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# **2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT**

## **REPORT FOR ORLEANS COUNTY**

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Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at [www.healthvermont.gov/yrbs](http://www.healthvermont.gov/yrbs)

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## About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at:  
[www.healthvermont.gov/yrbs](http://www.healthvermont.gov/yrbs)

## METHODOLOGY

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such as during all math classes or during a specific hour, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDC's Healthy Youth-DASH website at:

<https://www.cdc.gov/healthyouth/data/yrbs/methods>

## USING THE YRBS RESULTS

### ENGAGING STUDENTS, SCHOOLS, AND COMMUNITIES

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

Start the Conversation: Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

Increase Awareness: The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

Plan and Evaluate Programs: The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at:

<http://www.upforlearning.org/initiatives/getting-to-y>

## POPULATIONS IN FOCUS

Adverse health outcomes and behaviors experienced by specific populations are not intrinsic to youth themselves and are often instead due to social, economic and environmental inequities.

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the county or district. Smaller areas may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.

## UNDERSTANDING AND INTERPRETING THE RESULTS

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular county.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a county, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

# HIGH SCHOOL RESULTS

## ORLEANS COUNTY REPORT

<http://www.healthvermont.gov/yrbs>

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
ORLEANS COUNTY REPORT

HIGH SCHOOL DEMOGRAPHICS		
	Orleans	VT
Total	970	27349

		Orleans	VT
Sex	Male	52%	51%
	Female	48%	49%
Grade	9th Grade	25%	25%
	10th Grade	25%	25%
	11th Grade	25%	25%
	12th Grade	25%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	84%	83%
	Students of Color (REM)	16%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	91%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	9%	11%

SECTION 2: PERSONAL SAFETY  
 VIOLENCE AND BULLYING

WERE IN A PHYSICAL FIGHT, PAST YEAR

		Orleans	VT	
Overall		23%	17%	Overall Differences: State vs County
Sex	Male	31%	22%	County > VT
	Female	16%	11%	
				Within County Differences
Grade	Grade 9	25%	21%	Males > Females REM > WnH
	Grade 10	28%	18%	
	Grade 11	24%	15%	
	Grade 12	18%	13%	
Race	WnH	21%	16%	
	REM	35%	23%	
Sexual Orientation	Het/Cis	23%	16%	
	LGBT	29%	23%	

WERE IN A PHYSICAL FIGHT ON SCHOOL PROPERTY, PAST YEAR

		Orleans	VT	
Overall		11%	7%	Overall Differences: State vs County
Sex	Male	15%	9%	County > VT
	Female	5%	3%	
				Within County Differences
Grade	Grade 9	12%	9%	Males > Females REM > WnH
	Grade 10	14%	7%	
	Grade 11	10%	6%	
	Grade 12	7%	4%	
Race	WnH	9%	5%	
	REM	17%	11%	
Sexual Orientation	Het/Cis	10%	6%	
	LGBT	16%	10%	



SECTION 2: PERSONAL SAFETY  
 VIOLENCE AND BULLYING

<b>CARRIED A WEAPON ON SCHOOL PROPERTY, PAST 30 DAYS</b>				
		<b>Orleans</b>	<b>VT</b>	
Overall		11%	7%	Overall Differences: State vs County
Sex	Male	20%	10%	County > VT
	Female	2%	3%	
Within County Differences				
Grade	Grade 9	9%	5%	Males > Females
	Grade 10	12%	6%	Too few students by sexual orientation
	Grade 11	10%	8%	
	Grade 12	15%	8%	
Race	WnH	11%	6%	
	REM	11%	10%	
Sexual Orientation	Het/Cis	12%	6%	
	LGBT	.	10%	

<b>WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY, PAST YEAR</b>				
		<b>Orleans</b>	<b>VT</b>	
Overall		9%	5%	Overall Differences: State vs County
Sex	Male	12%	6%	County > VT
	Female	6%	3%	
Within County Differences				
Grade	Grade 9	10%	6%	Males > Females
	Grade 10	11%	5%	REM > WnH
	Grade 11	6%	4%	
	Grade 12	8%	4%	
Race	WnH	7%	4%	
	REM	15%	9%	
Sexual Orientation	Het/Cis	8%	4%	
	LGBT	12%	10%	

SECTION 2: PERSONAL SAFETY  
 VIOLENCE AND BULLYING

WERE ELECTRONICALLY BULLIED, PAST YEAR

		Orleans	VT	
Overall		19%	16%	Overall Differences: State vs County
Sex	Male	12%	10%	County > VT
	Female	26%	22%	
				Within County Differences
Grade	Grade 9	27%	19%	Females > Males
	Grade 10	17%	16%	9 > 10
	Grade 11	17%	15%	9 > 12
	Grade 12	15%	13%	LGBT > Het/CIS
Race	WnH	19%	15%	
	REM	19%	18%	
Sexual Orientation	Het/Cis	17%	14%	
	LGBT	32%	30%	

WERE BULLIED, PAST 30 DAYS

		Orleans	VT	
Overall		21%	16%	Overall Differences: State vs County
Sex	Male	16%	11%	County > VT
	Female	26%	20%	
				Within County Differences
Grade	Grade 9	27%	21%	Females > Males
	Grade 10	27%	16%	9 > 11
	Grade 11	17%	14%	9 > 12
	Grade 12	15%	12%	10 > 12
Race	WnH	22%	15%	
	REM	18%	18%	
Sexual Orientation	Het/Cis	20%	14%	
	LGBT	31%	30%	

SECTION 2: PERSONAL SAFETY  
 VIOLENCE AND BULLYING

**BULLIED SOMEONE ELSE, PAST 30 DAYS**

		Orleans	VT	
Overall		16%	9%	Overall Differences: State vs County
Sex	Male	15%	10%	County > VT
	Female	16%	8%	
Grade	Grade 9	15%	9%	Within County Differences
	Grade 10	21%	9%	
	Grade 11	16%	9%	
	Grade 12	12%	8%	
Race	WnH	15%	8%	
	REM	18%	12%	
Sexual Orientation	Het/Cis	16%	8%	
	LGBT	16%	13%	

**DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE, PAST 30 DAYS**

		Orleans	VT	
Overall		6%	5%	Overall Differences: State vs County
Sex	Male	4%	4%	VT and County are Similar
	Female	8%	6%	
Grade	Grade 9	6%	5%	Within County Differences
	Grade 10	7%	5%	
	Grade 11	6%	5%	
	Grade 12	5%	4%	
Race	WnH	6%	4%	
	REM	6%	9%	
Sexual Orientation	Het/Cis	5%	4%	
	LGBT	10%	12%	

SECTION 2: PERSONAL SAFETY  
SEXUAL AND DATING VIOLENCE

WERE EVER PHYSICALLY FORCED TO HAVE SEXUAL INTERCOURSE

		Orleans	VT	
Overall		7%	6%	Overall Differences: State vs County
Sex	Male	4%	3%	VT and County are Similar
	Female	11%	9%	
Grade	Grade 9	5%	5%	Within County Differences
	Grade 10	6%	5%	
	Grade 11	10%	7%	
	Grade 12	9%	7%	
Race	WnH	7%	6%	Females > Males
	REM	7%	9%	
Sexual Orientation	Het/Cis	6%	5%	LGBT > Het/CIS
	LGBT	15%	18%	

EXPERIENCED SEXUAL DATING VIOLENCE, PAST YEAR

		Orleans	VT	
Overall		10%	10%	Overall Differences: State vs County
Sex	Male	5%	5%	VT and County are Similar
	Female	13%	15%	
Grade	Grade 9	11%	10%	Within County Differences
	Grade 10	11%	11%	
	Grade 11	8%	10%	
	Grade 12	8%	9%	
Race	WnH	8%	9%	Females > Males
	REM	14%	14%	
Sexual Orientation	Het/Cis	8%	8%	Too few students by sexual orientation
	LGBT	.	23%	

SECTION 2: PERSONAL SAFETY  
SEXUAL AND DATING VIOLENCE

EXPERIENCED PHYSICAL DATING VIOLENCE, PAST YEAR

		Orleans	VT	
Overall		10%	7%	Overall Differences: State vs County
Sex	Male	6%	6%	County > VT
	Female	14%	8%	
Grade	Grade 9	8%	5%	Within County Differences
	Grade 10	12%	7%	
	Grade 11	8%	7%	
	Grade 12	11%	7%	
Race	WnH	9%	6%	Females > Males  Too few students by sexual orientation
	REM	13%	11%	
Sexual Orientation	Het/Cis	8%	5%	
	LGBT	.	15%	

SECTION 2: PERSONAL SAFETY  
 IMPAIRED DRIVING AND RIDING

**DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 DAYS**

		Orleans	VT	
Overall		12%	7%	Overall Differences: State vs County
Sex	Male	16%	9%	County > VT
	Female	7%	5%	Within County Differences
Grade	Grade 9	10%	5%	Males > Females
	Grade 10	7%	4%	Too few students by sexual orientation
	Grade 11	13%	7%	
	Grade 12	16%	10%	
Race	WnH	11%	6%	
	REM	19%	13%	
Sexual Orientation	Het/Cis	12%	7%	
	LGBT	.	11%	

**DROVE A CAR OR OTHER VEHICLE AFTER USING MARIJUANA, PAST 30 DAYS**

		Orleans	VT	
Overall		14%	14%	Overall Differences: State vs County
Sex	Male	15%	16%	VT and County are Similar
	Female	12%	12%	Within County Differences
Grade	Grade 9	14%	8%	11 > 10
	Grade 10	7%	9%	Too few students by sexual orientation
	Grade 11	17%	15%	
	Grade 12	16%	21%	
Race	WnH	12%	13%	
	REM	22%	20%	
Sexual Orientation	Het/Cis	13%	13%	
	LGBT	.	21%	

SECTION 2: PERSONAL SAFETY  
 IMPAIRED DRIVING AND RIDING

**RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL,  
 PAST 30 DAYS**

		Orleans	VT	
Overall		24%	18%	Overall Differences: State vs County
Sex	Male	23%	17%	County > VT
	Female	25%	19%	Within County Differences
Grade	Grade 9	27%	17%	12 > 11
	Grade 10	21%	18%	
	Grade 11	17%	18%	
	Grade 12	30%	18%	
Race	WnH	23%	18%	
	REM	25%	20%	
Sexual Orientation	Het/Cis	25%	17%	
	LGBT	16%	22%	

**RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA,  
 PAST 30 DAYS**

		Orleans	VT	
Overall		22%	20%	Overall Differences: State vs County
Sex	Male	20%	20%	VT and County are Similar
	Female	23%	20%	Within County Differences
Grade	Grade 9	19%	13%	
	Grade 10	20%	18%	
	Grade 11	23%	22%	
	Grade 12	26%	28%	
Race	WnH	21%	20%	
	REM	26%	23%	
Sexual Orientation	Het/Cis	21%	19%	
	LGBT	25%	29%	

SECTION 2: PERSONAL SAFETY  
 IMPAIRED DRIVING AND RIDING

**TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE, PAST 30 DAYS**

		Orleans	VT	
Overall		35%	34%	Overall Differences: State vs County
Sex	Male	36%	34%	VT and County are Similar
	Female	35%	34%	
Grade	Grade 9	12%	9%	11 > 9
	Grade 10	20%	16%	12 > 9
	Grade 11	52%	42%	12 > 10
	Grade 12	50%	53%	11 > 10
Race	WnH	36%	34%	Too few students by sexual orientation
	REM	38%	32%	
Sexual Orientation	Het/Cis	37%	34%	
	LGBT	.	31%	



SECTION 2: PERSONAL SAFETY  
 INJURY AND PREVENTION

**HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR**

	Orleans	VT	
Never wore a helmet	21%	11%	County > VT
Rarely wore a helmet	5%	3%	County > VT
Sometimes wore a helmet	2%	3%	
Most of the time wore a helmet	9%	9%	
Always wore a helmet	62%	74%	VT > County

**RARELY OR NEVER WEAR A HELMET WHILE SKIING OR SNOWBOARDING, PAST YEAR**

		Orleans	VT	
Overall		26%	14%	Overall Differences: State vs County
Sex	Male	32%	17%	County > VT
	Female	14%	9%	
Grade	Grade 9	20%	11%	Males > Females
	Grade 10	25%	13%	Too few students in at least one grade
	Grade 11	35%	15%	Too few students by race
	Grade 12	.	15%	Too few students by sexual orientation
Race	WnH	21%	12%	
	REM	.	24%	
Sexual Orientation	Het/Cis	26%	12%	
	LGBT	.	24%	

SECTION 2: PERSONAL SAFETY  
INJURY AND PREVENTION

**HAD A CONCUSSION FROM PLAYING A SPORT OR BEING  
PHYSICALLY ACTIVE, PAST YEAR**

		Orleans	VT	
Overall		18%	18%	Overall Differences: State vs County
Sex	Male	22%	20%	VT and County are Similar
	Female	14%	16%	
Grade	Grade 9	23%	20%	Within County Differences  Males > Females  Too few students by sexual orientation
	Grade 10	18%	18%	
	Grade 11	14%	17%	
	Grade 12	16%	16%	
Race	WnH	17%	17%	
	REM	19%	22%	
Sexual Orientation	Het/Cis	19%	18%	
	LGBT	.	15%	

