drank alcohol, the number of days students drank in the last 30 days**

			Orleans	Vermont	Notes
Grade	9th	1 to 2 days	.	55%	Too few students
		3 to 9 days	.	33%	Too few students
		10+ days	.	11%	Too few students

	10th	1 to 2 days	55%	57%	
		3 to 9 days	36%	34%	
		10+ days	9%	9%	

	11th	1 to 2 days	46%	49%	
		3 to 9 days	42%	40%	
		10+ days	12%	11%	

	12th	1 to 2 days	46%	47%	
		3 to 9 days	33%	40%	
		10+ days	20%	13%	

Sex	Female	1 to 2 days	52%	55%	
		3 to 9 days	37%	36%	
		10+ days	10%	9%	

	Male	1 to 2 days	41%	47%	
		3 to 9 days	38%	38%	
		10+ days	21%	15%	

Total		1 to 2 days	47%	51%	
		3 to 9 days	38%	37%	
		10+ days	15%	12%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

2 Alcohol, Tobacco and other Drug Use

2.06 Among students who drank alcohol in the last 30 days, the greatest number of drinks consumed in one sitting

			Orleans	Vermont	Notes
Grade	9th	1 to 2 drinks	.	49%	Too few students
		3 to 4 drinks	.	19%	Too few students
		5 or more drinks	.	32%	Too few students

	10th	1 to 2 drinks	36%	41%	
		3 to 4 drinks	16%	20%	
		5 or more drinks	47%	39%	

	11th	1 to 2 drinks	31%	33%	
		3 to 4 drinks	20%	18%	
		5 or more drinks	49%	49%	

	12th	1 to 2 drinks	36%	32%	
		3 to 4 drinks	19%	19%	
		5 or more drinks	45%	49%	

Sex	Female	1 to 2 drinks	38%	40%	
		3 to 4 drinks	21%	23%	
		5 or more drinks	40%	38%	

	Male	1 to 2 drinks	32%	33%	
		3 to 4 drinks	13%	16%	
		5 or more drinks	55%	52%	

Total		1 to 2 drinks	36%	36%	
		3 to 4 drinks	18%	19%	
		5 or more drinks	47%	45%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

2 Alcohol, Tobacco and other Drug Use

2.07 Among students who drank in the past 30 days, usual source of alcohol

			Orleans	Vermont	Notes
Grade	9th	Bought it	.	3%	Too few students
		Gave someone money	.	12%	
		Someone gave it to me	44%	36%	
		Took it / some other way	42%	49%	

	10th	Bought it	.	3%	Too few students
		Gave someone money	17%	18%	
		Someone gave it to me	34%	41%	
		Took it / some other way	48%	37%	

	11th	Bought it	.	4%	Too few students
		Gave someone money	30%	28%	
		Someone gave it to me	35%	41%	
		Took it / some other way	32%	27%	

	12th	Bought it	11%	7%	
		Gave someone money	31%	29%	
		Someone gave it to me	39%	43%	
		Took it / some other way	19%	22%	

Sex	Female	Bought it	5%	2%	County statistically higher
		Gave someone money	21%	24%	
		Someone gave it to me	46%	46%	
		Took it / some other way	27%	28%	

	Male	Bought it	7%	7%	County statistically lower
		Gave someone money	28%	24%	
		Someone gave it to me	26%	35%	
		Took it / some other way	39%	34%	

Total	Bought it		6%	5%	
	Gave someone money		24%	24%	
	Someone gave it to me		37%	40%	
	Took it / some other way		33%	31%	

*2 Alcohol, Tobacco and other Drug Use***2.08 Among students who drank in the past 30 days, the location where students typically consumed alcohol**

			Orleans	Vermont	Notes
Grade	9th	At my home	56%	46%	
		At another persons home	29%	43%	County statistically lower
		At a public place or event	15%	12%	

	10th	At my home	46%	37%	
		At another persons home	49%	53%	
		At a public place or event	.	10%	Too few students

	11th	At my home	39%	32%	
		At another persons home	56%	58%	
		At a public place or event	.	9%	Too few students

	12th	At my home	31%	30%	
		At another persons home	57%	60%	
		At a public place or event	12%	10%	

Sex	Female	At my home	41%	34%	
		At another persons home	51%	58%	
		At a public place or event	8%	8%	

	Male	At my home	40%	34%	
		At another persons home	48%	53%	
		At a public place or event	12%	13%	

Total	At my home		41%	34%	County statistically higher
	At another persons home		50%	55%	
	At a public place or event		10%	10%	

*2 Alcohol, Tobacco and other Drug Use***2.09 Percent of students who have ever smoked a whole cigarette**

		Orleans	Vermont	Notes
Grade	9th	11%	14%	
	10th	21%	18%	
	11th	30%	24%	
	12th	37%	28%	County statistically higher
Sex	Female	22%	19%	
	Male	27%	23%	County statistically higher
Total		25%	21%	County statistically higher

2.10 Percent of students who smoked a whole cigarette before age 13

		Orleans	Vermont	Notes
Grade	9th	6%	6%	
	10th	11%	6%	County statistically higher
	11th	11%	6%	County statistically higher
	12th	10%	6%	County statistically higher
Sex	Female	7%	5%	
	Male	13%	7%	County statistically higher
Total		10%	6%	County statistically higher

2.11 Percent of students who smoked cigarettes, past 30 days

		Orleans	Vermont	Notes
Grade	9th	5%	7%	
	10th	10%	9%	
	11th	12%	12%	
	12th	21%	14%	County statistically higher
Sex	Female	9%	10%	
	Male	15%	12%	
Total		12%	11%	

*2 Alcohol, Tobacco and other Drug Use***2.12 Among students who smoked cigarettes in the past month, number of days students smoked**

			Orleans	Vermont	Notes
Grade	9th	1 to 2 days	.	35%	Too few students
		3 to 9 days	.	26%	Too few students
		10+ days	.	39%	Too few students

	10th	1 to 2 days	.	31%	Too few students
		3 to 9 days	.	25%	Too few students
		10+ days	.	44%	Too few students

	11th	1 to 2 days	.	29%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	48%	Too few students

	12th	1 to 2 days	.	26%	Too few students
		3 to 9 days	.	19%	Too few students
		10+ days	.	55%	Too few students

Sex	Female	1 to 2 days	.	32%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	44%	Too few students

	Male	1 to 2 days	24%	26%	
		3 to 9 days	26%	22%	
		10+ days	49%	52%	

Total	1 to 2 days		27%	29%	
	3 to 9 days		20%	22%	
	10+ days		52%	49%	

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

2 Alcohol, Tobacco and other Drug Use

2.13 Among students who smoked cigarettes in the past month, the amount of cigarettes smoked on days smoked

			Orleans	Vermont	Notes
Grade	9th	1 cigarette or less	.	51%	Too few students
		2 to 10 cigarettes	.	39%	Too few students
		11 or more cigarettes	.	10%	Too few students

	10th	1 cigarette or less	.	45%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	10%	Too few students

	11th	1 cigarette or less	.	43%	Too few students
		2 to 10 cigarettes	.	48%	Too few students
		11 or more cigarettes	.	9%	Too few students

	12th	1 cigarette or less	.	42%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	13%	Too few students

Sex	Female	1 cigarette or less	.	47%	Too few students
		2 to 10 cigarettes	.	44%	Too few students
		11 or more cigarettes	.	9%	Too few students

	Male	1 cigarette or less	35%	42%	
		2 to 10 cigarettes	47%	45%	
		11 or more cigarettes	18%	13%	

Total		1 cigarette or less	40%	44%	
		2 to 10 cigarettes	40%	44%	
		11 or more cigarettes	20%	12%	County statistically higher

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

2 Alcohol, Tobacco and other Drug Use

2.14 Among students who smoked cigarettes in the past month and were under age 18, how they obtained cigarettes

		Orleans	Vermont	Notes	
Grade	9th	Bought them	.	5%	Too few students
		Someone else bought them	.	27%	Too few students
		Borrowed/bummed them	.	37%	Too few students
		Took them / some other way	.	31%	Too few students

10th	Bought them	.	7%	Too few students	
	Someone else bought them	.	26%	Too few students	
	Borrowed/bummed them	.	41%	Too few students	
	Took them / some other way	.	26%	Too few students	

11th	Bought them	.	12%	Too few students	
	Someone else bought them	.	31%	Too few students	
	Borrowed/bummed them	.	39%	Too few students	
	Took them / some other way	.	17%	Too few students	

12th	Bought them	.	14%	Too few students	
	Someone else bought them	.	32%	Too few students	
	Borrowed/bummed them	.	41%	Too few students	
	Took them / some other way	.	14%	Too few students	

Sex	Female	Bought them	.	6%	Too few students
		Someone else bought them	.	30%	Too few students
		Borrowed/bummed them	.	45%	Too few students
		Took them / some other way	.	19%	Too few students

Male	Bought them	.	14%	Too few students	
	Someone else bought them	.	28%	Too few students	
	Borrowed/bummed them	.	34%	Too few students	
	Took them / some other way	.	24%	Too few students	

Total	Bought them	22%	10%	County statistically higher	
	Someone else bought them	23%	29%		
	Borrowed/bummed them	35%	39%		
	Took them / some other way	21%	22%		

*2 Alcohol, Tobacco and other Drug Use***2.15 Among current smokers, the percent of smokers who tried to quit smoking, past 12 months**

		Orleans	Vermont	Notes
Grade	9th	.	45%	Too few students
	10th	.	46%	Too few students
	11th	.	44%	Too few students
	12th	.	39%	Too few students
Sex	Female	.	43%	Too few students
	Male	33%	41%	
Total		39%	42%	

2.16 Percent of students who have ever used electronic vapor products such as e-cigarettes, vaping pens, e-hookahs, and hookah pens.