SECTION 2: PERSONAL SAFETY  
 TOBACCO EXPOSURE AND PREVENTION

<b>WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR</b>				
		<b>Orleans</b>	<b>VT</b>	
Overall		59%	54%	Overall Differences: State vs County
Sex	Male	51%	51%	County > VT
	Female	67%	58%	Within County Differences
Grade	Grade 9	52%	47%	Females > Males
	Grade 10	57%	53%	12 > 9
	Grade 11	58%	58%	12 > 10
	Grade 12	72%	61%	12 > 11
Race	WnH	60%	56%	
	REM	56%	50%	
Sexual Orientation	Het/Cis	58%	54%	
	LGBT	69%	62%	

<b>MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS</b>				
		<b>Orleans</b>	<b>VT</b>	
Overall		66%	55%	Overall Differences: State vs County
Sex	Male	61%	53%	County > VT
	Female	71%	56%	Within County Differences
Grade	Grade 9	65%	57%	Females > Males
	Grade 10	64%	56%	
	Grade 11	67%	54%	
	Grade 12	68%	52%	
Race	WnH	66%	56%	
	REM	65%	47%	
Sexual Orientation	Het/Cis	67%	55%	
	LGBT	65%	57%	

SECTION 2: PERSONAL SAFETY  
 TOBACCO EXPOSURE AND PREVENTION

**WERE IN THE SAME CAR AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS**

		Orleans	VT	
Overall		37%	23%	Overall Differences: State vs County
Sex	Male	38%	23%	County > VT
	Female	37%	23%	Within County Differences
Grade	Grade 9	36%	22%	
	Grade 10	40%	23%	
	Grade 11	32%	23%	
	Grade 12	41%	24%	
Race	WnH	37%	22%	
	REM	36%	27%	
Sexual Orientation	Het/Cis	38%	22%	
	LGBT	36%	33%	

**WERE IN THE SAME ROOM AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS**

		Orleans	VT	
Overall		48%	33%	Overall Differences: State vs County
Sex	Male	45%	33%	County > VT
	Female	51%	33%	Within County Differences
Grade	Grade 9	48%	32%	
	Grade 10	48%	33%	
	Grade 11	42%	33%	
	Grade 12	54%	36%	
Race	WnH	48%	33%	
	REM	47%	34%	
Sexual Orientation	Het/Cis	49%	32%	
	LGBT	48%	44%	

SECTION 3: MENTAL HEALTH

**FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, PAST YEAR**

		Orleans	VT	
Overall		26%	25%	Overall Differences: State vs County
Sex	Male	17%	16%	VT and County are Similar
	Female	36%	35%	
Grade	Grade 9	31%	23%	Within County Differences
	Grade 10	22%	26%	
	Grade 11	25%	26%	
	Grade 12	28%	26%	
Race	WnH	25%	25%	LGBT > Het/CIS
	REM	30%	28%	
Sexual Orientation	Het/Cis	23%	21%	
	LGBT	56%	58%	

**DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR**

		Orleans	VT	
Overall		18%	16%	Overall Differences: State vs County
Sex	Male	10%	9%	VT and County are Similar
	Female	27%	25%	
Grade	Grade 9	20%	18%	Within County Differences
	Grade 10	21%	18%	
	Grade 11	16%	16%	
	Grade 12	17%	14%	
Race	WnH	18%	16%	Females > Males
	REM	18%	18%	
Sexual Orientation	Het/Cis	15%	12%	LGBT > Het/CIS
	LGBT	46%	48%	

SECTION 3: MENTAL HEALTH

MADE A PLAN ABOUT HOW THEY WOULD ATTEMPT SUICIDE, PAST YEAR				
		Orleans	VT	
Overall		10%	11%	Overall Differences: State vs County
Sex	Male	6%	7%	VT and County are Similar
	Female	15%	15%	
Grade	Grade 9	13%	11%	Within County Differences
	Grade 10	11%	12%	
	Grade 11	9%	11%	
	Grade 12	8%	10%	
Race	WnH	10%	10%	Females > Males
	REM	10%	15%	
Sexual Orientation	Het/Cis	8%	8%	LGBT > Het/CIS
	LGBT	24%	33%	

ATTEMPTED SUICIDE, PAST YEAR				
		Orleans	VT	
Overall		5%	5%	Overall Differences: State vs County
Sex	Male	3%	4%	VT and County are Similar
	Female	6%	7%	
Grade	Grade 9	6%	6%	Within County Differences
	Grade 10	6%	6%	
	Grade 11	5%	5%	
	Grade 12	3%	4%	
Race	WnH	5%	5%	Too few students by race
	REM	.	8%	
Sexual Orientation	Het/Cis	5%	4%	Too few students by sexual orientation
	LGBT	.	18%	

SECTION 4: SUBSTANCE USE  
LIFETIME USE

EVER SMOKED A WHOLE CIGARETTE

		Orleans	VT	
Overall		35%	24%	Overall Differences: State vs County
Sex	Male	39%	26%	County > VT
	Female	31%	22%	
				Within County Differences
Grade	Grade 9	29%	17%	12 > 9
	Grade 10	30%	21%	
	Grade 11	40%	28%	
	Grade 12	41%	31%	
Race	WnH	34%	23%	
	REM	42%	28%	
Sexual Orientation	Het/Cis	36%	22%	
	LGBT	33%	38%	

SMOKED A CIGARETTE BEFORE AGE 13 YEARS

		Orleans	VT	
Overall		13%	8%	Overall Differences: State vs County
Sex	Male	17%	9%	County > VT
	Female	9%	6%	
				Within County Differences
Grade	Grade 9	13%	8%	Males > Females
	Grade 10	13%	8%	
	Grade 11	12%	8%	
	Grade 12	13%	7%	
Race	WnH	12%	7%	
	REM	19%	12%	
Sexual Orientation	Het/Cis	13%	7%	
	LGBT	12%	14%	

SECTION 4: SUBSTANCE USE  
 LIFETIME USE

EVER USED AN ELECTRONIC VAPOR PRODUCT				
		Orleans	VT	
Overall		43%	34%	Overall Differences: State vs County
Sex	Male	46%	37%	County > VT
	Female	40%	31%	Within County Differences
Grade	Grade 9	40%	23%	Het/CIS > LGBT
	Grade 10	43%	31%	
	Grade 11	45%	38%	
	Grade 12	43%	44%	
Race	WnH	43%	34%	
	REM	43%	35%	
Sexual Orientation	Het/Cis	45%	34%	
	LGBT	29%	38%	

EVER TRIED FLAVORED TOBACCO PRODUCTS				
		Orleans	VT	
Overall		27%	21%	Overall Differences: State vs County
Sex	Male	34%	24%	County > VT
	Female	20%	17%	Within County Differences
Grade	Grade 9	18%	12%	Males > Females
	Grade 10	24%	17%	
	Grade 11	31%	24%	
	Grade 12	36%	30%	
Race	WnH	26%	20%	
	REM	30%	21%	
Sexual Orientation	Het/Cis	28%	20%	
	LGBT	21%	26%	



SECTION 4: SUBSTANCE USE  
 LIFETIME USE

EVER DRANK ALCOHOL				
		Orleans	VT	
Overall		67%	58%	Overall Differences: State vs County
Sex	Male	65%	57%	County > VT
	Female	70%	58%	
				Within County Differences
Grade	Grade 9	58%	41%	12 > 9
	Grade 10	67%	54%	12 > 11
	Grade 11	66%	65%	
	Grade 12	78%	71%	
Race	WnH	68%	58%	
	REM	66%	56%	
Sexual Orientation	Het/Cis	69%	57%	
	LGBT	61%	66%	

DRANK ALCOHOL BEFORE AGE 13 YEARS				
		Orleans	VT	
Overall		21%	14%	Overall Differences: State vs County
Sex	Male	26%	16%	County > VT
	Female	16%	11%	
				Within County Differences
Grade	Grade 9	27%	17%	Males > Females
	Grade 10	18%	13%	
	Grade 11	22%	13%	
	Grade 12	18%	11%	
Race	WnH	20%	12%	
	REM	26%	21%	
Sexual Orientation	Het/Cis	21%	13%	
	LGBT	27%	20%	

SECTION 4: SUBSTANCE USE  
 LIFETIME USE

EVER USED MARIJUANA				
		Orleans	VT	
Overall		40%	37%	Overall Differences: State vs County
Sex	Male	37%	37%	VT and County are Similar
	Female	43%	37%	
				Within County Differences
Grade	Grade 9	31%	23%	11 > 9
	Grade 10	35%	34%	12 > 9
	Grade 11	46%	42%	12 > 10
	Grade 12	49%	50%	
Race	WnH	40%	38%	
	REM	40%	37%	
Sexual Orientation	Het/Cis	41%	36%	
	LGBT	37%	49%	

TRIED MARIJUANA BEFORE AGE 13 YEARS				
		Orleans	VT	
Overall		8%	6%	Overall Differences: State vs County
Sex	Male	11%	7%	County > VT
	Female	5%	5%	
				Within County Differences
Grade	Grade 9	7%	6%	Males > Females
	Grade 10	8%	6%	
	Grade 11	13%	6%	
	Grade 12	3%	5%	
Race	WnH	7%	5%	
	REM	13%	10%	
Sexual Orientation	Het/Cis	8%	5%	
	LGBT	9%	11%	

SECTION 4: SUBSTANCE USE  
 LIFETIME USE

EVER MISUSED PRESCRIPTION PAIN MEDICINE				
		Orleans	VT	
Overall		8%	8%	Overall Differences: State vs County
Sex	Male	8%	8%	VT and County are Similar
	Female	9%	7%	
Grade	Grade 9	7%	6%	Within County Differences
	Grade 10	7%	7%	
	Grade 11	8%	8%	
	Grade 12	11%	9%	
Race	WnH	7%	7%	
	REM	13%	11%	
Sexual Orientation	Het/Cis	8%	7%	
	LGBT	15%	16%	

EVER MISUSED PRESCRIPTION STIMULANTS				
		Orleans	VT	
Overall		5%	6%	Overall Differences: State vs County
Sex	Male	5%	7%	VT and County are Similar
	Female	5%	6%	
Grade	Grade 9	5%	4%	LGBT > Het/CIS
	Grade 10	3%	6%	
	Grade 11	7%	6%	
	Grade 12	6%	9%	
Race	WnH	5%	6%	
	REM	7%	10%	
Sexual Orientation	Het/Cis	4%	5%	
	LGBT	12%	12%	

SECTION 4: SUBSTANCE USE  
 LIFETIME USE

EVER USED COCAINE				
		Orleans	VT	
Overall		5%	4%	Overall Differences: State vs County
Sex	Male	8%	5%	VT and County are Similar
	Female	2%	3%	
				Within County Differences
Grade	Grade 9	.	2%	Males > Females
	Grade 10	4%	3%	Too few students in at least one grade
	Grade 11	7%	4%	Too few students by sexual orientation
	Grade 12	8%	6%	
Race	WnH	4%	3%	
	REM	9%	8%	
Sexual Orientation	Het/Cis	5%	3%	
	LGBT	.	9%	

EVER USED INHALANTS				
		Orleans	VT	
Overall		6%	6%	Overall Differences: State vs County
Sex	Male	8%	6%	VT and County are Similar
	Female	6%	6%	
				Within County Differences
Grade	Grade 9	7%	6%	LGBT > Het/CIS
	Grade 10	7%	6%	
	Grade 11	4%	6%	
	Grade 12	9%	6%	
Race	WnH	6%	5%	
	REM	9%	10%	
Sexual Orientation	Het/Cis	6%	5%	
	LGBT	14%	16%	

SECTION 4: SUBSTANCE USE  
 LIFETIME USE

EVER USED HEROIN				
		Orleans	VT	
Overall		3%	2%	Overall Differences: State vs County
Sex	Male	4%	3%	VT and County are Similar
	Female	.	1%	
				Within County Differences
Grade	Grade 9	.	1%	Too few students by sex
	Grade 10	.	2%	Too few students in at least one grade
	Grade 11	5%	2%	Too few students by sexual orientation
	Grade 12	4%	2%	
Race	WnH	2%	1%	
	REM	6%	5%	
Sexual Orientation	Het/Cis	3%	1%	
	LGBT	.	5%	

EVER USED METHAMPHETAMINES				
		Orleans	VT	
Overall		3%	2%	Overall Differences: State vs County
Sex	Male	4%	3%	VT and County are Similar
	Female	2%	1%	
				Within County Differences
Grade	Grade 9	.	1%	Too few students in at least one grade
	Grade 10	.	2%	Too few students by sexual orientation
	Grade 11	5%	2%	
	Grade 12	5%	3%	
Race	WnH	2%	1%	
	REM	6%	6%	
Sexual Orientation	Het/Cis	3%	2%	
	LGBT	.	5%	

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SECTION 4: SUBSTANCE USE  
CURRENT USE

USED ANY TOBACCO PRODUCTS DURING THE PAST YEAR

		Orleans	VT	
Overall		33%	24%	Overall Differences: State vs County
Sex	Male	40%	28%	County > VT
	Female	25%	18%	
				Within County Differences
Grade	Grade 9	29%	14%	Males > Females
	Grade 10	29%	20%	
	Grade 11	36%	26%	
	Grade 12	39%	33%	
Race	WnH	32%	26%	
	REM	36%	23%	
Sexual Orientation	Het/Cis	35%	23%	
	LGBT	27%	31%	

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS

		Orleans	VT	
Overall		28%	19%	Overall Differences: State vs County
Sex	Male	35%	23%	County > VT
	Female	21%	14%	
				Within County Differences
Grade	Grade 9	24%	11%	Males > Females
	Grade 10	24%	16%	
	Grade 11	32%	22%	
	Grade 12	33%	28%	
Race	WnH	28%	19%	
	REM	33%	20%	
Sexual Orientation	Het/Cis	30%	18%	
	LGBT	24%	25%	

SECTION 4: SUBSTANCE USE  
 CURRENT USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS				
		Orleans	VT	
Overall		19%	15%	Overall Differences: State vs County
Sex	Male	25%	19%	County > VT
	Female	12%	11%	
Grade	Grade 9	13%	8%	Within County Differences
	Grade 10	14%	12%	
	Grade 11	22%	17%	
	Grade 12	27%	22%	
Race	WnH	18%	15%	Males > Females
	REM	23%	16%	
Sexual Orientation	Het/Cis	20%	14%	12 > 9
	LGBT	15%	21%	
				12 > 10

SMOKED CIGARETTES, PAST 30 DAYS				
		Orleans	VT	
Overall		13%	9%	Overall Differences: State vs County
Sex	Male	16%	10%	County > VT
	Female	9%	8%	
Grade	Grade 9	9%	5%	Within County Differences
	Grade 10	9%	7%	
	Grade 11	15%	11%	
	Grade 12	18%	13%	
Race	WnH	12%	9%	Males > Females
	REM	18%	12%	
Sexual Orientation	Het/Cis	13%	8%	12 > 10
	LGBT	14%	18%	

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SECTION 4: SUBSTANCE USE  
CURRENT USE

AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES		
	Orleans	VT
1 or 2 days	24%	29%
3 to 5 days	25%	15%
6 to 9 days	17%	10%
10 to 19 days	9%	12%
20 to 29 days	6%	9%
All 30 days	18%	25%

County > VT

AMONG CURRENT SMOKERS: SMOKE CIGARETTES EVERY DAY				
		Orleans	VT	
Overall		18%	25%	Overall Differences: State vs County
Sex	Male	23%	27%	VT and County are Similar
	Female	.	20%	Within County Differences
Grade	Grade 9	.	24%	Too few students by sex
	Grade 10	.	21%	Too few students in at least one grade
	Grade 11	.	23%	Too few students by race
	Grade 12	.	26%	Too few students by sexual orientation
Race	WnH	17%	38%	
	REM	.	21%	
Sexual Orientation	Het/Cis	16%	22%	
	LGBT	.	29%	



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SECTION 4: SUBSTANCE USE  
CURRENT USE

AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES  
SMOKED ON DAYS SMOKED

	Orleans	VT	
Less than 1 cigarette	29%	30%	Too few students
1 cigarette	17%	19%	
2 to 5 cigarettes	36%	30%	
6 to 10 cigarettes	8%	9%	
11 to 20 cigarettes	.	4%	
More than 20 cigarettes	8%	8%	

AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE  
CIGARETTES ON DAYS SMOKED

		Orleans	VT	
Overall		10%	12%	Overall Differences: State vs County
Sex	Male	11%	15%	VT and County are Similar
	Female	.	6%	
Grade	Grade 9	.	12%	Within County Differences
	Grade 10	.	8%	
	Grade 11	.	10%	
	Grade 12	.	12%	
Race	WnH	8%	28%	Too few students by sex
	REM	.	7%	
Sexual Orientation	Het/Cis	11%	10%	Too few students in at least one grade
	LGBT	.	14%	

SECTION 4: SUBSTANCE USE  
CURRENT USE

USED ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS

		Orleans	VT	
Overall		22%	12%	Overall Differences: State vs County
Sex	Male	26%	14%	County > VT
	Female	16%	9%	
Grade	Grade 9	21%	7%	Within County Differences
	Grade 10	22%	10%	
	Grade 11	22%	13%	
	Grade 12	21%	17%	
Race	WnH	21%	12%	Males > Females
	REM	23%	13%	
Sexual Orientation	Het/Cis	23%	12%	
	LGBT	17%	16%	

AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE

	Orleans	VT	
Friend/family used them	33%	35%	
To try to quit other tobacco	7%	5%	
Cost less than other tobacco	.	1%	Too few students
Easier to get than other tobacco	3%	1%	County > VT
Less harmful than other tobacco	9%	8%	
Available in flavors	19%	17%	
Used for some other reason	30%	33%	

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SECTION 4: SUBSTANCE USE  
CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF  
ELECTRONIC VAPOR PRODUCTS USE

	Orleans	VT	
1 or 2 days	27%	37%	VT > County
3 to 5 days	15%	19%	
6 to 9 days	8%	11%	
10 to 19 days	8%	12%	
20 to 29 days	11%	7%	
All 30 days	31%	15%	County > VT

AMONG CURRENT USERS: USED ELECTRONIC VAPOR  
PRODUCTS ON 10+ DAYS

		Orleans	VT	
Overall		49%	33%	Overall Differences: State vs County
Sex	Male	61%	37%	County > VT
	Female	.	26%	
Grade	Grade 9	.	29%	Within County Differences
	Grade 10	.	36%	
	Grade 11	.	31%	
	Grade 12	.	34%	
Race	WnH	51%	44%	Too few students by sex
	REM	.	30%	
Sexual Orientation	Het/Cis	53%	32%	Too few students in at least one grade
	LGBT	.	37%	

SECTION 4: SUBSTANCE USE  
 CURRENT USE

**AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18**

	Orleans	VT	
Bought them in a store	8%	8%	County > VT
I got them on the Internet	8%	10%	
Someone else bought them	28%	14%	
Borrowed them	29%	38%	Too few students
A person 18 or older gave me	12%	11%	
Took them from a store	.	2%	
Some other way	14%	18%	

**USED SMOKELESS TOBACCO, PAST 30 DAYS**

		Orleans	VT	
Overall		8%	5%	Overall Differences: State vs County
Sex	Male	14%	8%	County > VT
	Female	2%	2%	Within County Differences
Grade	Grade 9	6%	3%	Males > Females
	Grade 10	10%	5%	Too few students by sexual orientation
	Grade 11	8%	6%	
	Grade 12	9%	7%	
Race	WnH	8%	5%	
Sexual Orientation	REM	11%	7%	
	Het/Cis	9%	5%	
	LGBT	.	5%	

SECTION 4: SUBSTANCE USE  
CURRENT USE

SMOKED CIGARS, CIGARILLOS, OR LITTLE CIGARS, PAST 30 DAYS				
		Orleans	VT	
Overall		11%	9%	Overall Differences: State vs County
Sex	Male	17%	13%	VT and County are Similar
	Female	6%	6%	
				Within County Differences
Grade	Grade 9	7%	4%	Males > Females  12 > 9  Too few students by sexual orientation
	Grade 10	9%	7%	
	Grade 11	13%	10%	
	Grade 12	17%	15%	
Race	WnH	11%	9%	
	REM	14%	10%	
Sexual Orientation	Het/Cis	12%	9%	
	LGBT	.	12%	

TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR				
		Orleans	VT	
Overall		35%	33%	Overall Differences: State vs County
Sex	Male	30%	30%	VT and County are Similar
	Female	42%	37%	
				Within County Differences
Grade	Grade 9	29%	33%	Too few students in at least one grade  Too few students by race  Too few students by sexual orientation
	Grade 10	.	35%	
	Grade 11	.	32%	
	Grade 12	36%	32%	
Race	WnH	35%	33%	
	REM	.	33%	
Sexual Orientation	Het/Cis	33%	32%	
	LGBT	.	43%	

SECTION 4: SUBSTANCE USE  
 CURRENT USE

DRANK ALCOHOL, PAST 30 DAYS				
		Orleans	VT	
Overall		43%	33%	Overall Differences: State vs County
Sex	Male	43%	32%	County > VT
	Female	42%	34%	
Within County Differences				
Grade	Grade 9	33%	20%	11 > 9
	Grade 10	40%	30%	12 > 9
	Grade 11	47%	36%	Het/CIS > LGBT
	Grade 12	50%	46%	
Race	WnH	44%	34%	
	REM	40%	29%	
Sexual Orientation	Het/Cis	45%	33%	
	LGBT	24%	37%	

BINGE DRANK, PAST 30 DAYS				
		Orleans	VT	
Overall		23%	17%	Overall Differences: State vs County
Sex	Male	27%	17%	County > VT
	Female	17%	17%	
Within County Differences				
Grade	Grade 9	18%	8%	Males > Females
	Grade 10	23%	14%	Het/CIS > LGBT
	Grade 11	27%	19%	
	Grade 12	22%	27%	
Race	WnH	23%	17%	
	REM	21%	16%	
Sexual Orientation	Het/Cis	24%	17%	
	LGBT	8%	18%	

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SECTION 4: SUBSTANCE USE  
CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF DRINKING

	Orleans	VT	
1 or 2 days	43%	49%	
3 to 5 days	25%	26%	
6 to 9 days	10%	13%	
10 to 19 days	13%	7%	County > VT
20 to 29 days	5%	2%	County > VT
All 30 days	4%	3%	

AMONG CURRENT USERS: DRANK ON 10+ DAYS

		Orleans	VT	
Overall		21%	12%	Overall Differences: State vs County
Sex	Male	28%	15%	County > VT
	Female	14%	9%	
Grade	Grade 9	13%	11%	Within County Differences
	Grade 10	17%	11%	
	Grade 11	27%	12%	
	Grade 12	25%	13%	
Race	WnH	21%	22%	Males > Females
	REM	.	10%	
Sexual Orientation	Het/Cis	22%	11%	Too few students by race
	LGBT	.	18%	

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SECTION 4: SUBSTANCE USE  
CURRENT USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED		
	Orleans	VT
1 or 2 drinks	32%	35%
3 drinks	8%	6%
4 drinks	9%	8%
5 drinks	11%	13%
6 or 7 drinks	12%	15%
8 or 9 drinks	6%	8%
10 or more drinks	22%	14%
County > VT		

AMONG CURRENT USERS: BINGE DRANK (4+ females; 5+ males)			
		Orleans	VT
Overall		59%	57%
Overall Differences: State vs County			
Sex	Male	69%	59%
	Female	46%	55%
VT and County are Similar			
Within County Differences			
Grade	Grade 9	62%	46%
	Grade 10	62%	53%
	Grade 11	60%	57%
	Grade 12	53%	63%
Males > Females			
Race	WnH	59%	61%
	REM	.	56%
Too few students by race			
Sexual Orientation	Het/Cis	60%	57%
	LGBT	.	55%
Too few students by sexual orientation			



SECTION 4: SUBSTANCE USE  
 CURRENT USE

AMONG CURRENT USERS: ALCOHOL SOURCE		
	Orleans	VT
Bought in store	6%	3%
Bought in restaurant	.	2%
Bought at public event	.	0%
I gave someone money to buy	24%	23%
Someone gave it to me	37%	40%
Took from store/family	12%	12%
Some other way	20%	20%

USED MARIJUANA, PAST 30 DAYS			
		Orleans	VT
Overall		27%	24%
Sex	Male	26%	24%
	Female	27%	23%
Grade	Grade 9	27%	15%
	Grade 10	26%	22%
	Grade 11	26%	25%
	Grade 12	28%	32%
Race	WnH	26%	23%
	REM	31%	24%
Sexual Orientation	Het/Cis	27%	23%
	LGBT	25%	33%

County > VT  
 Too few students  
 Too few students

Overall Differences: State vs County  
 VT and County are Similar  
 Within County Differences

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SECTION 4: SUBSTANCE USE  
CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE

	Orleans	VT
1 or 2 times	38%	34%
3 to 9 times	22%	25%
10 to 19 times	11%	12%
20 to 39 times	8%	10%
40 or more times	21%	20%

AMONG CURRENT USERS: USED MARIJUANA 10+ TIMES

		Orleans	VT	
Overall		40%	41%	Overall Differences: State vs County
Sex	Male	41%	47%	VT and County are Similar
	Female	37%	35%	Within County Differences
Grade	Grade 9	47%	37%	Too few students in at least one grade
	Grade 10	.	40%	Too few students by race
	Grade 11	.	41%	Too few students by sexual orientation
	Grade 12	.	43%	
Race	WnH	34%	53%	
	REM	.	39%	
Sexual Orientation	Het/Cis	38%	40%	
	LGBT	.	49%	

SECTION 4: SUBSTANCE USE  
 CURRENT USE

AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED			
	Orleans	VT	
Smoked it	90%	91%	
Ate in food	5%	4%	
Drank in tea or other drink	.	1%	Too few students
Vaporized	.	2%	Too few students
Some other way	.	2%	Too few students