		Orleans	Vermont	Notes
Grade	9th	19%	18%	
	10th	27%	28%	
	11th	37%	35%	
	12th	32%	39%	
Sex	Female	26%	27%	
	Male	31%	33%	
Total		28%	30%	

2.17 Percent of students who have used electronic vapor products, past 30 days

		Orleans	Vermont	Notes
Grade	9th	7%	10%	
	10th	13%	14%	
	11th	20%	17%	
	12th	18%	19%	
Sex	Female	13%	13%	
	Male	17%	18%	
Total		15%	15%	

*2 Alcohol, Tobacco and other Drug Use***2.18 Percent of students who have ever tried a flavored tobacco product**

		Orleans	Vermont	Notes
Grade	9th	15%	15%	
	10th	23%	21%	
	11th	31%	29%	
	12th	37%	32%	
Sex	Female	23%	20%	
	Male	30%	28%	
Total		26%	24%	

2.19 Percent of students who tried a flavored tobacco product before age 13

		Orleans	Vermont	Notes
Grade	9th	8%	6%	
	10th	8%	5%	
	11th	9%	6%	
	12th	6%	5%	
Sex	Female	6%	4%	
	Male	10%	7%	County statistically higher
Total		8%	6%	County statistically higher

NOTE: Flavored tobacco products include any tobacco product flavored to taste like menthol (mint), clove, spice, alcohol (wine or cognac), candy, fruit, chocolate, or other sweets.

*2 Alcohol, Tobacco and other Drug Use***2.20 Percent of students who used smokeless tobacco such as snuff or dip, past 30 days**

		Orleans	Vermont	Notes
Grade	9th	7%	5%	
	10th	11%	6%	County statistically higher
	11th	14%	8%	County statistically higher
	12th	11%	8%	
Sex	Female	4%	3%	
	Male	18%	11%	County statistically higher
Total		11%	7%	County statistically higher

2.21 Percent of students who smoked cigars or little cigars, past 30 days

		Orleans	Vermont	Notes
Grade	9th	3%	5%	
	10th	5%	8%	
	11th	9%	12%	
	12th	15%	16%	
Sex	Female	4%	6%	
	Male	12%	14%	
Total		8%	10%	County statistically lower

*2 Alcohol, Tobacco and other Drug Use***2.22 Percent of students who smoked cigarettes, cigars or little cigars, or used smokeless tobacco, during the past 30 days**

		Orleans	Vermont	Notes
Grade	9th	10%	11%	
	10th	16%	15%	
	11th	22%	21%	
	12th	29%	25%	
Sex	Female	12%	13%	
	Male	27%	23%	
Total		19%	18%	

2.23 Percent of students who smoked cigarettes, cigars or little cigars, used smokeless tobacco, or electronic vapor products during the past 30 days

		Orleans	Vermont	Notes
Grade	9th	13%	16%	
	10th	21%	22%	
	11th	31%	28%	
	12th	33%	32%	
Sex	Female	20%	20%	
	Male	30%	29%	
Total		25%	25%	

*2 Alcohol, Tobacco and other Drug Use***2.24 Percent of students who have ever tried marijuana**

		Orleans	Vermont	Notes
Grade	9th	20%	22%	
	10th	34%	32%	
	11th	39%	44%	
	12th	44%	49%	
Sex	Female	37%	36%	
	Male	31%	38%	County statistically lower
Total		34%	37%	

2.25 Percent of students who used marijuana before age 13

		Orleans	Vermont	Notes
Grade	9th	6%	6%	
	10th	7%	6%	
	11th	7%	7%	
	12th	6%	6%	
Sex	Female	5%	5%	
	Male	8%	8%	
Total		6%	6%	

2.26 Percent of students who used marijuana, past 30 days

		Orleans	Vermont	Notes
Grade	9th	12%	13%	
	10th	21%	20%	
	11th	21%	27%	
	12th	26%	29%	
Sex	Female	22%	21%	
	Male	18%	24%	County statistically lower
Total		20%	22%	

2 Alcohol, Tobacco and other Drug Use

2.27 Among those who currently use marijuana, the number of times reported using marijuana, in the last month

			Orleans	Vermont	Notes
Grade	9th	1 to 2 times	.	36%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	40%	Too few students

	10th	1 to 2 times	.	32%	Too few students
		3 to 9 times	.	26%	Too few students
		10+ times	.	42%	Too few students

	11th	1 to 2 times	.	30%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	46%	Too few students

	12th	1 to 2 times	34%	29%	
		3 to 9 times	14%	23%	
		10+ times	51%	48%	

Sex	Female	1 to 2 times	43%	37%	
		3 to 9 times	24%	26%	
		10+ times	33%	37%	

	Male	1 to 2 times	21%	26%	
		3 to 9 times	28%	23%	
		10+ times	51%	52%	

Total	1 to 2 times		33%	31%	
	3 to 9 times		26%	24%	
	10+ times		41%	45%	

*2 Alcohol, Tobacco and other Drug Use***2.28 Percent of students who ever misused a stimulant or prescription pain reliever**

		Orleans	Vermont	Notes
Grade	9th	6%	8%	
	10th	9%	10%	
	11th	14%	13%	
	12th	12%	14%	
Sex	Female	10%	11%	
	Male	10%	12%	
Total		10%	11%	

2.29 Percent of students who misused a stimulant or prescription pain reliever in the past 30 days

		Orleans	Vermont	Notes
Grade	9th	3%	4%	
	10th	4%	4%	
	11th	6%	5%	
	12th	5%	6%	
Sex	Female	4%	4%	
	Male	5%	5%	
Total		4%	5%	

2.30 Percent of students who ever used cocaine

		Orleans	Vermont	Notes
Grade	9th	2%	3%	
	10th	4%	4%	
	11th	6%	5%	
	12th	10%	7%	
Sex	Female	4%	4%	
	Male	7%	6%	
Total		6%	5%	

*2 Alcohol, Tobacco and other Drug Use***2.31 Percent of students who ever used inhalants**

		Orleans	Vermont	Notes
Grade	9th	5%	7%	
	10th	9%	6%	
	11th	7%	7%	
	12th	7%	5%	
Sex	Female	7%	6%	
	Male	7%	7%	
Total		7%	7%	

2.32 Percent of students who ever used methamphetamines

		Orleans	Vermont	Notes
Grade	9th	2%	2%	
	10th	3%	2%	
	11th	4%	3%	
	12th	4%	3%	
Sex	Female	2%	2%	
	Male	5%	3%	
Total		3%	3%	

2.33 Percent of students who ever used heroin

		Orleans	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	2%	Too few students
	11th	3%	2%	
	12th	3%	3%	
Sex	Female	1%	1%	
	Male	4%	3%	
Total		3%	2%	

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.01 Percent of students who were in the same room as someone smoking, past 7 days

		Orleans	Vermont	Notes
Grade	9th	36%	34%	
	10th	49%	36%	County statistically higher
	11th	50%	39%	County statistically higher
	12th	50%	38%	County statistically higher
Sex	Female	49%	37%	County statistically higher
	Male	42%	37%	County statistically higher
Total		46%	37%	County statistically higher

3.02 Percent of students who were in the same car as someone smoking, past 7 days

		Orleans	Vermont	Notes
Grade	9th	32%	25%	County statistically higher
	10th	41%	27%	County statistically higher
	11th	35%	28%	County statistically higher
	12th	35%	28%	County statistically higher
Sex	Female	40%	28%	County statistically higher
	Male	31%	27%	County statistically higher
Total		36%	27%	County statistically higher

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use _____

3.03 Frequency in which students see advertisements for tobacco when they are in a grocery store, gas station, or convenience store.

			Orleans	Vermont	Notes
Grade	9th	Never or rarely	17%	19%	
		Sometimes	22%	27%	
		At least most of the time	62%	54%	County statistically higher

	10th	Never or rarely	17%	19%	
		Sometimes	18%	27%	County statistically lower
		At least most of the time	65%	53%	County statistically higher

	11th	Never or rarely	18%	21%	
		Sometimes	28%	28%	
		At least most of the time	54%	52%	

	12th	Never or rarely	16%	22%	County statistically lower
		Sometimes	30%	28%	
		At least most of the time	54%	50%	

Sex	Female	Never or rarely	15%	19%	
		Sometimes	24%	28%	County statistically lower
		At least most of the time	61%	53%	County statistically higher

	Male	Never or rarely	18%	22%	
		Sometimes	25%	26%	
		At least most of the time	56%	51%	

Total		Never or rarely	17%	21%	County statistically lower
		Sometimes	25%	27%	
		At least most of the time	59%	52%	County statistically higher

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use _____

In 2015, 11% of Vermont high school students reported smoking cigarettes in the last 30 days and 22% of students reported using marijuana during that same time period. Students were asked about their perceptions on how many students smoke and use marijuana.