MISUSED A PRESCRIPTION DRUG, PAST 30 DAYS				
		Orleans	VT	
Overall		4%	5%	Overall Differences: State vs County
Sex	Male	5%	6%	VT and County are Similar
	Female	3%	5%	Within County Differences
Grade	Grade 9	4%	4%	Too few students in at least one grade
	Grade 10	.	5%	Too few students by sexual orientation
	Grade 11	5%	5%	
	Grade 12	4%	7%	
Race	WnH	3%	5%	
	REM	7%	9%	
Sexual Orientation	Het/Cis	4%	5%	
	LGBT	.	11%	

SECTION 4: SUBSTANCE USE  
 CURRENT USE

<b>WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, PAST YEAR</b>				
		<b>Orleans</b>	<b>VT</b>	
Overall		19%	15%	Overall Differences: State vs County
Sex	Male	21%	17%	County > VT
	Female	17%	13%	Within County Differences
Grade	Grade 9	25%	14%	9 > 12
	Grade 10	21%	16%	
	Grade 11	16%	16%	
	Grade 12	14%	14%	
Race	WnH	19%	15%	
	REM	18%	17%	
Sexual Orientation	Het/Cis	18%	14%	
	LGBT	20%	23%	

<b>ATTENDED SCHOOL UNDER THE INFLUENCE OF DRUGS OR ALCOHOL, PAST YEAR</b>				
		<b>Orleans</b>	<b>VT</b>	
Overall		16%	13%	Overall Differences: State vs County
Sex	Male	15%	14%	County > VT
	Female	16%	12%	Within County Differences
Grade	Grade 9	16%	9%	
	Grade 10	14%	12%	
	Grade 11	18%	14%	
	Grade 12	16%	18%	
Race	WnH	15%	13%	
	REM	21%	16%	
Sexual Orientation	Het/Cis	16%	12%	
	LGBT	16%	23%	

SECTION 4: SUBSTANCE USE  
PERCEPTIONS OF USE

**THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE  
WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE  
WERE DRINKING ALCOHOL**

		Orleans	VT	
Overall		24%	25%	Overall Differences: State vs County
Sex	Male	24%	25%	VT and County are Similar
	Female	23%	24%	
Grade	Grade 9	33%	32%	9 > 11
	Grade 10	24%	26%	9 > 12
	Grade 11	18%	21%	
	Grade 12	20%	20%	
Race	WnH	23%	23%	
	REM	26%	31%	
Sexual Orientation	Het/Cis	24%	25%	
	LGBT	18%	25%	

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR  
AGE TO SMOKE CIGARETTES**

		Orleans	VT	
Overall		75%	84%	Overall Differences: State vs County
Sex	Male	73%	82%	VT > County
	Female	77%	86%	
Grade	Grade 9	82%	90%	9 > 12
	Grade 10	85%	88%	10 > 12
	Grade 11	74%	83%	10 > 11
	Grade 12	59%	75%	11 > 12
Race	WnH	77%	85%	WnH > REM
	REM	65%	81%	Het/CIS > LGBT
Sexual Orientation	Het/Cis	76%	85%	
	LGBT	62%	74%	

SECTION 4: SUBSTANCE USE  
 PERCEPTIONS OF USE

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL**

		Orleans	VT	
Overall		45%	54%	Overall Differences: State vs County
Sex	Male	48%	55%	VT > County
	Female	43%	54%	
				Within County Differences
Grade	Grade 9	58%	71%	9 > 11
	Grade 10	49%	59%	9 > 12
	Grade 11	41%	48%	10 > 12
	Grade 12	32%	39%	
Race	WnH	44%	54%	
	REM	51%	58%	
Sexual Orientation	Het/Cis	44%	54%	
	LGBT	50%	51%	

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA**

		Orleans	VT	
Overall		53%	55%	Overall Differences: State vs County
Sex	Male	58%	56%	VT and County are Similar
	Female	47%	55%	
				Within County Differences
Grade	Grade 9	63%	69%	Males > Females
	Grade 10	64%	60%	9 > 11
	Grade 11	47%	51%	9 > 12
	Grade 12	37%	42%	10 > 12
Race	WnH	52%	55%	10 > 11
	REM	55%	58%	Het/CIS > LGBT
Sexual Orientation	Het/Cis	54%	57%	
	LGBT	39%	40%	

SECTION 4: SUBSTANCE USE  
 PERCEPTIONS OF USE

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES**

		Orleans	VT	
Overall		85%	91%	Overall Differences: State vs County
Sex	Male	83%	90%	VT > County
	Female	87%	93%	
				Within County Differences
Grade	Grade 9	89%	94%	9 > 12
	Grade 10	93%	94%	10 > 12
	Grade 11	80%	91%	10 > 11
	Grade 12	76%	87%	
Race	WnH	85%	92%	
	REM	79%	87%	
Sexual Orientation	Het/Cis	85%	92%	
	LGBT	80%	86%	

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL**

		Orleans	VT	
Overall		55%	66%	Overall Differences: State vs County
Sex	Male	52%	64%	VT > County
	Female	59%	67%	
				Within County Differences
Grade	Grade 9	66%	78%	9 > 11
	Grade 10	62%	71%	9 > 12
	Grade 11	51%	63%	10 > 12
	Grade 12	42%	50%	
Race	WnH	54%	65%	
	REM	59%	67%	
Sexual Orientation	Het/Cis	54%	66%	
	LGBT	58%	60%	

SECTION 4: SUBSTANCE USE  
 PERCEPTIONS OF USE

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA**

		Orleans	VT	
Overall		73%	76%	Overall Differences: State vs County
Sex	Male	74%	75%	VT and County are Similar
	Female	73%	77%	
Grade	Grade 9	74%	83%	Within County Differences  Het/CIS > LGBT
	Grade 10	80%	79%	
	Grade 11	70%	75%	
	Grade 12	70%	69%	
Race	WnH	74%	76%	
	REM	66%	75%	
Sexual Orientation	Het/Cis	75%	78%	
	LGBT	62%	63%	



SECTION 4: SUBSTANCE USE  
PERCEPTIONS OF USE

**PERCEIVED RISK OF HARM FROM SMOKING A PACK  
OF CIGARETTES DAILY**

	Orleans	VT	
No risk	8%	5%	County > VT
Slight risk	10%	9%	
Moderate risk	23%	18%	County > VT
Great risk	60%	68%	VT > County

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF  
THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER  
DAY**

		Orleans	VT	
Overall		60%	68%	Overall Differences: State vs County
Sex	Male	56%	66%	VT > County
	Female	63%	70%	Within County Differences
Grade	Grade 9	67%	64%	9 > 11
	Grade 10	59%	68%	LGBT > Het/CIS
	Grade 11	53%	68%	
	Grade 12	59%	72%	
Race	WnH	60%	69%	
	REM	55%	62%	
Sexual Orientation	Het/Cis	58%	68%	
	LGBT	73%	68%	

SECTION 4: SUBSTANCE USE  
PERCEPTIONS OF USE

PERCEIVED RISK OF HARM FROM BINGE DRINKING EACH WEEK		
	Orleans	VT
No risk	8%	6%
Slight risk	24%	19%
Moderate risk	35%	39%
Great risk	32%	36%

County > VT

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR TWICE EACH WEEKEND				
		Orleans	VT	
Overall		32%	36%	Overall Differences: State vs County
Sex	Male	30%	32%	VT and County are Similar
	Female	35%	41%	
Grade	Grade 9	31%	38%	Within County Differences
	Grade 10	34%	39%	
	Grade 11	29%	35%	
	Grade 12	34%	32%	
Race	WnH	32%	35%	
	REM	31%	39%	
Sexual Orientation	Het/Cis	32%	35%	
	LGBT	36%	38%	

SECTION 4: SUBSTANCE USE  
 PERCEPTIONS OF USE

PERCEIVED RISK OF HARM FROM REGULAR MARIJUANA USE			
	Orleans	VT	
No risk	26%	21%	County > VT
Slight risk	26%	29%	
Moderate risk	24%	26%	
Great risk	24%	24%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY				
		Orleans	VT	
Overall		24%	24%	Overall Differences: State vs County
Sex	Male	26%	21%	VT and County are Similar
	Female	22%	28%	
Grade	Grade 9	30%	32%	Within County Differences
	Grade 10	27%	26%	
	Grade 11	19%	22%	
	Grade 12	20%	18%	
Race	WnH	25%	23%	
	REM	21%	29%	
Sexual Orientation	Het/Cis	25%	25%	
	LGBT	18%	16%	

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SECTION 4: SUBSTANCE USE  
PERCEPTIONS OF USE

PERCEIVED ACCESS TO CIGARETTES

	Orleans	VT	
Very hard	21%	24%	VT > County
Sort of hard	15%	21%	VT > County
Sort of easy	22%	22%	
Very easy	43%	32%	County > VT

SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF  
EASY OR VERY EASY FOR THEM TO GET

		Orleans	VT	
Overall		64%	55%	Overall Differences: State vs County
Sex	Male	66%	57%	County > VT
	Female	63%	52%	
Grade	Grade 9	52%	38%	12 > 9
	Grade 10	57%	48%	12 > 10
	Grade 11	62%	57%	12 > 11
	Grade 12	87%	75%	
Race	WnH	64%	55%	
	REM	68%	54%	
Sexual Orientation	Het/Cis	65%	54%	
	LGBT	61%	61%	

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SECTION 4: SUBSTANCE USE  
PERCEPTIONS OF USE

PERCEIVED ACCESS TO ALCOHOL

	Orleans	VT
Very hard	14%	15%
Sort of hard	17%	18%
Sort of easy	31%	31%
Very easy	38%	37%

SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY  
OR VERY EASY FOR THEM TO GET

		Orleans	VT	
Overall		69%	68%	Overall Differences: State vs County
Sex	Male	68%	67%	VT and County are Similar
	Female	71%	69%	Within County Differences
Grade	Grade 9	61%	58%	11 > 9
	Grade 10	65%	67%	12 > 9
	Grade 11	76%	72%	
	Grade 12	76%	74%	
Race	WnH	70%	69%	
	REM	70%	62%	
Sexual Orientation	Het/Cis	71%	68%	
	LGBT	61%	73%	

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SECTION 4: SUBSTANCE USE  
PERCEPTIONS OF USE

PERCEIVED ACCESS TO MARIJUANA

	Orleans	VT
Very hard	24%	27%
Sort of hard	14%	15%
Sort of easy	22%	22%
Very easy	39%	37%

SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF  
EASY OR VERY EASY FOR THEM TO GET

		Orleans	VT	
Overall		62%	58%	Overall Differences: State vs County
Sex	Male	58%	59%	VT and County are Similar
	Female	64%	57%	Within County Differences
Grade	Grade 9	52%	43%	11 > 9
	Grade 10	58%	56%	12 > 9
	Grade 11	66%	65%	12 > 10
	Grade 12	71%	69%	
Race	WnH	60%	59%	
	REM	68%	54%	
Sexual Orientation	Het/Cis	62%	58%	
	LGBT	69%	66%	

SECTION 5: SEXUAL HEALTH  
 LIFETIME SEXUAL ACTIVITY

LIFETIME SEXUAL CONTACTS: MALES

	Orleans	VT	
Never had sexual contact	37%	42%	Too few students
Females	59%	54%	
Males	.	2%	
Females and males	3%	2%	

LIFETIME SEXUAL CONTACTS: FEMALES

	Orleans	VT	
Never had sexual contact	32%	43%	VT > County
Females	3%	2%	
Males	62%	48%	County > VT
Females and males	3%	7%	VT > County

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SECTION 5: SEXUAL HEALTH  
LIFETIME SEXUAL ACTIVITY

EVER HAD SEXUAL INTERCOURSE

		Orleans	VT	
Overall		51%	40%	Overall Differences: State vs County
Sex	Male	50%	40%	County > VT
	Female	53%	40%	Within County Differences
Grade	Grade 9	35%	19%	11 > 9
	Grade 10	45%	33%	12 > 9
	Grade 11	56%	48%	12 > 10
	Grade 12	70%	61%	12 > 11
Race	WnH	52%	40%	
	REM	46%	39%	
Sexual Orientation	Het/Cis	51%	40%	
	LGBT	53%	47%	

HAVE HAD 4+ LIFETIME PARTNERS

		Orleans	VT	
Overall		15%	9%	Overall Differences: State vs County
Sex	Male	14%	9%	County > VT
	Female	14%	8%	Within County Differences
Grade	Grade 9	8%	3%	11 > 9
	Grade 10	7%	6%	12 > 9
	Grade 11	19%	10%	12 > 10
	Grade 12	24%	16%	11 > 10
Race	WnH	14%	8%	
	REM	16%	12%	
Sexual Orientation	Het/Cis	14%	8%	
	LGBT	15%	15%	



SECTION 5: SEXUAL HEALTH  
 LIFETIME SEXUAL ACTIVITY

EVER HAD ORAL SEX				
		Orleans	VT	
Overall		48%	42%	Overall Differences: State vs County
Sex	Male	47%	42%	County > VT
	Female	48%	42%	
				Within County Differences
Grade	Grade 9	26%	23%	10 > 9
	Grade 10	44%	37%	11 > 9
	Grade 11	53%	49%	12 > 9
	Grade 12	68%	60%	12 > 10
Race	WnH	49%	43%	12 > 11
	REM	41%	40%	
Sexual Orientation	Het/Cis	48%	42%	
	LGBT	47%	52%	