3.04 Out of 100 high school students, the number thought to smoke cigarettes

	Orleans	Vermont	Notes
15 or less students	14%	19%	County statistically lower
16 to 25 students	22%	29%	County statistically lower
26 to 45 students	24%	24%	
46 to 55 students	18%	14%	County statistically higher
56 to 75 students	11%	8%	County statistically higher
76 or more students	12%	7%	County statistically higher

3.05 Out of 100 high school students, the number thought to use marijuana

	Orleans	Vermont	Notes
15 or less students	9%	8%	
16 to 25 students	15%	13%	
26 to 45 students	18%	21%	County statistically lower
46 to 55 students	20%	21%	
56 to 75 students	20%	20%	
76 or more students	18%	16%	

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.06 Percent of students who think their parents think it is wrong for them to smoke cigarettes

		Orleans	Vermont	Notes
Grade	9th	92%	94%	
	10th	93%	93%	
	11th	88%	92%	
	12th	82%	87%	
Sex	Female	89%	93%	County statistically lower
	Male	89%	90%	
Total		89%	91%	County statistically lower

3.07 Percent of students who think their parents think it is wrong for them to drink alcohol

		Orleans	Vermont	Notes
Grade	9th	79%	84%	County statistically lower
	10th	67%	78%	County statistically lower
	11th	58%	70%	County statistically lower
	12th	46%	57%	County statistically lower
Sex	Female	66%	74%	County statistically lower
	Male	59%	70%	County statistically lower
Total		62%	72%	County statistically lower

3.08 Percent of students who think their parents think it is wrong for them to smoke marijuana

		Orleans	Vermont	Notes
Grade	9th	89%	87%	
	10th	81%	82%	
	11th	80%	78%	
	12th	72%	74%	
Sex	Female	80%	82%	
	Male	81%	79%	
Total		80%	80%	

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.09 Percent of students who think it is wrong for someone their age to smoke cigarettes

		Orleans	Vermont	Notes
Grade	9th	87%	87%	
	10th	75%	84%	County statistically lower
	11th	73%	77%	
	12th	61%	67%	
Sex	Female	74%	80%	County statistically lower
	Male	74%	77%	
Total		74%	78%	County statistically lower

3.10 Percent of students who think it is wrong for someone their age to drink alcohol

		Orleans	Vermont	Notes
Grade	9th	64%	70%	
	10th	52%	58%	
	11th	37%	47%	County statistically lower
	12th	33%	38%	
Sex	Female	46%	54%	County statistically lower
	Male	47%	53%	County statistically lower
Total		47%	53%	County statistically lower

3.11 Percent of students who think it is wrong for someone their age to smoke marijuana

		Orleans	Vermont	Notes
Grade	9th	73%	70%	
	10th	54%	59%	
	11th	53%	51%	
	12th	42%	44%	
Sex	Female	54%	57%	
	Male	57%	55%	
Total		56%	56%	

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use _____

3.12 Percent of students who think people their age risk harming themselves if they smoke a pack of cigarettes a day

		Orleans	Vermont	Notes
Grade	9th	55%	62%	
	10th	60%	66%	
	11th	61%	66%	
	12th	61%	66%	
Sex	Female	63%	67%	
	Male	55%	63%	County statistically lower
Total		59%	65%	County statistically lower

3.13 Percent of students who think people their age risk harming themselves if they binge drink on weekends

		Orleans	Vermont	Notes
Grade	9th	36%	42%	
	10th	34%	40%	
	11th	35%	36%	
	12th	33%	35%	
Sex	Female	39%	43%	
	Male	30%	33%	
Total		35%	38%	

3.14 Percent of students who think people their age risk harming themselves if they smoke marijuana regularly

		Orleans	Vermont	Notes
Grade	9th	32%	35%	
	10th	24%	29%	
	11th	25%	22%	
	12th	21%	21%	
Sex	Female	27%	30%	
	Male	24%	24%	
Total		25%	27%	

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use _____

3.15 Percent of students who think it would be easy to get cigarettes

		Orleans	Vermont	Notes
Grade	9th	48%	44%	
	10th	58%	55%	
	11th	71%	64%	
	12th	81%	80%	
Sex	Female	64%	57%	County statistically higher
	Male	64%	64%	
Total		65%	61%	County statistically higher

3.16 Percent of students who think it would be easy to get alcohol

		Orleans	Vermont	Notes
Grade	9th	58%	60%	
	10th	70%	68%	
	11th	76%	74%	
	12th	79%	75%	
Sex	Female	71%	71%	
	Male	70%	68%	
Total		70%	69%	

3.17 Percent of students who think it would be easy to get marijuana

		Orleans	Vermont	Notes
Grade	9th	46%	46%	
	10th	59%	60%	
	11th	69%	69%	
	12th	76%	74%	
Sex	Female	62%	60%	
	Male	63%	65%	
Total		62%	62%	

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.18 Percent of students who were asked if they smoked by a health care provider, past 12 months

		Orleans	Vermont	Notes
Grade	9th	50%	44%	
	10th	58%	50%	County statistically higher
	11th	58%	57%	
	12th	68%	60%	County statistically higher
Sex	Female	63%	56%	County statistically higher
	Male	53%	50%	
Total		59%	53%	County statistically higher

3.19 Percent of students who think it is likely or very likely that a party where students from their high school were drinking alcohol would be broken up by police

		Orleans	Vermont	Notes
Grade	9th	36%	36%	
	10th	30%	30%	
	11th	20%	27%	County statistically lower
	12th	19%	24%	
Sex	Female	28%	29%	
	Male	25%	29%	County statistically lower
Total		26%	29%	

3.20 Percent of students who were offered, sold or given an illegal drug on school property, past 12 months

		Orleans	Vermont	Notes
Grade	9th	13%	15%	
	10th	22%	19%	
	11th	22%	20%	
	12th	17%	18%	
Sex	Female	18%	15%	
	Male	20%	21%	
Total		19%	18%	

4 Sexual Behavior and Orientation

4.01 Sexual orientation

			Orleans	Vermont	Notes
Grade	9th	Heterosexual (straight)	91%	88%	
		Gay or lesbian	2%	2%	
		Bisexual	4%	6%	
		Not sure	3%	5%	

	10th	Heterosexual (straight)	91%	89%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	4%	6%	
		Not sure	4%	4%	

	11th	Heterosexual (straight)	91%	88%	
		Gay or lesbian	3%	2%	
		Bisexual	4%	6%	
		Not sure	.	4%	Too few students

	12th	Heterosexual (straight)	89%	88%	
		Gay or lesbian	3%	2%	
		Bisexual	5%	6%	
		Not sure	3%	4%	

Sex	Female	Heterosexual (straight)	89%	84%	County statistically higher
		Gay or lesbian	2%	2%	
		Bisexual	6%	10%	County statistically lower
		Not sure	3%	5%	

	Male	Heterosexual (straight)	92%	92%	
		Gay or lesbian	2%	2%	
		Bisexual	2%	3%	
		Not sure	4%	4%	

Total		Heterosexual (straight)	90%	88%	County statistically higher
		Gay or lesbian	2%	2%	
		Bisexual	4%	6%	County statistically lower
		Not sure	3%	4%	

*4 Sexual Behavior and Orientation***4.02 Percent of students who have ever had sexual intercourse**

		Orleans	Vermont	Notes
Grade	9th	20%	18%	
	10th	41%	33%	County statistically higher
	11th	58%	49%	County statistically higher
	12th	72%	62%	County statistically higher
Sex	Female	52%	40%	County statistically higher
	Male	43%	41%	
Total		48%	41%	County statistically higher

4.03 Percent of students who have ever had oral sex

		Orleans	Vermont	Notes
Grade	9th	19%	21%	
	10th	41%	37%	
	11th	55%	50%	
	12th	68%	60%	County statistically higher
Sex	Female	48%	41%	County statistically higher
	Male	44%	42%	
Total		46%	42%	County statistically higher

4.04 Percent of students who had sexual intercourse before age 13

		Orleans	Vermont	Notes
Grade	9th	2%	3%	
	10th	3%	3%	
	11th	4%	3%	
	12th	3%	4%	
Sex	Female	2%	2%	
	Male	5%	4%	
Total		3%	3%	

*4 Sexual Behavior and Orientation***4.05 Percent of students who have had sexual intercourse with four or more people**

		Orleans	Vermont	Notes
Grade	9th	3%	3%	
	10th	7%	6%	
	11th	15%	11%	
	12th	27%	19%	County statistically higher
Sex	Female	13%	9%	County statistically higher
	Male	13%	10%	
Total		13%	10%	County statistically higher

4.06 Percent of students who have ever been tested for HIV

		Orleans	Vermont	Notes
Grade	9th	6%	7%	
	10th	8%	8%	
	11th	14%	12%	
	12th	19%	14%	
Sex	Female	13%	11%	
	Male	11%	9%	
Total		12%	10%	

*4 Sexual Behavior and Orientation***4.07 Percent of students who had sex at least once in the past 3 months (currently sexually active)**

		Orleans	Vermont	Notes
Grade	9th	13%	12%	
	10th	31%	24%	County statistically higher
	11th	46%	38%	County statistically higher
	12th	61%	49%	County statistically higher
Sex	Female	42%	33%	County statistically higher
	Male	33%	30%	
Total		38%	31%	County statistically higher

4.08 Of sexually active students, percent who used alcohol or drugs the last time they had sex

		Orleans	Vermont	Notes
Grade	9th	.	18%	Too few students
	10th	17%	19%	
	11th	19%	18%	
	12th	17%	18%	
Sex	Female	14%	15%	
	Male	24%	22%	
Total		18%	19%	

4.09 Of sexually active students, percent who used condoms the last time they had sex

		Orleans	Vermont	Notes
Grade	9th	.	65%	Too few students
	10th	65%	65%	
	11th	57%	58%	
	12th	54%	54%	
Sex	Female	53%	55%	
	Male	64%	62%	
Total		58%	58%	

*4 Sexual Behavior and Orientation***4.10 Of sexually active students, percent who used prescription birth control the last time they had sex.**

Birth control included using prescription birth control pills, shot, patch, ring, or IUD

		Orleans	Vermont	Notes
Grade	9th	.	28%	Too few students
	10th	39%	39%	
	11th	41%	49%	
	12th	58%	54%	
Sex	Female	57%	55%	
	Male	31%	38%	
Total		46%	47%	

4.11 Of sexually active students, those who used either a condom or prescription birth control the last time they had sex

		Orleans	Vermont	Notes
Grade	9th	.	80%	Too few students
	10th	87%	87%	
	11th	83%	88%	
	12th	90%	87%	
Sex	Female	88%	88%	
	Male	82%	86%	
Total		85%	87%	

4 Sexual Behavior and Orientation

4.12 Of sexually active students, methods used to prevent pregnancy used the last time they had sex

			Orleans	Vermont	Notes
Grade	9th	No method was used	.	12%	Too few students
		Birth control pills	.	19%	Too few students
		Condoms	.	50%	Too few students
		IUD or implant	.	4%	Too few students
		Shot/patch/birth control ring	.	5%	Too few students
		Withdrawal/other method	.	8%	Too few students
		Not sure	.	3%	Too few students

	10th	No method was used	.	7%	Too few students
		Birth control pills	30%	28%	
		Condoms	47%	46%	
		IUD or implant	.	5%	Too few students
		Shot/patch/birth control ring	9%	6%	
		Withdrawal/other method	9%	6%	
		Not sure	.	2%	Too few students

	11th	No method was used	11%	6%	
		Birth control pills	27%	37%	
		Condoms	40%	37%	
		IUD or implant	9%	7%	
		Shot/patch/birth control ring	6%	6%	
		Withdrawal/other method	8%	6%	
		Not sure	.	1%	Too few students

	12th	No method was used	.	7%	Too few students
		Birth control pills	29%	40%	County statistically lower
		Condoms	30%	32%	
		IUD or implant	14%	7%	County statistically higher
		Shot/patch/birth control ring	14%	7%	County statistically higher
		Withdrawal/other method	8%	6%	
		Not sure	.	2%	Too few students

4 Sexual Behavior and Orientation

			Orleans	Vermont	Notes
Sex	Female	No method was used	7%	7%	
		Birth control pills	31%	39%	
		Condoms	30%	31%	
		IUD or implant	12%	8%	
		Shot/patch/birth control ring	14%	8%	County statistically higher
		Withdrawal/other method	6%	5%	
		Not sure	.	1%	Too few students

	Male	No method was used	7%	7%	
		Birth control pills	21%	30%	County statistically lower
		Condoms	48%	45%	
		IUD or implant	4%	4%	
		Shot/patch/birth control ring	5%	4%	
		Withdrawal/other method	11%	7%	
		Not sure	.	3%	Too few students

Total		No method was used	7%	7%	
		Birth control pills	27%	35%	County statistically lower
		Condoms	37%	38%	
		IUD or implant	9%	6%	
		Shot/patch/birth control ring	10%	6%	County statistically higher
		Withdrawal/other method	8%	6%	
		Not sure	.	2%	Too few students

Cont. Of sexually active students, methods used to prevent pregnancy used the last time they had sex

*4 Sexual Behavior and Orientation***4.13 Sexual identity of sexual contacts**

			Orleans	Vermont	Notes
Sex	Female	Have not had sex	37%	45%	County statistically lower
		Same sex	.	1%	Too few students
		Opposite sex	56%	46%	County statistically higher
		Both sexes	6%	7%	

	Male	Have not had sex	43%	43%	
		Same sex	.	1%	Too few students
		Opposite sex	54%	53%	
		Both sexes	2%	2%	

Total	Have not had sex		40%	44%	County statistically lower
	Same sex		1%	1%	
	Opposite sex		55%	50%	County statistically higher
	Both sexes		4%	5%	

5 Body Image

5.01 The percent of students who are overweight (85th to <95th BMI percentile)

		Orleans	Vermont	Notes
Grade	9th	14%	15%	
	10th	19%	14%	
	11th	17%	14%	
	12th	13%	13%	
Sex	Female	15%	14%	
	Male	16%	14%	
Total		16%	14%	

5.02 The percent of students who are obese (>=95th BMI percentile)

		Orleans	Vermont	Notes
Grade	9th	15%	12%	
	10th	16%	13%	
	11th	18%	12%	County statistically higher
	12th	13%	12%	
Sex	Female	10%	9%	
	Male	21%	16%	County statistically higher
Total		16%	12%	County statistically higher

NOTE: BMI = body mass index; For youth, BMI is age- and sex-specific. It is expressed by a percentile based on weight and height.

5 Body Image

5.03 Perceptions of weight

			Orleans	Vermont	Notes
Grade	9th	Underweight	12%	15%	
		About the right weight	59%	56%	
		Overweight	29%	29%	
<hr/>					
	10th	Underweight	7%	13%	County statistically lower
		About the right weight	54%	55%	
		Overweight	39%	32%	County statistically higher
<hr/>					
	11th	Underweight	12%	13%	
		About the right weight	50%	55%	
		Overweight	38%	31%	
<hr/>					
	12th	Underweight	13%	13%	
		About the right weight	58%	55%	
		Overweight	29%	32%	
<hr/>					
Sex	Female	Underweight	10%	10%	
		About the right weight	54%	54%	
		Overweight	36%	36%	
<hr/>					
	Male	Underweight	13%	17%	County statistically lower
		About the right weight	57%	57%	
		Overweight	31%	26%	County statistically higher
<hr/>					
Total		Underweight	11%	14%	County statistically lower
		About the right weight	55%	55%	
		Overweight	34%	31%	

5 Body Image

5.04 Students who are trying to do something about their weight

			Orleans	Vermont	Notes
Grade	9th	Lose weight	38%	41%	
		Gain weight	13%	12%	
		Stay the same weight /do nothing	49%	47%	

	10th	Lose weight	50%	43%	
		Gain weight	10%	13%	
		Stay the same weight /do nothing	41%	44%	

	11th	Lose weight	48%	42%	
		Gain weight	11%	14%	
		Stay the same weight /do nothing	42%	44%	

	12th	Lose weight	42%	42%	
		Gain weight	12%	15%	
		Stay the same weight /do nothing	46%	42%	

Sex	Female	Lose weight	56%	56%	
		Gain weight	7%	4%	County statistically higher
		Stay the same weight /do nothing	37%	40%	

	Male	Lose weight	32%	28%	
		Gain weight	16%	23%	County statistically lower
		Stay the same weight /do nothing	52%	49%	

Total		Lose weight	44%	42%	
		Gain weight	11%	14%	County statistically lower
		Stay the same weight /do nothing	45%	44%	

*6 Nutrition and Physical Activity***6.01 Hours spent per school day watching TV, playing video games or using the computer for fun.**

In 2015, the definition of screen time was expanded. Caution should be taken when making comparisons to previous years.

			Orleans	Vermont	Notes
Grade	9th	Less than 1 hour	16%	14%	
		1 to 2 hours	36%	36%	
		3 to 4 hours	31%	33%	
		5+ hours	17%	18%	

	10th	Less than 1 hour	15%	14%	
		1 to 2 hours	31%	36%	
		3 to 4 hours	28%	32%	
		5+ hours	26%	18%	County statistically higher

	11th	Less than 1 hour	19%	15%	
		1 to 2 hours	38%	38%	
		3 to 4 hours	23%	32%	County statistically lower
		5+ hours	20%	16%	

	12th	Less than 1 hour	19%	16%	
		1 to 2 hours	37%	36%	
		3 to 4 hours	29%	32%	
		5+ hours	15%	17%	

Sex	Female	Less than 1 hour	20%	15%	County statistically higher
		1 to 2 hours	37%	37%	
		3 to 4 hours	27%	32%	County statistically lower
		5+ hours	17%	16%	

	Male	Less than 1 hour	15%	14%	
		1 to 2 hours	35%	36%	
		3 to 4 hours	29%	32%	
		5+ hours	22%	18%	

Total		Less than 1 hour	17%	15%	
		1 to 2 hours	36%	36%	
		3 to 4 hours	28%	32%	County statistically lower
		5+ hours	19%	17%	

6 Nutrition and Physical Activity

6.02 The number of days students participated in at least 60 minutes of physical activity during the past 7 days

			Orleans	Vermont	Notes
Grade	9th	0 days	7%	11%	County statistically lower
		1 to 2 days	16%	16%	
		3 to 6 days	51%	47%	
		Everyday	26%	25%	

	10th	0 days	18%	13%	County statistically lower
		1 to 2 days	18%	15%	
		3 to 6 days	47%	47%	
		Everyday	17%	24%	

	11th	0 days	14%	15%	
		1 to 2 days	19%	17%	
		3 to 6 days	43%	45%	
		Everyday	24%	22%	

	12th	0 days	16%	17%	
		1 to 2 days	18%	18%	
		3 to 6 days	46%	44%	
		Everyday	20%	21%	

Sex	Female	0 days	16%	17%	
		1 to 2 days	22%	20%	
		3 to 6 days	48%	48%	
		Everyday	15%	16%	

	Male	0 days	10%	12%	
		1 to 2 days	13%	14%	
		3 to 6 days	46%	44%	
		Everyday	30%	30%	

Total		0 days	13%	14%	
		1 to 2 days	17%	17%	
		3 to 6 days	47%	46%	
		Everyday	22%	23%	

*6 Nutrition and Physical Activity***6.03 The percent of students who ate fruits and vegetables 5 or more times per day, past 7 days**