WERE EVER TESTED FOR HUMAN IMMUNODEFICIENCY VIRUS (HIV)				
		Orleans	VT	
Overall		15%	10%	Overall Differences: State vs County
Sex	Male	14%	9%	County > VT
	Female	16%	12%	
				Within County Differences
Grade	Grade 9	12%	7%	Too few students by sexual orientation
	Grade 10	11%	9%	
	Grade 11	18%	12%	
	Grade 12	18%	14%	
Race	WnH	15%	10%	
	REM	12%	13%	
Sexual Orientation	Het/Cis	16%	10%	
	LGBT	.	15%	

SECTION 5: SEXUAL HEALTH  
 CURRENT SEXUAL ACTIVITY

HAD SEXUAL INTERCOURSE DURING THE PAST 3 MONTHS				
		Orleans	VT	
Overall		42%	31%	Overall Differences: State vs County
Sex	Male	38%	29%	County > VT
	Female	46%	32%	
Grade	Grade 9	26%	13%	Within County Differences
	Grade 10	38%	24%	
	Grade 11	45%	37%	
	Grade 12	58%	48%	
Race	WnH	44%	31%	10 > 9
	REM	33%	29%	
Sexual Orientation	Het/Cis	42%	31%	11 > 9
	LGBT	36%	34%	12 > 9
				12 > 10

USED ALCOHOL OR DRUGS PRIOR TO LAST INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS				
		Orleans	VT	
Overall		19%	20%	Overall Differences: State vs County
Sex	Male	24%	22%	VT and County are Similar
	Female	15%	17%	
Grade	Grade 9	.	24%	Within County Differences
	Grade 10	15%	22%	
	Grade 11	21%	18%	
	Grade 12	22%	19%	
Race	WnH	16%	18%	Too few students in at least one grade
	REM	.	29%	
Sexual Orientation	Het/Cis	19%	18%	Too few students by race
	LGBT	.	31%	

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SECTION 5: SEXUAL HEALTH  
CURRENT SEXUAL ACTIVITY

**PREGNANCY PREVENTION METHODS USED, AMONG  
CURRENTLY SEXUALLY ACTIVE STUDENTS**

	Orleans	VT	
No method was used	10%	7%	
Birth control pills	30%	32%	
Condoms	28%	35%	VT > County
IUD or implant	14%	13%	
Shot/patch/birth control ring	8%	5%	County > VT
Withdrawal/other method	5%	5%	
Not sure	4%	2%	

**USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR  
IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING),  
AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS**

		Orleans	VT	
Overall		52%	50%	Overall Differences: State vs County
Sex	Male	36%	40%	VT and County are Similar
	Female	66%	60%	
Grade	Grade 9	.	29%	Within County Differences
	Grade 10	56%	44%	
	Grade 11	42%	51%	
	Grade 12	61%	59%	
Race	WnH	55%	53%	Females > Males
	REM	.	36%	
Sexual Orientation	Het/Cis	54%	52%	Too few students in at least one grade
	LGBT	.	39%	

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SECTION 5: SEXUAL HEALTH  
CURRENT SEXUAL ACTIVITY

CONDOM USE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		Orleans	VT	
Overall		52%	56%	Overall Differences: State vs County
Sex	Male	55%	61%	VT and County are Similar
	Female	49%	52%	
Within County Differences				
Grade	Grade 9	.	64%	Too few students in at least one grade
	Grade 10	59%	61%	Too few students by race
	Grade 11	50%	58%	Too few students by sexual orientation
	Grade 12	45%	51%	
Race	WnH	51%	57%	
	REM	.	54%	
Sexual Orientation	Het/Cis	52%	58%	
	LGBT	.	45%	

USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		Orleans	VT	
Overall		21%	19%	Overall Differences: State vs County
Sex	Male	13%	15%	VT and County are Similar
	Female	28%	22%	
Within County Differences				
Grade	Grade 9	.	12%	Females > Males
	Grade 10	29%	19%	Too few students in at least one grade
	Grade 11	17%	20%	Too few students by race
	Grade 12	20%	20%	Too few students by sexual orientation
Race	WnH	21%	20%	
	REM	.	13%	
Sexual Orientation	Het/Cis	21%	20%	
	LGBT	.	13%	

SECTION 5: SEXUAL HEALTH  
 CURRENT SEXUAL ACTIVITY

**DID NOT USE ANY METHOD TO PREVENT PREGNANCY,  
 AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS**

		Orleans	VT	
Overall		10%	7%	Overall Differences: State vs County
Sex	Male	14%	8%	VT and County are Similar
	Female	7%	7%	
				Within County Differences
Grade	Grade 9	.	12%	Too few students in at least one grade
	Grade 10	9%	9%	
	Grade 11	14%	6%	
	Grade 12	10%	6%	
Race	WnH	9%	6%	Too few students by race
	REM	.	13%	
Sexual Orientation	Het/Cis	8%	5%	Too few students by sexual orientation
	LGBT	.	22%	

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## SECTION 6: BMI AND WEIGHT PERCEPTIONS

**OVERWEIGHT (BMI BETWEEN THE 85th AND <95th  
PERCENTILES FOR AGE AND SEX)**

		Orleans	VT	
Overall		16%	14%	Overall Differences: State vs County
Sex	Male	13%	14%	VT and County are Similar
	Female	20%	15%	
Grade	Grade 9	18%	14%	Within County Differences  Too few students by sexual orientation
	Grade 10	18%	15%	
	Grade 11	17%	14%	
	Grade 12	13%	13%	
Race	WnH	16%	14%	
	REM	19%	14%	
Sexual Orientation	Het/Cis	17%	14%	
	LGBT	.	16%	

**OBESE (BMI >95th PERCENTILE FOR AGE AND SEX)**

		Orleans	VT	
Overall		20%	13%	Overall Differences: State vs County
Sex	Male	26%	15%	County > VT
	Female	14%	10%	
Grade	Grade 9	22%	12%	Within County Differences  Males > Females  REM > WnH
	Grade 10	15%	12%	
	Grade 11	21%	14%	
	Grade 12	22%	13%	
Race	WnH	18%	14%	
	REM	33%	12%	
Sexual Orientation	Het/Cis	19%	12%	
	LGBT	30%	19%	

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SECTION 6: BMI AND WEIGHT PERCEPTIONS

PERCEPTIONS OF OWN WEIGHT			
	Orleans	VT	
Very underweight	1%	2%	
Slightly underweight	8%	12%	VT > County
About the right weight	53%	56%	
Slightly overweight	30%	25%	County > VT
Very overweight	8%	5%	County > VT

DESCRIBED THEMSELVES AS SLIGHTLY OR VERY OVERWEIGHT				
		Orleans	VT	
Overall		38%	30%	Overall Differences: State vs County
Sex	Male	32%	25%	County > VT
	Female	43%	36%	Within County Differences
Grade	Grade 9	42%	29%	Females > Males
	Grade 10	33%	30%	LGBT > Het/CIS
	Grade 11	37%	30%	
	Grade 12	40%	33%	
Race	WnH	37%	30%	
	REM	39%	30%	
Sexual Orientation	Het/Cis	37%	28%	
	LGBT	51%	46%	

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SECTION 6: BMI AND WEIGHT PERCEPTIONS

WHAT ONE IS TRYING TO DO ABOUT WEIGHT			
	Orleans	VT	
Lose weight	47%	42%	County > VT
Gain weight	14%	15%	
Stay the same weight	19%	18%	VT > County
Not trying to do anything	20%	25%	

WERE TRYING TO LOSE WEIGHT				
		Orleans	VT	
Overall		47%	42%	Overall Differences: State vs County
Sex				County > VT
	Male	35%	28%	Within County Differences
	Female	59%	57%	
Grade				Females > Males
	Grade 9	47%	41%	
	Grade 10	44%	42%	
	Grade 11	46%	41%	
	Grade 12	51%	44%	
Race				
	WnH	47%	42%	
	REM	44%	42%	
Sexual Orientation				
	Het/Cis	46%	40%	
	LGBT	52%	55%	



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SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
PHYSICAL ACTIVITY

DAYS PHYSICALLY ACTIVE (60 MIN), PAST WEEK		
	Orleans	VT
0 days	12%	13%
1 day	6%	7%
2 days	7%	9%
3 days	14%	12%
4 days	12%	11%
5 days	12%	14%
6 days	8%	10%
7 days	28%	25%

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS				
		Orleans	VT	
Overall		28%	25%	Overall Differences: State vs County
VT and County are Similar				
Within County Differences				
Sex	Male	41%	33%	Males > Females
	Female	16%	17%	Het/CIS > LGBT
Grade	Grade 9	26%	27%	
	Grade 10	28%	27%	
	Grade 11	31%	24%	
	Grade 12	28%	23%	
Race	WnH	27%	25%	
	REM	35%	27%	
Sexual Orientation	Het/Cis	30%	27%	
	LGBT	15%	14%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
PHYSICAL ACTIVITY

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY  
ON 5 OR MORE DAYS, PAST WEEK

		Orleans	VT	
Overall		48%	49%	Overall Differences: State vs County
Sex	Male	60%	56%	VT and County are Similar
	Female	36%	42%	
				Within County Differences
Grade	Grade 9	52%	53%	Males > Females
	Grade 10	45%	50%	Het/CIS > LGBT
	Grade 11	45%	47%	
	Grade 12	49%	47%	
Race	WnH	47%	50%	
	REM	53%	46%	
Sexual Orientation	Het/Cis	50%	52%	
	LGBT	27%	29%	

DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF  
PHYSICAL ACTIVITY ON AT LEAST 1 DAY, PAST WEEK

		Orleans	VT	
Overall		12%	13%	Overall Differences: State vs County
Sex	Male	11%	11%	VT and County are Similar
	Female	13%	14%	
				Within County Differences
Grade	Grade 9	9%	10%	LGBT > Het/CIS
	Grade 10	10%	12%	
	Grade 11	14%	14%	
	Grade 12	14%	15%	
Race	WnH	12%	12%	
	REM	13%	17%	
Sexual Orientation	Het/Cis	9%	11%	
	LGBT	34%	23%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
 PHYSICAL ACTIVITY

TV, VIDEO OR COMPUTER GAMES, OR COMPUTER USE, PAST WEEK		
	Orleans	VT
Do not watch TV	4%	3%
Less than 1 hour per day	8%	8%
1 hour per day	11%	12%
2 hours per day	21%	23%
3 hours per day	22%	21%
4 hours per day	13%	13%
5 or more hours per day	22%	19%

WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR USED A COMPUTER FOR THREE OR MORE HOURS PER DAY, PAST WEEK				
		Orleans	VT	
Overall		56%	53%	Overall Differences: State vs County
Sex	Male	55%	53%	VT and County are Similar
	Female	57%	52%	
				Within County Differences
Grade	Grade 9	60%	53%	LGBT > Het/CIS
	Grade 10	53%	53%	
	Grade 11	56%	51%	
	Grade 12	56%	53%	
Race	WnH	55%	52%	
	REM	65%	57%	
Sexual Orientation	Het/Cis	54%	51%	
	LGBT	72%	67%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
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SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
NUTRITION

**ATE FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE  
TIMES PER DAY, PAST WEEK**

		Orleans	VT	
Overall		29%	33%	Overall Differences: State vs County
Sex	Male	33%	32%	VT and County are Similar
	Female	25%	33%	
				Within County Differences
Grade	Grade 9	27%	33%	Males > Females
	Grade 10	30%	33%	
	Grade 11	33%	32%	
	Grade 12	26%	32%	
Race	WnH	28%	32%	
	REM	34%	35%	
Sexual Orientation	Het/Cis	30%	33%	
	LGBT	27%	29%	

**ATE VEGETABLES THREE OR MORE TIMES PER DAY,  
PAST WEEK**

		Orleans	VT	
Overall		17%	18%	Overall Differences: State vs County
Sex	Male	21%	18%	VT and County are Similar
	Female	13%	18%	
				Within County Differences
Grade	Grade 9	16%	17%	Males > Females
	Grade 10	15%	18%	
	Grade 11	18%	17%	
	Grade 12	19%	19%	
Race	WnH	16%	17%	
	REM	20%	21%	
Sexual Orientation	Het/Cis	16%	18%	
	LGBT	17%	18%	

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SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
NUTRITION

SODA CONSUMPTION, PAST WEEK

	Orleans	VT	
Did not drink soda or pop	30%	37%	VT > County
1 to 3 times	41%	40%	
4 to 6 times	14%	12%	
1 time per day	4%	4%	
2 times per day	5%	3%	County > VT
3 times per day	1%	1%	
4 or more times per day	5%	3%	County > VT

DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK

		Orleans	VT	
Overall		15%	11%	Overall Differences: State vs County
Sex	Male	22%	16%	County > VT
	Female	8%	6%	
Grade	Grade 9	14%	11%	Within County Differences
	Grade 10	13%	11%	
	Grade 11	13%	11%	
	Grade 12	20%	12%	
Race	WnH	14%	10%	Males > Females
	REM	19%	14%	
Sexual Orientation	Het/Cis	14%	11%	
	LGBT	16%	12%	

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SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
NUTRITION

SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK

	Orleans	VT	
Did not drink sugar-sweetened	22%	28%	VT > County
1 to 3 times	46%	44%	
4 to 6 times	16%	15%	
1 time per day	7%	6%	
2 times per day	5%	3%	County > VT
3 times per day	1%	1%	
4 or more times per day	3%	2%	

DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK

		Orleans	VT	
Overall		16%	12%	Overall Differences: State vs County
Sex	Male	21%	15%	County > VT
	Female	11%	9%	
Grade	Grade 9	12%	12%	Within County Differences
	Grade 10	17%	12%	
	Grade 11	16%	13%	
	Grade 12	20%	13%	
Race	WnH	16%	12%	Males > Females
	REM	17%	15%	
Sexual Orientation	Het/Cis	16%	12%	
	LGBT	16%	13%	

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SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
NUTRITION

WATER CONSUMPTION, PAST WEEK

	Orleans	VT
Did not drink water	5%	4%
1 to 3 times	10%	9%
4 to 6 times	11%	11%
1 time per day	11%	9%
2 times per day	13%	16%
3 times per day	17%	19%
4 or more times per day	33%	33%

DRANK THREE OR MORE GLASSES PER DAY OF WATER,  
PAST WEEK

		Orleans	VT	
Overall		50%	52%	Overall Differences: State vs County
Sex	Male	51%	51%	VT and County are Similar
	Female	49%	53%	Within County Differences
Grade	Grade 9	50%	50%	
	Grade 10	48%	53%	
	Grade 11	51%	51%	
	Grade 12	52%	55%	
Race	WnH	51%	52%	
	REM	45%	50%	
Sexual Orientation	Het/Cis	51%	53%	
	LGBT	45%	49%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
 NUTRITION

BREAKFAST CONSUMPTION, PAST WEEK		
	Orleans	VT
0 days	10%	11%
1 day	5%	6%
2 days	11%	9%
3 days	14%	10%
4 days	8%	8%
5 days	10%	9%
6 days	5%	7%
7 days	38%	40%

County > VT

VT > County

DID NOT EAT BREAKFAST, PAST WEEK			
		Orleans	VT
Overall		10%	11%
Sex	Male	12%	11%
	Female	7%	10%
Grade	Grade 9	10%	10%
	Grade 10	7%	11%
	Grade 11	11%	10%
	Grade 12	10%	11%
Race	WnH	10%	10%
	REM	7%	13%
Sexual Orientation	Het/Cis	9%	10%
	LGBT	10%	14%

Overall Differences: State vs County

VT and County are Similar

Within County Differences



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## SECTION 8: SOCIAL DETERMINANTS OF HEALTH

<b>WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS</b>		
	<b>Orleans</b>	<b>VT</b>
Never	77%	75%
Rarely	12%	15%
Sometimes	8%	7%
Most of the time	1%	2%
Always	1%	1%

<b>MOST OF THE TIME OR ALWAYS WENT HUNGRY, PAST 30 DAYS</b>				
		<b>Orleans</b>	<b>VT</b>	
Overall		3%	3%	Overall Differences: State vs County
Sex	Male	4%	3%	VT and County are Similar
	Female	.	2%	Within County Differences
Grade	Grade 9	.	3%	Too few students by sex
	Grade 10	.	2%	Too few students in at least one grade
	Grade 11	4%	3%	Too few students by race
	Grade 12	.	3%	Too few students by sexual orientation
Race	WnH	3%	2%	
	REM	.	6%	
Sexual Orientation	Het/Cis	2%	3%	
	LGBT	.	5%	

SECTION 8: SOCIAL DETERMINANTS OF HEALTH

**USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE  
 BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR  
 PARENT OR GUARDIAN CANNOT AFFORD HOUSING**

		Orleans	VT	
Overall		4%	4%	Overall Differences: State vs County
Sex	Male	4%	4%	VT and County are Similar
	Female	4%	3%	
				Within County Differences
Grade	Grade 9	.	3%	Too few students in at least one grade
	Grade 10	.	3%	
	Grade 11	8%	4%	Too few students by sexual orientation
	Grade 12	4%	5%	
Race	WnH	3%	9%	
	REM	6%	3%	
Sexual Orientation	Het/Cis	4%	3%	
	LGBT	.	7%	

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK		
	Orleans	VT
0 days	9%	9%
1 day	3%	4%
2 days	4%	4%
3 days	5%	6%
4 days	6%	8%
5 days	12%	13%
6 days	11%	12%
7 days	50%	44%
County > VT		

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK				
		Orleans	VT	
Overall		79%	77%	Overall Differences: State vs County
Sex	Male	83%	80%	VT and County are Similar
	Female	76%	75%	
Grade	Grade 9	82%	83%	Within County Differences
	Grade 10	85%	81%	
	Grade 11	72%	76%	
	Grade 12	79%	71%	
Race	WnH	81%	79%	10 > 11
	REM	73%	70%	
Sexual Orientation	Het/Cis	79%	79%	
	LGBT	82%	65%	

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SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

GRADES EARNED IN SCHOOL			
	Orleans	VT	
Mostly A's	39%	46%	VT > County
Mostly B's	39%	39%	
Mostly C's	16%	12%	County > VT
Mostly D's	4%	2%	County > VT
Mostly F's	1%	1%	

REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM				
		Orleans	VT	
Overall		81%	80%	Overall Differences: State vs County
Sex	Male	80%	80%	VT and County are Similar
	Female	82%	81%	Within County Differences
Grade	Grade 9	77%	78%	12 > 9
	Grade 10	78%	79%	12 > 10
	Grade 11	80%	82%	12 > 11
	Grade 12	90%	83%	WnH > REM
Race	WnH	82%	82%	
	REM	71%	74%	
Sexual Orientation	Het/Cis	81%	81%	
	LGBT	82%	76%	

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

**BELIEVE SCHOOL HAS CLEAR RULES AND  
CONSEQUENCES FOR BEHAVIORS**

	Orleans	VT	
Strongly agree	15%	21%	VT > County
Agree	39%	44%	VT > County
Not sure	24%	19%	County > VT
Disagree	14%	11%	County > VT
Strongly disagree	8%	5%	County > VT

**STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS  
CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR**

		Orleans	VT	
Overall		54%	65%	Overall Differences: State vs County
Sex	Male	58%	69%	VT > County
	Female	49%	61%	Within County Differences
Grade	Grade 9	59%	67%	Males > Females
	Grade 10	58%	65%	9 > 11
	Grade 11	42%	64%	10 > 11
	Grade 12	55%	63%	12 > 11
Race	WnH	55%	65%	
	REM	45%	64%	
Sexual Orientation	Het/Cis	55%	67%	
	LGBT	44%	53%	

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM		
	Orleans	VT
Definitely will not	6%	5%
Probably will not	4%	5%
Probably will	25%	22%
Definitely will	52%	57%
Not sure	13%	11%

VT > County

PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM			
		Orleans	VT
Overall		77%	79%
Sex	Male	72%	75%
	Female	82%	83%
Grade	Grade 9	71%	74%
	Grade 10	79%	77%
	Grade 11	78%	81%
	Grade 12	80%	83%
Race	WnH	78%	80%
	REM	70%	72%
Sexual Orientation	Het/Cis	77%	80%
	LGBT	78%	74%

Overall Differences: State vs County

VT and County are Similar

Within County Differences

Females > Males

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
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SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

**HOURS SPENT IN EXTRACURRICULAR ACTIVITIES,  
TYPICAL WEEK**

	Orleans	VT	
0 hours	43%	33%	County > VT
1 to 4 hours	25%	27%	
5 to 9 hours	14%	17%	VT > County
10 to 19 hours	13%	17%	VT > County
20 or more hours	5%	6%	

**SPEND 10 OR MORE HOURS PARTICIPATING IN  
AFTERSCHOOL ACTIVITIES, TYPICAL WEEK**

		Orleans	VT	
Overall		18%	24%	Overall Differences: State vs County
Sex	Male	19%	24%	VT > County
	Female	17%	24%	Within County Differences
Grade	Grade 9	15%	21%	
	Grade 10	15%	23%	
	Grade 11	18%	24%	
	Grade 12	23%	26%	
Race	WnH	19%	24%	
	REM	16%	22%	
Sexual Orientation	Het/Cis	18%	25%	
	LGBT	21%	16%	

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SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

MATTER TO PEOPLE IN THEIR COMMUNITY			
	Orleans	VT	
Strongly agree	14%	19%	VT > County
Agree	39%	41%	
Not sure	29%	25%	County > VT
Disagree	11%	9%	
Strongly disagree	7%	5%	

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE				
		Orleans	VT	
Overall		53%	61%	Overall Differences: State vs County
Sex	Male	57%	65%	VT > County
	Female	49%	57%	
Grade	Grade 9	51%	61%	Within County Differences
	Grade 10	56%	60%	
	Grade 11	48%	60%	
	Grade 12	57%	62%	
Race	WnH	54%	62%	Het/CIS > LGBT
	REM	49%	55%	
Sexual Orientation	Het/Cis	56%	64%	
	LGBT	35%	39%	





# MIDDLE SCHOOL RESULTS

## ORLEANS COUNTY REPORT

<http://www.healthvermont.gov/yrbs>

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
ORLEANS COUNTY REPORT

MIDDLE SCHOOL DEMOGRAPHICS		
	Orleans	VT
Total	675	16701

		Orleans	VT
Sex	Male	51%	52%
	Female	49%	48%
Grade	6th Grade	20%	24%
	7th Grade	40%	39%
	8th Grade	40%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	82%	81%
	Students of Color (REM)	18%	19%
Sexual Orientation	Heterosexual (Het)	93%	93%
	Lesbian, Gay, or Bisexual (LGB)	7%	7%

SECTION 2: PERSONAL SAFETY  
 VIOLENCE AND BULLYING

WERE EVER IN A PHYSICAL FIGHT

		Orleans	VT	
Overall		43%	42%	Overall Differences: State vs County
Sex	Male	57%	56%	VT and County are Similar
	Female	27%	27%	
Grade	Grade 6	40%	40%	Within County Differences
	Grade 7	45%	43%	
	Grade 8	43%	43%	
Race	WnH	38%	40%	Males > Females
	REM	67%	54%	
Sexual Orientation	Het	43%	43%	REM > WnH
	LGB	.	58%	
				Too few students by sexual orientation

WERE EVER BULLIED ON SCHOOL PROPERTY

		Orleans	VT	
Overall		55%	44%	Overall Differences: State vs County
Sex	Male	51%	39%	County > VT
	Female	58%	50%	
Grade	Grade 6	58%	44%	Within County Differences
	Grade 7	56%	45%	
	Grade 8	52%	44%	
Race	WnH	52%	43%	Too few students by sexual orientation
	REM	65%	48%	
Sexual Orientation	Het	52%	42%	
	LGB	.	73%	

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SECTION 2: PERSONAL SAFETY  
VIOLENCE AND BULLYING

WERE EVER ELECTRONICALLY BULLIED

		Orleans	VT	
Overall		29%	24%	Overall Differences: State vs County
Sex	Male	23%	16%	County > VT
	Female	36%	33%	
				Within County Differences
Grade	Grade 6	22%	18%	Females > Males
	Grade 7	27%	24%	8 > 6
	Grade 8	36%	28%	Too few students by sexual orientation
Race	WnH	30%	24%	
	REM	33%	29%	
Sexual Orientation	Het	29%	23%	
	LGB	.	55%	

WERE BULLIED, PAST 30 DAYS

		Orleans	VT	
Overall		29%	22%	Overall Differences: State vs County
Sex	Male	23%	17%	County > VT
	Female	34%	26%	
				Within County Differences
Grade	Grade 6	37%	22%	Females > Males
	Grade 7	28%	22%	REM > WnH
	Grade 8	25%	21%	Too few students by sexual orientation
Race	WnH	24%	20%	
	REM	43%	26%	
Sexual Orientation	Het	26%	19%	
	LGB	.	47%	

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SECTION 2: PERSONAL SAFETY  
VIOLENCE AND BULLYING

**BULLIED SOMEONE ELSE, PAST 30 DAYS**

		Orleans	VT	
Overall		10%	8%	Overall Differences: State vs County
Sex	Male	10%	8%	VT and County are Similar
	Female	10%	8%	
Grade	Grade 6	9%	7%	Within County Differences
	Grade 7	8%	8%	
	Grade 8	13%	9%	
Race	WnH	9%	7%	Too few students by sexual orientation
	REM	18%	11%	
Sexual Orientation	Het	11%	8%	Too few students by sexual orientation
	LGB	.	15%	

**DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS**

		Orleans	VT	
Overall		8%	8%	Overall Differences: State vs County
Sex	Male	5%	7%	VT and County are Similar
	Female	11%	10%	
Grade	Grade 6	8%	8%	Within County Differences
	Grade 7	11%	8%	
	Grade 8	7%	9%	
Race	WnH	6%	7%	REM > WnH
	REM	18%	12%	
Sexual Orientation	Het	7%	7%	Too few students by sexual orientation
	LGB	.	23%	

SECTION 2: PERSONAL SAFETY  
 CAR SAFETY

SEATBELT USE		
	Orleans	VT
Never	2%	1%
Rarely	2%	1%
Sometimes	4%	3%
Most of the time	24%	18%
Always	69%	76%