		Orleans	Vermont	Notes
Grade	9th	28%	23%	
	10th	17%	23%	County statistically lower
	11th	20%	23%	
	12th	26%	24%	
Sex	Female	22%	22%	
	Male	24%	25%	
Total		23%	24%	

6.04 The percent of students who ate fruits or fruit juice 2 or more times per day, past 7 days

		Orleans	Vermont	Notes
Grade	9th	37%	34%	
	10th	30%	34%	
	11th	32%	34%	
	12th	33%	35%	
Sex	Female	31%	33%	
	Male	35%	35%	
Total		33%	34%	

6.05 The percent of students who ate vegetables 3 or more times per day, past 7 days

		Orleans	Vermont	Notes
Grade	9th	16%	17%	
	10th	13%	17%	
	11th	13%	18%	
	12th	22%	19%	
Sex	Female	15%	17%	
	Male	17%	19%	
Total		16%	18%	

*6 Nutrition and Physical Activity***6.06 The percent of students who did not eat any fruit or fruit juice, past 7 days**

		Orleans	Vermont	Notes
Grade	9th	3%	5%	
	10th	6%	4%	
	11th	5%	4%	
	12th	4%	4%	
Sex	Female	4%	3%	
	Male	5%	5%	
Total		4%	4%	

6.07 The percent of students who did not any eat vegetables, past 7 days

		Orleans	Vermont	Notes
Grade	9th	3%	5%	
	10th	5%	4%	
	11th	3%	4%	
	12th	4%	4%	
Sex	Female	2%	3%	
	Male	5%	6%	
Total		4%	4%	

6 Nutrition and Physical Activity

6.08 The number of days students ate breakfast during the past 7 days

			Orleans	Vermont	Notes
Grade	9th	Never	9%	11%	
		1 to 3 days	24%	25%	
		4 to 6 days	21%	22%	
		Everyday	46%	42%	

	10th	Never	9%	11%	
		1 to 3 days	29%	24%	
		4 to 6 days	23%	24%	
		Everyday	38%	41%	

	11th	Never	9%	10%	
		1 to 3 days	23%	25%	
		4 to 6 days	29%	24%	
		Everyday	39%	40%	

	12th	Never	10%	11%	
		1 to 3 days	26%	25%	
		4 to 6 days	24%	25%	
		Everyday	40%	39%	

Sex	Female	Never	8%	11%	
		1 to 3 days	29%	27%	
		4 to 6 days	24%	24%	
		Everyday	38%	38%	

	Male	Never	10%	11%	
		1 to 3 days	22%	23%	
		4 to 6 days	24%	23%	
		Everyday	44%	43%	

Total		Never	9%	11%	
		1 to 3 days	25%	25%	
		4 to 6 days	24%	24%	
		Everyday	41%	40%	

6 Nutrition and Physical Activity

6.09 The number of glasses of water students drank yesterday

			Orleans	Vermont	Notes
Grade	9th	None	10%	9%	
		1 to 3 glasses	59%	60%	
		4+ glasses	31%	32%	

	10th	None	8%	8%	
		1 to 3 glasses	58%	58%	
		4+ glasses	33%	34%	

	11th	None	7%	8%	
		1 to 3 glasses	62%	60%	
		4+ glasses	31%	32%	

	12th	None	10%	9%	
		1 to 3 glasses	52%	57%	
		4+ glasses	38%	34%	

Sex	Female	None	8%	8%	
		1 to 3 glasses	59%	62%	
		4+ glasses	33%	31%	

	Male	None	10%	9%	
		1 to 3 glasses	56%	56%	
		4+ glasses	34%	35%	

Total	None		9%	9%	
	1 to 3 glasses		58%	59%	
	4+ glasses		33%	33%	

6 Nutrition and Physical Activity

6.10 Amount of soda students drank during the past 7 days

			Orleans	Vermont	Notes
Grade	9th	None	29%	32%	
		At least once during the past week	56%	54%	
		At least once per day	15%	14%	
<hr/>					
	10th	None	25%	33%	County statistically lower
		At least once during the past week	57%	53%	
		At least once per day	18%	14%	
<hr/>					
	11th	None	34%	33%	
		At least once during the past week	55%	51%	
		At least once per day	12%	15%	
<hr/>					
	12th	None	31%	36%	
		At least once during the past week	53%	49%	
		At least once per day	17%	15%	
<hr/>					
Sex	Female	None	37%	42%	County statistically lower
		At least once during the past week	52%	48%	
		At least once per day	11%	9%	
<hr/>					
	Male	None	22%	25%	
		At least once during the past week	58%	55%	
		At least once per day	20%	20%	
<hr/>					
Total	None		30%	33%	County statistically lower
	At least once during the past week		55%	52%	
	At least once per day		15%	15%	

6 Nutrition and Physical Activity

6.11 The amount of sugar-sweetened beverages (not including soda) students drank during past 7 days

			Orleans	Vermont	Notes
Grade	9th	None	23%	25%	
		At least once during the past week	61%	61%	
		At least once per day	16%	14%	

	10th	None	22%	25%	
		At least once during the past week	60%	59%	
		At least once per day	18%	15%	

	11th	None	25%	26%	
		At least once during the past week	62%	59%	
		At least once per day	13%	16%	

	12th	None	21%	29%	County statistically lower
		At least once during the past week	62%	57%	
		At least once per day	17%	15%	

Sex	Female	None	23%	30%	County statistically lower
		At least once during the past week	65%	59%	County statistically higher
		At least once per day	12%	11%	

	Male	None	22%	22%	
		At least once during the past week	57%	58%	
		At least once per day	21%	19%	

Total		None	22%	26%	County statistically lower
		At least once during the past week	61%	59%	
		At least once per day	16%	15%	

7 Youth Assets

7.01 Typical grades in the past 12 months, as reported by students

			Orleans	Vermont	Notes
Grade	9th	Mostly As or Bs	79%	76%	
		Mostly Cs	10%	13%	
		Mostly Ds or Fs	6%	4%	
		Other / Not sure	5%	7%	

	10th	Mostly As or Bs	68%	77%	County statistically lower
		Mostly Cs	20%	14%	County statistically higher
		Mostly Ds or Fs	6%	4%	
		Other / Not sure	6%	5%	

	11th	Mostly As or Bs	75%	80%	
		Mostly Cs	20%	13%	County statistically higher
		Mostly Ds or Fs	2%	3%	
		Other / Not sure	3%	4%	

	12th	Mostly As or Bs	77%	83%	
		Mostly Cs	14%	11%	
		Mostly Ds or Fs	6%	2%	County statistically higher
		Other / Not sure	3%	4%	

Sex	Female	Mostly As or Bs	80%	84%	County statistically lower
		Mostly Cs	12%	9%	County statistically higher
		Mostly Ds or Fs	3%	3%	
		Other / Not sure	5%	4%	

	Male	Mostly As or Bs	70%	74%	
		Mostly Cs	19%	16%	
		Mostly Ds or Fs	7%	4%	County statistically higher
		Other / Not sure	4%	6%	

Total		Mostly As or Bs	75%	79%	County statistically lower
		Mostly Cs	15%	13%	County statistically higher
		Mostly Ds or Fs	5%	3%	County statistically higher
		Other / Not sure	4%	5%	

7 Youth Assets

7.02 The percent of students participating in extracurricular activities, hours per week

			Orleans	Vermont	Notes
Grade	9th	0 hours	33%	32%	
		1 to 4 hours	31%	30%	
		5 to 9 hours	16%	17%	
		10 or more hours	20%	21%	
	10th	0 hours	46%	32%	County statistically higher
		1 to 4 hours	29%	28%	
		5 to 9 hours	11%	16%	County statistically lower
		10 or more hours	14%	24%	County statistically lower
	11th	0 hours	38%	32%	
		1 to 4 hours	29%	27%	
		5 to 9 hours	16%	16%	
		10 or more hours	17%	25%	County statistically lower
	12th	0 hours	34%	32%	
		1 to 4 hours	24%	26%	
		5 to 9 hours	16%	16%	
		10 or more hours	26%	27%	
Sex	Female	0 hours	37%	31%	County statistically higher
		1 to 4 hours	29%	29%	
		5 to 9 hours	15%	16%	
		10 or more hours	19%	24%	County statistically lower
	Male	0 hours	38%	33%	
		1 to 4 hours	27%	27%	
		5 to 9 hours	14%	16%	
		10 or more hours	21%	24%	
Total		0 hours	37%	32%	County statistically higher
		1 to 4 hours	28%	28%	
		5 to 9 hours	15%	16%	
		10 or more hours	20%	24%	County statistically lower

*7 Youth Assets***7.03 The percent of students who spoke with their parents at least weekly about school**

		Orleans	Vermont	Notes
Grade	9th	78%	78%	
	10th	74%	77%	
	11th	77%	77%	
	12th	70%	75%	
Sex	Female	75%	77%	
	Male	74%	76%	
Total		75%	76%	

7.04 The percent of students who agree that in their community they feel like they matter to people

		Orleans	Vermont	Notes
Grade	9th	44%	49%	
	10th	43%	48%	
	11th	44%	50%	
	12th	55%	54%	
Sex	Female	41%	47%	County statistically lower
	Male	52%	54%	
Total		46%	50%	County statistically lower

7.05 The percent of students who agree that teachers really care about them and give them lots of encouragement

		Orleans	Vermont	Notes
Grade	9th	55%	59%	
	10th	55%	57%	
	11th	54%	64%	County statistically lower
	12th	60%	69%	County statistically lower
Sex	Female	53%	60%	County statistically lower
	Male	59%	64%	
Total		56%	62%	County statistically lower