County > VT  
 VT > County

RARELY OR NEVER WEAR A SEAT BELT			
		Orleans	VT
Overall		4%	2%
Sex	Male	5%	3%
	Female	2%	2%
Grade	Grade 6	.	1%
	Grade 7	4%	2%
	Grade 8	6%	3%
Race	WnH	3%	2%
	REM	9%	5%
Sexual Orientation	Het	4%	2%
	LGB	.	4%

Overall Differences: State vs County

County > VT

Within County Differences

7 > 6

8 > 6

Too few students by sexual orientation

SECTION 2: PERSONAL SAFETY  
 CAR SAFETY

EVER RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL				
		Orleans	VT	
Overall		33%	22%	Overall Differences: State vs County
Sex	Male	33%	20%	County > VT
	Female	33%	24%	Within County Differences
Grade	Grade 6	25%	15%	Too few students by sexual orientation
	Grade 7	32%	21%	
	Grade 8	38%	27%	
Race	WnH	33%	22%	
	REM	43%	24%	
Sexual Orientation	Het	35%	22%	
	LGB	.	34%	

EVER RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA				
		Orleans	VT	
Overall		13%	9%	Overall Differences: State vs County
Sex	Male	10%	7%	County > VT
	Female	16%	10%	Within County Differences
Grade	Grade 6	11%	5%	8 > 7
	Grade 7	9%	8%	REM > WnH
	Grade 8	17%	12%	Too few students by sexual orientation
Race	WnH	13%	8%	
	REM	23%	14%	
Sexual Orientation	Het	12%	8%	
	LGB	.	23%	



SECTION 2: PERSONAL SAFETY  
 INJURY PREVENTION

HELMET USE WHEN RIDING A BICYCLE

	Orleans	VT	
Never wear a helmet	25%	16%	County > VT
Rarely wear a helmet	19%	15%	County > VT
Sometimes wear a helmet	15%	15%	
Most of the time wear a helmet	22%	25%	
Always wear a helmet	19%	28%	VT > County

RARELY OR NEVER WEAR A BICYCLE HELMET

		Orleans	VT	
Overall		44%	31%	Overall Differences: State vs County
Sex	Male	48%	33%	County > VT
	Female	40%	29%	
Grade	Grade 6	38%	24%	Within County Differences
	Grade 7	39%	30%	
	Grade 8	53%	37%	
Race	WnH	41%	28%	8 > 7
	REM	64%	42%	
Sexual Orientation	Het	45%	32%	REM > WnH
	LGB	.	42%	

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SECTION 2: PERSONAL SAFETY  
INJURY PREVENTION

HELMET USE WHEN SKIING OR SNOWBOARDING

	Orleans	VT	
Never wear a helmet	10%	5%	County > VT
Rarely wear a helmet	2%	2%	
Sometimes wear a helmet	3%	2%	
Most of the time wear a helmet	5%	7%	
Always wear a helmet	79%	83%	

RARELY OR NEVER WEAR A HELMET WHEN SKIING OR SNOWBOARDING

		Orleans	VT	
Overall		12%	7%	Overall Differences: State vs County
Sex	Male	14%	8%	County > VT
	Female	11%	6%	
Grade	Grade 6	12%	7%	Within County Differences
	Grade 7	12%	8%	
	Grade 8	13%	7%	
Race	WnH	10%	6%	Too few students by sexual orientation
	REM	21%	12%	
Sexual Orientation	Het	11%	7%	
	LGB	.	11%	

SECTION 2: PERSONAL SAFETY  
 INJURY PREVENTION

**HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE**

		Orleans	VT	
Overall		21%	17%	Overall Differences: State vs County
Sex	Male	23%	19%	VT and County are Similar
	Female	18%	16%	
				Within County Differences
Grade	Grade 6	19%	17%	Too few students by sexual orientation
	Grade 7	19%	17%	
	Grade 8	24%	18%	
Race	WnH	19%	17%	
	REM	30%	21%	
Sexual Orientation	Het	21%	18%	
	LGB	.	21%	

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SECTION 2: PERSONAL SAFETY  
TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME ROOM WITH SOMEONE WHO WAS  
SMOKING CIGARETTES, PAST 7 DAYS

		Orleans	VT	
Overall		39%	26%	Overall Differences: State vs County
Sex	Male	36%	25%	County > VT
	Female	41%	27%	
				Within County Differences
Grade	Grade 6	32%	21%	Too few students by sexual orientation
	Grade 7	37%	27%	
	Grade 8	45%	29%	
Race	WnH	38%	25%	
	REM	51%	32%	
Sexual Orientation	Het	39%	26%	
	LGB	.	51%	

WERE IN THE SAME CAR WITH SOMEONE WHO WAS  
SMOKING CIGARETTES, PAST 7 DAYS

		Orleans	VT	
Overall		29%	19%	Overall Differences: State vs County
Sex	Male	27%	17%	County > VT
	Female	30%	20%	
				Within County Differences
Grade	Grade 6	21%	15%	REM > WnH
	Grade 7	27%	19%	
	Grade 8	34%	20%	
Race	WnH	27%	18%	
	REM	41%	23%	
Sexual Orientation	Het	29%	18%	
	LGB	.	38%	

SECTION 2: PERSONAL SAFETY  
 TOBACCO EXPOSURE AND PREVENTION

**SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE**

	Orleans	VT	
Never	9%	9%	VT > County
Rarely	9%	14%	
Sometimes	25%	27%	
Most of the time	31%	29%	
Always	27%	21%	County > VT

**MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS**

		Orleans	VT	
Overall		58%	50%	Overall Differences: State vs County
Sex	Male	59%	51%	County > VT
	Female	56%	49%	
Grade	Grade 6	49%	42%	Within County Differences
	Grade 7	56%	50%	
	Grade 8	64%	56%	
Race	WnH	58%	51%	8 > 6
	REM	67%	52%	
Sexual Orientation	Het	59%	52%	Too few students by sexual orientation
	LGB	.	61%	

SECTION 2: PERSONAL SAFETY  
 TOBACCO EXPOSURE AND PREVENTION

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR				
		Orleans	VT	
Overall		33%	30%	Overall Differences: State vs County
Sex	Male	30%	30%	VT and County are Similar
	Female	35%	31%	
Grade	Grade 6	17%	18%	8 > 6
	Grade 7	29%	29%	8 > 7
	Grade 8	44%	40%	Too few students by sexual orientation
Race	WnH	32%	31%	
	REM	46%	34%	
Sexual Orientation	Het	34%	31%	
	LGB	.	43%	

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## SECTION 3: MENTAL HEALTH

**FELT SAD OR HOPELESS, PAST YEAR**

		Orleans	VT	
Overall		21%	19%	Overall Differences: State vs County
Sex	Male	13%	12%	VT and County are Similar
	Female	29%	26%	
				Within County Differences
Grade	Grade 6	21%	16%	Females > Males
	Grade 7	21%	18%	REM > WnH
	Grade 8	21%	22%	Too few students by sexual orientation
Race	WnH	19%	18%	
	REM	33%	26%	
Sexual Orientation	Het	18%	16%	
	LGB	.	63%	

**EVER SERIOUSLY THOUGHT ABOUT KILLING THEMSELVES**

		Orleans	VT	
Overall		22%	18%	Overall Differences: State vs County
Sex	Male	15%	12%	County > VT
	Female	29%	23%	
				Within County Differences
Grade	Grade 6	27%	13%	Females > Males
	Grade 7	18%	17%	REM > WnH
	Grade 8	23%	22%	Too few students by sexual orientation
Race	WnH	19%	17%	
	REM	37%	24%	
Sexual Orientation	Het	17%	15%	
	LGB	.	60%	

SECTION 3: MENTAL HEALTH

EVER MADE A PLAN ABOUT HOW THEY WOULD KILL THEMSELVES				
		Orleans	VT	
Overall		13%	12%	Overall Differences: State vs County
Sex	Male	9%	8%	VT and County are Similar
	Female	18%	16%	
Grade	Grade 6	16%	7%	Within County Differences
	Grade 7	10%	11%	
	Grade 8	14%	16%	
Race	WnH	12%	11%	Females > Males
	REM	23%	18%	
Sexual Orientation	Het	10%	10%	REM > WnH
	LGB	.	48%	
				Too few students by sexual orientation

EVER ATTEMPTED SUICIDE				
		Orleans	VT	
Overall		7%	6%	Overall Differences: State vs County
Sex	Male	4%	3%	VT and County are Similar
	Female	10%	8%	
Grade	Grade 6	7%	3%	Within County Differences
	Grade 7	5%	5%	
	Grade 8	9%	8%	
Race	WnH	6%	5%	Females > Males
	REM	19%	10%	
Sexual Orientation	Het	5%	4%	REM > WnH
	LGB	.	30%	
				Too few students by sexual orientation



SECTION 4: SUBSTANCE USE  
 LIFETIME USE

EVER SMOKED A WHOLE CIGARETTE

		Orleans	VT	
Overall		10%	7%	Overall Differences: State vs County
Sex	Male	9%	7%	County > VT
	Female	11%	7%	
				Within County Differences
Grade	Grade 6	6%	4%	REM > WnH  Too few students by sexual orientation
	Grade 7	8%	7%	
	Grade 8	15%	10%	
Race	WnH	9%	6%	
	REM	22%	12%	
Sexual Orientation	Het	9%	7%	
	LGB	.	23%	

EVER USED AN ELECTRONIC VAPOR PRODUCT

		Orleans	VT	
Overall		15%	9%	Overall Differences: State vs County
Sex	Male	14%	9%	County > VT
	Female	15%	8%	
				Within County Differences
Grade	Grade 6	5%	3%	7 > 6  8 > 6  Too few students by sexual orientation
	Grade 7	15%	8%	
	Grade 8	19%	14%	
Race	WnH	15%	8%	
	REM	18%	14%	
Sexual Orientation	Het	15%	9%	
	LGB	.	22%	

SECTION 4: SUBSTANCE USE  
LIFETIME USE

EVER USED A FLAVORED TOBACCO PRODUCT			
		Orleans	VT
Overall		9%	5%
Overall Differences: State vs County			
Sex	Male	9%	5%
	Female	9%	5%
Within County Differences			
Grade	Grade 6	.	2%
	Grade 7	8%	5%
	Grade 8	11%	6%
Race	WnH	10%	4%
	REM	10%	8%
Sexual Orientation	Het	8%	4%
	LGB	.	14%

EVER DRANK ALCOHOL			
		Orleans	VT
Overall		27%	19%
Overall Differences: State vs County			
Sex	Male	29%	20%
	Female	24%	17%
Within County Differences			
Grade	Grade 6	16%	10%
	Grade 7	26%	17%
	Grade 8	33%	26%
Race	WnH	26%	18%
	REM	40%	24%
Sexual Orientation	Het	27%	19%
	LGB	.	38%

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SECTION 4: SUBSTANCE USE  
LIFETIME USE

EVER USED MARIJUANA				
		Orleans	VT	
Overall		9%	7%	Overall Differences: State vs County
Sex	Male	7%	7%	County > VT
	Female	11%	7%	Within County Differences
Grade	Grade 6	.	2%	Too few students in at least one grade
	Grade 7	7%	6%	REM > WnH
	Grade 8	14%	11%	Too few students by sexual orientation
Race	WnH	8%	6%	
	REM	19%	12%	
Sexual Orientation	Het	10%	6%	
	LGB	.	23%	

EVER USED INHALANTS				
		Orleans	VT	
Overall		4%	4%	Overall Differences: State vs County
Sex	Male	4%	4%	VT and County are Similar
	Female	5%	4%	Within County Differences
Grade	Grade 6	.	3%	Too few students in at least one grade
	Grade 7	4%	4%	Too few students by sexual orientation
	Grade 8	7%	5%	
Race	WnH	4%	4%	
	REM	6%	7%	
Sexual Orientation	Het	3%	4%	
	LGB	.	12%	

SECTION 4: SUBSTANCE USE  
 LIFETIME USE

<b>EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT</b>				
		<b>Orleans</b>	<b>VT</b>	
Overall		2%	2%	Overall Differences: State vs County
Sex	Male	.	2%	VT and County are Similar
	Female	2%	3%	Within County Differences
Grade	Grade 6	.	1%	Too few students by sex
	Grade 7	.	2%	Too few students in at least one grade
	Grade 8	3%	3%	Too few students by race
Race	WnH	2%	2%	Too few students by sexual orientation
	REM	.	5%	
Sexual Orientation	Het	.	2%	
	LGB	.	9%	

<b>EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT</b>				
		<b>Orleans</b>	<b>VT</b>	
Overall		2%	2%	Overall Differences: State vs County
Sex	Male	.	2%	VT and County are Similar
	Female	2%	2%	Within County Differences
Grade	Grade 6	.	1%	Too few students by sex
	Grade 7	.	2%	Too few students in at least one grade
	Grade 8	3%	2%	Too few students by race
Race	WnH	2%	1%	Too few students by sexual orientation
	REM	.	4%	
Sexual Orientation	Het	.	1%	
	LGB	.	6%	

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SECTION 4: SUBSTANCE USE  
CURRENT USE