*7 Youth Assets***7.06 The percent of students who agree that students help decide what goes on in school**

		Orleans	Vermont	Notes
Grade	9th	42%	50%	County statistically lower
	10th	41%	46%	
	11th	47%	46%	
	12th	46%	49%	
Sex	Female	44%	48%	
	Male	43%	48%	
Total		44%	48%	County statistically lower

7.07 The percent of students who report that they will probably or definitely complete a post high school program

		Orleans	Vermont	Notes
Grade	9th	78%	75%	County statistically lower
	10th	74%	80%	
	11th	83%	83%	
	12th	87%	84%	
Sex	Female	85%	83%	
	Male	76%	78%	
Total		80%	80%	

2015 Vermont Youth Risk Behavior Survey Report

Middle School Report for Orleans County

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

Demographics

Orleans
Number of Middle School Students in Orleans County

Orleans County Total

573

Sex	Total	%
Missing	2	0%
Female	263	45%
Male	308	53%

Grade	Total	%
Missing	2	0%
6th grade	112	19%
7th grade	230	40%
8th grade	229	39%

Age	Total	%
Missing	1	0%
11 years or younger	51	8%
12 years	156	27%
13 years	232	40%
14 years or older	133	23%

Race / Ethnicity	Total	%
Missing	41	7%
Racial or ethnic minority	86	15%
White non-Hispanic	446	77%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Orleans County. Not all students indicated their sex or grade, therefore the totals in these tables may not add up to the total number of students in the county or state who participated. All other numbers represented in this report are weighted to reflect the enrolled student population.

Demographics

Vermont
Number of Middle School Students in Vermont

Vermont Total

13648

Sex	Total	%
Missing	96	0%
Female	6713	49%
Male	6839	50%

Grade	Total	%
Missing	86	0%
6th grade	2899	21%
7th grade	5337	39%
8th grade	5326	39%

Age	Total	%
Missing	63	.
11 years or younger	1445	10%
12 years	3983	29%
13 years	5240	38%
14 years or older	2917	21%

Race / Ethnicity	Total	%
Missing	926	6%
Racial or ethnic minority	2357	17%
White non-Hispanic	10365	75%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who have ever been in a physical fight**

		Orleans	Vermont	Notes
Grade	6th	47%	42%	
	7th	42%	41%	
	8th	48%	44%	
Sex	Female	25%	28%	
	Male	64%	57%	County statistically higher
Total		45%	43%	

1.02 Percent of students who were bullied at least once, past 30 days

		Orleans	Vermont	Notes
Grade	6th	28%	24%	
	7th	23%	25%	
	8th	26%	22%	
Sex	Female	29%	30%	
	Male	22%	18%	
Total		26%	24%	

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight or when teasing is done in a friendly way. Electronic bullying occurs through e-mail, chat rooms, instant messaging, Web sites, or texting.

*1 Personal Safety***1.03 Percent of students who reported they had ever been electronically bullied**

		Orleans	Vermont	Notes
Grade	6th	23%	21%	
	7th	24%	26%	
	8th	30%	28%	
Sex	Female	34%	36%	
	Male	18%	16%	
Total		26%	26%	

1.04 Percent of students who were ever bullied at school

		Orleans	Vermont	Notes
Grade	6th	60%	46%	County statistically higher
	7th	51%	48%	
	8th	45%	45%	
Sex	Female	56%	53%	
	Male	46%	40%	
Total		51%	46%	

1.05 Percent of students who bullied someone at least once, past 30 days

		Orleans	Vermont	Notes
Grade	6th	13%	8%	
	7th	15%	9%	County statistically higher
	8th	17%	11%	County statistically higher
Sex	Female	12%	10%	
	Male	19%	9%	County statistically higher
Total		16%	10%	County statistically higher

*1 Personal Safety***1.06 Percent of students who did not go to school because they felt unsafe, past 30 days**

		Orleans	Vermont	Notes
Grade	6th	5%	8%	
	7th	6%	7%	
	8th	5%	7%	
Sex	Female	5%	9%	County statistically lower
	Male	5%	6%	
Total		5%	7%	

1.07 Percent of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities, past 12 months

		Orleans	Vermont	Notes
Grade	6th	15%	17%	
	7th	20%	19%	
	8th	24%	22%	
Sex	Female	30%	27%	
	Male	12%	13%	
Total		20%	20%	

1.08 Percent of students who ever seriously thought about suicide

		Orleans	Vermont	Notes
Grade	6th	17%	14%	
	7th	11%	16%	
	8th	18%	22%	
Sex	Female	21%	23%	
	Male	11%	12%	
Total		15%	18%	

*1 Personal Safety***1.09 Percent of students who ever made a suicide plan**

		Orleans	Vermont	Notes
Grade	6th	10%	9%	
	7th	6%	11%	County statistically lower
	8th	10%	15%	County statistically lower
Sex	Female	11%	16%	County statistically lower
	Male	7%	8%	
Total		9%	12%	County statistically lower

1.10 Percent of students who ever attempted suicide

		Orleans	Vermont	Notes
Grade	6th	5%	5%	
	7th	3%	5%	
	8th	5%	8%	
Sex	Female	7%	8%	
	Male	2%	3%	
Total		4%	6%	

1.11 Percent of students who had at least one sunburn in the past 12 months

		Orleans	Vermont	Notes
Grade	6th	50%	51%	
	7th	51%	55%	
	8th	59%	56%	
Sex	Female	59%	58%	
	Male	49%	51%	
Total		54%	54%	

1 Personal Safety

1.12 Bicycle helmet use among those who rode a bicycle in the past 12 months

			Orleans	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	57%	26%	County statistically higher
		Sometimes wear a helmet	14%	15%	
		Most of the time / always wear a helmet	29%	59%	County statistically lower

	7th	Never / rarely wear a helmet	46%	31%	County statistically higher
		Sometimes wear a helmet	18%	16%	
		Most of the time / always wear a helmet	36%	52%	County statistically lower

	8th	Never / rarely wear a helmet	63%	41%	County statistically higher
		Sometimes wear a helmet	12%	15%	
		Most of the time / always wear a helmet	25%	43%	County statistically lower

Sex	Female	Never / rarely wear a helmet	50%	31%	County statistically higher
		Sometimes wear a helmet	17%	17%	
		Most of the time / always wear a helmet	32%	52%	County statistically lower

	Male	Never / rarely wear a helmet	59%	36%	County statistically higher
		Sometimes wear a helmet	13%	14%	
		Most of the time / always wear a helmet	28%	49%	County statistically lower

Total		Never / rarely wear a helmet	55%	34%	County statistically higher
		Sometimes wear a helmet	15%	16%	
		Most of the time / always wear a helmet	30%	51%	County statistically lower

1 Personal Safety

1.13 Helmet use while rollerblading or skateboarding (of those students who rollerbladed or skateboarded)

			Orleans	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	.	31%	Too few students
		Sometimes wear a helmet	.	11%	Too few students
		Most of the time / always wear a helmet	.	58%	Too few students

	7th	Never / rarely wear a helmet	49%	42%	
		Sometimes wear a helmet	13%	13%	
		Most of the time / always wear a helmet	38%	45%	

	8th	Never / rarely wear a helmet	52%	52%	
		Sometimes wear a helmet	12%	12%	
		Most of the time / always wear a helmet	37%	36%	

Sex	Female	Never / rarely wear a helmet	58%	45%	County statistically higher
		Sometimes wear a helmet	9%	13%	
		Most of the time / always wear a helmet	34%	43%	

	Male	Never / rarely wear a helmet	48%	41%	
		Sometimes wear a helmet	13%	12%	
		Most of the time / always wear a helmet	39%	47%	

Total		Never / rarely wear a helmet	52%	43%	County statistically higher
		Sometimes wear a helmet	11%	12%	
		Most of the time / always wear a helmet	37%	45%	

*1 Personal Safety***1.14 Percent of students who reported never or rarely wearing a seatbelt while riding in a car**

		Orleans	Vermont	Notes
Grade	6th	7%	2%	County statistically higher
	7th	3%	3%	
	8th	6%	4%	
Sex	Female	2%	2%	County statistically higher
	Male	8%	3%	
Total		5%	3%	County statistically higher

1.15 Percent of students who ever rode in a car driven by someone who had been drinking

		Orleans	Vermont	Notes
Grade	6th	27%	15%	County statistically higher
	7th	28%	19%	County statistically higher
	8th	39%	25%	County statistically higher
Sex	Female	33%	21%	County statistically higher
	Male	32%	19%	County statistically higher
Total		32%	20%	County statistically higher

2 Alcohol, Tobacco, and Other Drug Use

2.01 Percent of students who ever drank alcohol other than a few sips

		Orleans	Vermont	Notes
Grade	6th	23%	10%	County statistically higher
	7th	26%	15%	County statistically higher
	8th	27%	24%	
Sex	Female	21%	16%	County statistically higher
	Male	30%	18%	County statistically higher
Total		26%	17%	County statistically higher

2.02 Percent of students who drank alcohol other than a few sips before age 11

		Orleans	Vermont	Notes
Grade	6th	19%	7%	County statistically higher
	7th	12%	6%	County statistically higher
	8th	6%	6%	
Sex	Female	7%	5%	
	Male	14%	8%	County statistically higher
Total		11%	6%	County statistically higher

2.03 Percent of students who drank any alcohol, past 30 days

		Orleans	Vermont	Notes
Grade	6th	6%	3%	
	7th	9%	5%	County statistically higher
	8th	11%	10%	
Sex	Female	10%	6%	County statistically higher
	Male	9%	7%	
Total		9%	6%	County statistically higher

2 Alcohol, Tobacco, and Other Drug Use

2.04 Percent of students who binge drank (5 or more alcoholic drinks in a row), past 30 days

		Orleans	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	2%	1%	
	8th	4%	4%	
Sex	Female	2%	2%	
	Male	4%	2%	
Total		3%	2%	

2.05 Percent of students who ever tried cigarette smoking, even one or two puffs

		Orleans	Vermont	Notes
Grade	6th	9%	4%	County statistically higher
	7th	13%	7%	County statistically higher
	8th	17%	13%	
Sex	Female	13%	9%	County statistically higher
	Male	15%	9%	County statistically higher
Total		14%	9%	County statistically higher

2.06 Percent of students who ever smoked a whole cigarette

		Orleans	Vermont	Notes
Grade	6th	8%	2%	County statistically higher
	7th	7%	4%	
	8th	10%	8%	
Sex	Female	7%	5%	
	Male	9%	5%	County statistically higher
Total		8%	5%	County statistically higher

2 Alcohol, Tobacco, and Other Drug Use

2.07 Percent of students who smoked a whole cigarette by age 11

		Orleans	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	2%	2%	
Sex	Female	2%	1%	
	Male	2%	2%	
Total		2%	1%	

2.08 Percent of students who smoked cigarettes, past 30 days

		Orleans	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	2%	Too few students
	8th	3%	3%	
Sex	Female	3%	2%	
	Male	2%	2%	
Total		3%	2%	

*2 Alcohol, Tobacco, and Other Drug Use***2.9 Percent of students who ever used electronic vapor products such as e-cigarettes**

		Orleans	Vermont	Notes
Grade	6th	11%	3%	County statistically higher
	7th	7%	6%	
	8th	14%	11%	
Sex	Female	11%	7%	County statistically higher
	Male	10%	7%	
Total		10%	7%	County statistically higher

2.10 Percent of students who used electronic vapor products such as e-cigarettes during the past 30 days

		Orleans	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	3%	2%	
	8th	5%	5%	
Sex	Female	2%	3%	
	Male	5%	3%	
Total		4%	3%	

2.11 Percent of students who used chewing tobacco, snuff, or dip, past 30 days

		Orleans	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	5%	1%	County statistically higher
	8th	7%	3%	County statistically higher
Sex	Female	.	1%	Too few students
	Male	9%	3%	County statistically higher
Total		6%	2%	County statistically higher

2 Alcohol, Tobacco, and Other Drug Use

2.12 Percent of students who smoked cigars, cigarillos, or little cigars, past 30 days

		Orleans	Vermont	Notes
Grade	6th	5%	1%	County statistically higher
	7th	2%	1%	
	8th	2%	2%	
Sex	Female	2%	1%	
	Male	3%	2%	
Total		3%	2%	

2.13 Percent of students who used a tobacco product such as cigarettes, smokeless tobacco, or cigars, in the past 30 days

		Orleans	Vermont	Notes
Grade	6th	7%	2%	County statistically higher
	7th	5%	3%	
	8th	9%	6%	
Sex	Female	4%	3%	
	Male	10%	4%	County statistically higher
Total		7%	4%	County statistically higher

2.14 Percent of students who used any tobacco products including e-cigarettes in the past 30 days

		Orleans	Vermont	Notes
Grade	6th	9%	3%	County statistically higher
	7th	6%	4%	
	8th	12%	8%	
Sex	Female	5%	5%	
	Male	13%	6%	County statistically higher
Total		9%	5%	County statistically higher

2 Alcohol, Tobacco, and Other Drug Use

2.15 Percent of smokers who attempted to quit smoking, past 12 months

		Orleans	Vermont	Notes
Grade	6th	.	.	Too few students
	7th	.	58%	Too few students
	8th	.	45%	Too few students
Sex	Female	.	48%	Too few students
	Male	.	47%	Too few students
Total		.	48%	Too few students

2.16 Percent of students who have ever used marijuana

		Orleans	Vermont	Notes
Grade	6th	9%	2%	County statistically higher
	7th	7%	5%	
	8th	10%	11%	
Sex	Female	5%	6%	County statistically higher
	Male	13%	7%	
Total		9%	7%	

2.17 Percent of students who used marijuana by age 11

		Orleans	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	2%	2%	
Sex	Female	.	1%	Too few students
	Male	2%	2%	
Total		1%	1%	

*2 Alcohol, Tobacco, and Other Drug Use***2.18 Percent of students who used marijuana, past 30 days**

		Orleans	Vermont	Notes
Grade	6th	6%	1%	County statistically higher
	7th	4%	3%	
	8th	4%	6%	
Sex	Female	2%	3%	
	Male	6%	4%	
Total		4%	4%	

2.19 Percent of students who have ever used inhalants

		Orleans	Vermont	Notes
Grade	6th	7%	5%	
	7th	4%	4%	
	8th	4%	6%	
Sex	Female	5%	5%	
	Male	5%	5%	
Total		5%	5%	

2.20 Percent of students who ever took a prescription drug without a doctor's prescription

		Orleans	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	4%	3%	
	8th	3%	4%	
Sex	Female	4%	3%	
	Male	3%	3%	
Total		3%	3%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.01 Percent of students who were in the same room with someone who was smoking cigarettes, past 7 days

		Orleans	Vermont	Notes
Grade	6th	40%	24%	County statistically higher
	7th	37%	28%	County statistically higher
	8th	42%	31%	County statistically higher
Sex	Female	41%	29%	County statistically higher
	Male	39%	27%	County statistically higher
Total		40%	28%	County statistically higher

3.02 Percent of students who were in the same car with someone who was smoking cigarettes, past 7 days

		Orleans	Vermont	Notes
Grade	6th	34%	17%	County statistically higher
	7th	29%	20%	County statistically higher
	8th	38%	23%	County statistically higher
Sex	Female	34%	22%	County statistically higher
	Male	34%	19%	County statistically higher
Total		34%	21%	County statistically higher

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.03 Percent of students who, always or most of the time saw advertisements for tobacco products at supermarkets or gas stations

		Orleans	Vermont	Notes
Grade	6th	56%	47%	
	7th	54%	52%	
	8th	64%	55%	County statistically higher
Sex	Female	61%	52%	County statistically higher
	Male	56%	52%	
Total		59%	52%	County statistically higher

3.04 Percent of students who, in the past 12 months, were asked if they smoke by a health professional

		Orleans	Vermont	Notes
Grade	6th	19%	15%	
	7th	29%	26%	
	8th	42%	35%	
Sex	Female	35%	28%	
	Male	31%	26%	
Total		33%	27%	County statistically higher

3.05 Students perceptions about out of 100 Vermont high school students the number who smoke cigarettes

	Orleans	Vermont	Notes
15 or less students	13%	16%	County statistically lower
16 to 25 students	20%	25%	County statistically lower
26 to 45 students	29%	24%	County statistically higher
46 to 55 students	15%	16%	
56 to 75 students	11%	9%	
76 or more students	12%	10%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.06 Percent of students who think their parents would think it is wrong or very wrong for them to smoke cigarettes

		Orleans	Vermont	Notes
Grade	6th	96%	96%	
	7th	96%	96%	
	8th	97%	96%	
Sex	Female	96%	97%	
	Male	97%	96%	
Total		96%	96%	

3.07 Percent of students who think their parents would think it is wrong or very wrong for them to drink alcohol

		Orleans	Vermont	Notes
Grade	6th	90%	92%	
	7th	90%	92%	
	8th	89%	90%	
Sex	Female	92%	93%	
	Male	87%	90%	
Total		90%	91%	

3.08 Percent of students who think their parents would think it is wrong or very wrong for them to smoke marijuana

		Orleans	Vermont	Notes
Grade	6th	93%	96%	
	7th	93%	95%	
	8th	95%	92%	
Sex	Female	94%	94%	
	Male	94%	94%	
Total		94%	94%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.09 Percent of students who think it would be wrong or very wrong for someone their age to smoke cigarettes

		Orleans	Vermont	Notes
Grade	6th	94%	97%	
	7th	93%	95%	
	8th	91%	92%	
Sex	Female	94%	95%	
	Male	92%	94%	
Total		93%	94%	

3.10 Percent of students who think it would be wrong or very wrong for someone their age to drink alcohol

		Orleans	Vermont	Notes
Grade	6th	86%	94%	County statistically lower
	7th	86%	90%	County statistically lower
	8th	80%	83%	
Sex	Female	86%	90%	
	Male	81%	87%	County statistically lower
Total		84%	88%	County statistically lower

3.11 Percent of students who think it would be wrong or very wrong for someone their age to smoke marijuana

		Orleans	Vermont	Notes
Grade	6th	91%	97%	County statistically lower
	7th	91%	92%	
	8th	87%	83%	
Sex	Female	91%	91%	
	Male	89%	89%	
Total		90%	90%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.12 Percent of students who think people their age greatly risk harming themselves if they smoke one or more packs of cigarettes a day

		Orleans	Vermont	Notes
Grade	6th	66%	70%	
	7th	71%	72%	
	8th	71%	72%	
Sex	Female	72%	71%	
	Male	68%	72%	
Total		70%	71%	

3.13 Percent of students who think that people their age greatly risk harming themselves if they have five or more drinks of alcohol once or twice each weekend

		Orleans	Vermont	Notes
Grade	6th	45%	49%	
	7th	47%	49%	
	8th	43%	46%	
Sex	Female	47%	49%	
	Male	43%	46%	
Total		45%	48%	

3.14 Percent of students who think that people their age greatly risk harming themselves if they smoke marijuana regularly

		Orleans	Vermont	Notes
Grade	6th	61%	67%	
	7th	61%	61%	
	8th	55%	51%	
Sex	Female	59%	60%	
	Male	58%	58%	
Total		59%	59%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.15 Percent of students who report that it would be easy or very easy to get cigarettes

		Orleans	Vermont	Notes
Grade	6th	22%	18%	
	7th	27%	24%	
	8th	37%	34%	
Sex	Female	28%	25%	
	Male	32%	29%	
Total		30%	27%	

3.16 Percent of students who report that it would be easy or very easy to get alcohol

		Orleans	Vermont	Notes
Grade	6th	20%	24%	
	7th	35%	33%	
	8th	41%	46%	
Sex	Female	37%	35%	
	Male	33%	37%	
Total		35%	36%	

3.17 Percent of students who report that it would be easy or very easy to get marijuana

		Orleans	Vermont	Notes
Grade	6th	10%	6%	
	7th	12%	12%	
	8th	13%	22%	County statistically lower
Sex	Female	10%	13%	
	Male	14%	16%	
Total		12%	14%	

*4 Sexual Behavior***4.01 Percent of students who have ever had sexual intercourse**

		Orleans	Vermont	Notes
Grade	6th	8%	3%	County statistically higher
	7th	7%	4%	
	8th	10%	8%	
Sex	Female	6%	4%	County statistically higher
	Male	10%	7%	
Total		8%	6%	County statistically higher

4.02 Percent of students who have ever had oral sex

		Orleans	Vermont	Notes
Grade	6th	6%	2%	County statistically higher
	7th	5%	3%	
	8th	7%	9%	
Sex	Female	6%	5%	
	Male	6%	6%	
Total		6%	5%	

*5 Nutrition and Physical Activity***5.01 Number of times during the past 7 days students ate breakfast**

			Orleans	Vermont	Notes
Grade	6th	Never	9%	4%	
		1 to 3 times	10%	13%	
		4 to 6 times	22%	22%	
		Everyday	58%	61%	

	7th	Never	4%	7%	
		1 to 3 times	19%	16%	
		4 to 6 times	24%	25%	
		Everyday	53%	51%	

	8th	Never	5%	8%	
		1 to 3 times	17%	20%	
		4 to 6 times	29%	25%	
		Everyday	49%	48%	

Sex	Female	Never	4%	8%	County statistically lower
		1 to 3 times	22%	21%	
		4 to 6 times	27%	26%	
		Everyday	47%	45%	

	Male	Never	7%	6%	
		1 to 3 times	11%	13%	
		4 to 6 times	25%	23%	
		Everyday	58%	59%	

Total	Never		5%	7%	
	1 to 3 times		16%	17%	
	4 to 6 times		26%	24%	
	Everyday		52%	52%	

5 Nutrition and Physical Activity

5.02 Percent of students who reported drinking at least four bottles or glasses of water a day

		Orleans	Vermont	Notes
Grade	6th	45%	45%	
	7th	41%	41%	
	8th	34%	39%	
Sex	Female	36%	38%	
	Male	41%	44%	
Total		39%	41%	

*5 Nutrition and Physical Activity***5.03 Number of days students participated in at least 60 minutes of physical activity in the past 7 days**

			Orleans	Vermont	Notes
Grade	6th	Never	10%	8%	
		1 to 4 days	35%	32%	
		5 to 6 days	20%	27%	
		Everyday	35%	33%	

	7th	Never	10%	7%	
		1 to 4 days	35%	34%	
		5 to 6 days	26%	28%	
		Everyday	28%	31%	

	8th	Never	6%	8%	
		1 to 4 days	40%	36%	
		5 to 6 days	28%	27%	
		Everyday	27%	29%	

Sex	Female	Never	8%	8%	
		1 to 4 days	43%	39%	
		5 to 6 days	29%	30%	
		Everyday	20%	23%	

	Male	Never	9%	8%	
		1 to 4 days	31%	29%	
		5 to 6 days	24%	25%	
		Everyday	37%	38%	

Total	Never		8%	8%	
	1 to 4 days		37%	34%	
	5 to 6 days		26%	27%	
	Everyday		29%	31%	

5 Nutrition and Physical Activity

5.04 Number of times students participated in physical activity breaks outside of physical education courses in an average school week

			Orleans	Vermont	Notes
Grade	6th	0 days	24%	18%	
		1 to 2 days	13%	15%	
		3 to 4 days	7%	19%	County statistically lower
		Everyday	55%	48%	

	7th	0 days	37%	30%	County statistically higher
		1 to 2 days	15%	17%	
		3 to 4 days	14%	17%	
		Everyday	35%	36%	

	8th	0 days	39%	33%	County statistically higher
		1 to 2 days	18%	16%	
		3 to 4 days	18%	16%	
		Everyday	25%	35%	County statistically lower

Sex	Female	0 days	35%	28%	County statistically higher
		1 to 2 days	18%	18%	
		3 to 4 days	13%	17%	
		Everyday	34%	38%	

	Male	0 days	36%	28%	County statistically higher
		1 to 2 days	14%	15%	
		3 to 4 days	16%	17%	
		Everyday	35%	40%	

Total		0 days	35%	28%	County statistically higher
		1 to 2 days	16%	16%	
		3 to 4 days	14%	17%	
		Everyday	34%	39%	County statistically lower

*5 Nutrition and Physical Activity***5.05 Number of hours spent watching TV on an average school day**

			Orleans	Vermont	Notes
Grade	6th	1 hour or less per day	53%	60%	
		2 to 4 hours per day	35%	34%	
		5 or more hours per day	13%	6%	County statistically higher

	7th	1 hour or less per day	52%	57%	
		2 to 4 hours per day	40%	37%	
		5 or more hours per day	8%	6%	

	8th	1 hour or less per day	59%	57%	
		2 to 4 hours per day	35%	37%	
		5 or more hours per day	6%	7%	

Sex	Female	1 hour or less per day	60%	57%	
		2 to 4 hours per day	34%	37%	
		5 or more hours per day	7%	6%	

	Male	1 hour or less per day	50%	58%	County statistically lower
		2 to 4 hours per day	40%	35%	
		5 or more hours per day	10%	7%	

Total	1 hour or less per day		55%	58%	
	2 to 4 hours per day		37%	36%	
	5 or more hours per day		8%	6%	

*5 Nutrition and Physical Activity***5.06 Number of hours spent playing video games or going online for something not related to school, on an average school day**

			Orleans	Vermont	Notes
Grade	6th	1 hour or less per day	46%	55%	County statistically higher
		2 to 4 hours per day	33%	33%	
		5 or more hours per day	21%	12%	

	7th	1 hour or less per day	45%	46%	
		2 to 4 hours per day	43%	40%	
		5 or more hours per day	12%	14%	

	8th	1 hour or less per day	41%	40%	
		2 to 4 hours per day	44%	41%	
		5 or more hours per day	16%	19%	

Sex	Female	1 hour or less per day	46%	48%	
		2 to 4 hours per day	39%	37%	
		5 or more hours per day	14%	15%	

	Male	1 hour or less per day	41%	44%	
		2 to 4 hours per day	44%	41%	
		5 or more hours per day	16%	15%	

Total	1 hour or less per day		43%	46%	
	2 to 4 hours per day		42%	39%	
	5 or more hours per day		15%	15%	

5 Nutrition and Physical Activity

5.07 Number of days in the average week students went online for something not school-related

			Orleans	Vermont	Notes
Grade	6th	Never	31%	22%	
		1 to 5 days	39%	45%	
		At least six days	30%	33%	

	7th	Never	25%	16%	County statistically higher
		1 to 5 days	38%	41%	
		At least six days	37%	42%	

	8th	Never	16%	11%	County statistically higher
		1 to 5 days	39%	34%	
		At least six days	45%	55%	County statistically lower

Sex	Female	Never	19%	13%	County statistically higher
		1 to 5 days	40%	41%	
		At least six days	41%	46%	

	Male	Never	25%	18%	County statistically higher
		1 to 5 days	38%	38%	
		At least six days	37%	44%	County statistically lower

Total	Never		22%	15%	County statistically higher
	1 to 5 days		39%	39%	
	At least six days		39%	45%	County statistically lower

*6 Youth Assets***6.01 Percent of students who talk to their parents about school at least weekly**

		Orleans	Vermont	Notes
Grade	6th	74%	81%	
	7th	76%	80%	
	8th	75%	78%	
Sex	Female	80%	80%	
	Male	71%	79%	County statistically lower
Total		75%	79%	County statistically lower

6.02 Percent of students who agree or strongly agree that 'in your community you feel like you matter to people'

		Orleans	Vermont	Notes
Grade	6th	50%	60%	
	7th	54%	56%	
	8th	48%	51%	
Sex	Female	47%	50%	
	Male	55%	59%	
Total		51%	55%	

*6 Youth Assets***6.03 Percent of students who agree or strongly agree that their teachers really care about them and give them a lot of encouragement**

		Orleans	Vermont	Notes
Grade	6th	65%	69%	
	7th	60%	62%	
	8th	57%	59%	
Sex	Female	64%	62%	
	Male	56%	64%	County statistically lower
Total		60%	63%	

6.04 Percent of students who agree or strongly agree that students help decide what goes on in school

		Orleans	Vermont	Notes
Grade	6th	38%	45%	
	7th	46%	44%	
	8th	33%	39%	
Sex	Female	41%	42%	
	Male	37%	43%	
Total		39%	43%	