USED TOBACCO PRODUCTS, PAST YEAR

		Orleans	VT	
Overall		10%	5%	Overall Differences: State vs County
Sex	Male	10%	6%	County > VT
	Female	9%	5%	Within County Differences
Grade	Grade 6	10%	3%	Too few students by sexual orientation
	Grade 7	8%	5%	
	Grade 8	12%	7%	
Race	WnH	9%	5%	
	REM	14%	9%	
Sexual Orientation	Het	9%	5%	
	LGB	.	16%	

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS

		Orleans	VT	
Overall		10%	5%	Overall Differences: State vs County
Sex	Male	12%	5%	County > VT
	Female	8%	4%	Within County Differences
Grade	Grade 6	.	2%	Too few students in at least one grade
	Grade 7	11%	4%	Too few students by sexual orientation
	Grade 8	13%	7%	
Race	WnH	10%	5%	
	REM	16%	8%	
Sexual Orientation	Het	10%	5%	
	LGB	.	14%	

SECTION 4: SUBSTANCE USE  
 CURRENT USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS				
		Orleans	VT	
Overall		5%	3%	Overall Differences: State vs County
Sex	Male	6%	3%	County > VT
	Female	4%	2%	
Grade	Grade 6	.	1%	Too few students in at least one grade
	Grade 7	5%	2%	Too few students by sexual orientation
	Grade 8	7%	4%	
Race	WnH	5%	2%	
	REM	11%	5%	
Sexual Orientation	Het	5%	2%	
	LGB	.	9%	

SMOKED CIGARETTES, PAST 30 DAYS				
		Orleans	VT	
Overall		4%	2%	Overall Differences: State vs County
Sex	Male	3%	2%	County > VT
	Female	4%	2%	
Grade	Grade 6	.	1%	Too few students in at least one grade
	Grade 7	2%	2%	Too few students by sexual orientation
	Grade 8	6%	3%	
Race	WnH	3%	2%	
	REM	8%	4%	
Sexual Orientation	Het	3%	2%	
	LGB	.	8%	

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SECTION 4: SUBSTANCE USE  
CURRENT USE

AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES  
SMOKED

	Orleans	VT	
Less than 1 cigarette	33%	33%	
1 cigarette	.	23%	Too few students
2 to 5 cigarettes	38%	23%	
6 to 10 cigarettes	.	6%	Too few students
11 to 20 cigarettes	.	.	Too few students
More than 20 cigarettes	.	14%	Too few students

USED AN ELECTRONIC VAPOR PRODUCT PAST 30 DAYS

		Orleans	VT	
Overall		8%	4%	Overall Differences: State vs County
Sex	Male	9%	4%	County > VT
	Female	6%	3%	
Within County Differences				
Grade	Grade 6	.	1%	Too few students in at least one grade
	Grade 7	8%	3%	Too few students by sexual orientation
	Grade 8	11%	6%	
Race	WnH	7%	3%	
	REM	13%	6%	
Sexual Orientation	Het	8%	3%	
	LGB	.	10%	

SECTION 4: SUBSTANCE USE  
CURRENT USE

AMONG CURRENT USERS: REASONS FOR USING AN  
ELECTRONIC VAPOR PRODUCT

	Orleans	VT	
Friend/family used them	41%	38%	
To try to quit other tobacco products	9%	3%	County > VT
Cost less	.	1%	Too few students
Easier to get	.	1%	Too few students
Less harmful	.	7%	Too few students
Available in flavors	13%	13%	
Used for some other reason	30%	36%	

AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT  
SOURCE

	Orleans	VT	
Bought them in a store	.	3%	Too few students
I got them on the Internet	.	9%	Too few students
Someone else bought them	.	10%	Too few students
Borrowed them	49%	44%	
A person 18 or older gave me	.	9%	Too few students
Took them from a store	.	4%	Too few students
Some other way	25%	21%	



SECTION 4: SUBSTANCE USE  
 CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE		
	Orleans	VT
1 or 2 days	41%	49%
3 to 5 days	22%	16%
6 to 9 days	13%	10%
10 to 19 days	.	6%
20 to 29 days	.	5%
All 30 days	11%	15%

SMOKED CIGARS, PAST 30 DAYS			
		Orleans	VT
Overall		2%	1%
Sex	Male	3%	1%
	Female	.	1%
Grade	Grade 6	.	1%
	Grade 7	.	1%
	Grade 8	4%	2%
Race	WnH	2%	1%
	REM	6%	3%
Sexual Orientation	Het	2%	1%
	LGB	.	6%

Overall Differences: State vs County

VT and County are Similar

Within County Differences

Too few students by sex

Too few students in at least one grade

Too few students by sexual orientation

SECTION 4: SUBSTANCE USE  
 CURRENT USE

USED SMOKELESS TOBACCO, PAST 30 DAYS				
		Orleans	VT	
Overall		3%	1%	Overall Differences: State vs County
Sex	Male	4%	2%	County > VT
	Female	.	1%	Within County Differences
Grade	Grade 6	.	1%	Too few students by sex
	Grade 7	3%	1%	7 > 6
	Grade 8	4%	2%	8 > 6
Race	WnH	2%	1%	Too few students by sexual orientation
	REM	6%	3%	
Sexual Orientation	Het	3%	1%	
	LGB	.	4%	

TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR				
		Orleans	VT	
Overall		34%	36%	Overall Differences: State vs County
Sex	Male	.	36%	VT and County are Similar
	Female	.	38%	Within County Differences
Grade	Grade 6	.	30%	Too few students by sex
	Grade 7	.	35%	Too few students in at least one grade
	Grade 8	.	40%	Too few students by race
Race	WnH	.	37%	Too few students by sexual orientation
	REM	.	40%	
Sexual Orientation	Het	.	39%	
	LGB	.	43%	

SECTION 4: SUBSTANCE USE  
 CURRENT USE

DRANK ALCOHOL, PAST 30 DAYS				
		Orleans	VT	
Overall		11%	7%	Overall Differences: State vs County
Sex	Male	10%	6%	County > VT
	Female	10%	6%	Within County Differences
Grade	Grade 6	6%	2%	8 > 6
	Grade 7	7%	5%	8 > 7
	Grade 8	17%	10%	Too few students by sexual orientation
Race	WnH	10%	6%	
	REM	17%	10%	
Sexual Orientation	Het	9%	6%	
	LGB	.	18%	

BINGE DRANK, PAST 30 DAYS				
		Orleans	VT	
Overall		3%	2%	Overall Differences: State vs County
Sex	Male	3%	2%	County > VT
	Female	3%	1%	Within County Differences
Grade	Grade 6	.	0%	Too few students in at least one grade
	Grade 7	2%	1%	REM > WnH
	Grade 8	5%	3%	Too few students by sexual orientation
Race	WnH	2%	1%	
	REM	9%	3%	
Sexual Orientation	Het	3%	1%	
	LGB	.	5%	

SECTION 4: SUBSTANCE USE  
 CURRENT USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED		
	Orleans	VT
1 or 2 drinks	49%	63%
3 drinks	14%	10%
4 drinks	13%	7%
5 drinks	9%	6%
6 or 7 drinks	.	4%
8 or 9 drinks	.	2%
10 or more drinks	6%	9%

USED MARIJUANA, PAST 30 DAYS			
		Orleans	VT
Overall		6%	4%
Overall Differences: State vs County			
Sex	Male	4%	4%
	Female	7%	4%
VT and County are Similar			
Within County Differences			
Grade	Grade 6	.	1%
	Grade 7	4%	3%
	Grade 8	9%	7%
Too few students in at least one grade			
Race	WnH	5%	4%
	REM	12%	8%
Sexual Orientation	Het	5%	4%
	LGB	.	14%
Too few students by sexual orientation			

SECTION 4: SUBSTANCE USE  
 CURRENT USE

**AMONG CURRENT USERS: FREQUENCY OF  
 MARIJUANA USE**

	<b>Orleans</b>	<b>VT</b>	
1 or 2 times	41%	42%	
3 to 9 times	.	22%	Too few students
10 to 19 times	.	11%	Too few students
20 to 39 times	16%	8%	
40 or more times	21%	17%	

SECTION 4: SUBSTANCE USE  
 PERCEPTIONS ABOUT USE

<b>THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES</b>				
		<b>Orleans</b>	<b>VT</b>	
Overall		93%	95%	Overall Differences: State vs County
Sex	Male	94%	95%	VT > County
	Female	92%	95%	
				Within County Differences
Grade	Grade 6	98%	98%	WnH > REM  Too few students by sexual orientation
	Grade 7	93%	95%	
	Grade 8	90%	93%	
Race	WnH	94%	96%	
	REM	86%	92%	
Sexual Orientation	Het	93%	96%	
	LGB	.	83%	

<b>THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL</b>				
		<b>Orleans</b>	<b>VT</b>	
Overall		84%	89%	Overall Differences: State vs County
Sex	Male	84%	89%	VT > County
	Female	86%	90%	
				Within County Differences
Grade	Grade 6	96%	95%	6 > 8  7 > 8  Too few students by sexual orientation
	Grade 7	87%	91%	
	Grade 8	76%	84%	
Race	WnH	85%	89%	
	REM	77%	87%	
Sexual Orientation	Het	84%	90%	
	LGB	.	76%	

SECTION 4: SUBSTANCE USE  
 PERCEPTIONS ABOUT USE

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA**

		Orleans	VT	
Overall		89%	90%	Overall Differences: State vs County
Sex	Male	91%	90%	VT and County are Similar
	Female	88%	90%	
				Within County Differences
Grade	Grade 6	96%	97%	6 > 8 Too few students by sexual orientation
	Grade 7	90%	91%	
	Grade 8	85%	84%	
Race	WnH	90%	90%	
	REM	82%	86%	
Sexual Orientation	Het	90%	91%	
	LGB	.	70%	

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES**

		Orleans	VT	
Overall		94%	95%	Overall Differences: State vs County
Sex	Male	95%	95%	VT and County are Similar
	Female	93%	95%	
				Within County Differences
Grade	Grade 6	92%	96%	Too few students by sexual orientation
	Grade 7	97%	95%	
	Grade 8	93%	95%	
Race	WnH	94%	96%	
	REM	94%	93%	
Sexual Orientation	Het	95%	96%	
	LGB	.	88%	

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SECTION 4: SUBSTANCE USE  
PERCEPTIONS ABOUT USE

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE  
WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL**

		Orleans	VT	
Overall		82%	85%	Overall Differences: State vs County
Sex	Male	82%	84%	VT and County are Similar
	Female	83%	87%	
				Within County Differences
Grade	Grade 6	88%	87%	Too few students by sexual orientation
	Grade 7	85%	86%	
	Grade 8	77%	83%	
Race	WnH	82%	86%	
	REM	78%	82%	
Sexual Orientation	Het	82%	86%	
	LGB	.	76%	

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE  
WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA**

		Orleans	VT	
Overall		91%	92%	Overall Differences: State vs County
Sex	Male	93%	92%	VT and County are Similar
	Female	90%	92%	
				Within County Differences
Grade	Grade 6	92%	95%	Too few students by sexual orientation
	Grade 7	93%	92%	
	Grade 8	90%	89%	
Race	WnH	92%	92%	
	REM	85%	88%	
Sexual Orientation	Het	91%	93%	
	LGB	.	79%	



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SECTION 4: SUBSTANCE USE  
PERCEPTIONS ABOUT USE

THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET

		Orleans	VT	
Overall		25%	22%	Overall Differences: State vs County
Sex	Male	26%	22%	VT and County are Similar
	Female	24%	21%	
				Within County Differences
Grade	Grade 6	18%	13%	Too few students by sexual orientation
	Grade 7	22%	20%	
	Grade 8	31%	28%	
Race	WnH	26%	21%	
	REM	32%	28%	
Sexual Orientation	Het	25%	21%	
	LGB	.	42%	

THINK ALCOHOL WOULD BE SORT OF EASY OR VERY EASY TO GET

		Orleans	VT	
Overall		36%	37%	Overall Differences: State vs County
Sex	Male	37%	37%	VT and County are Similar
	Female	35%	37%	
				Within County Differences
Grade	Grade 6	19%	24%	7 > 6
	Grade 7	35%	35%	8 > 6
	Grade 8	47%	48%	8 > 7
Race	WnH	38%	39%	Too few students by sexual orientation
	REM	40%	39%	
Sexual Orientation	Het	37%	38%	
	LGB	.	55%	

SECTION 4: SUBSTANCE USE  
 PERCEPTIONS ABOUT USE

**THINK MARIJUANA WOULD BE SORT OF EASY OR VERY EASY TO GET**

		Orleans	VT	
Overall		16%	15%	Overall Differences: State vs County
Sex	Male	13%	15%	VT and County are Similar
	Female	19%	15%	
				Within County Differences
Grade	Grade 6	9%	6%	8 > 6
	Grade 7	14%	13%	REM > WnH
	Grade 8	22%	23%	Too few students by sexual orientation
Race	WnH	15%	15%	
	REM	30%	21%	
Sexual Orientation	Het	15%	15%	
	LGB	.	35%	

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY**

		Orleans	VT	
Overall		71%	72%	Overall Differences: State vs County
Sex	Male	73%	71%	VT and County are Similar
	Female	69%	74%	
				Within County Differences
Grade	Grade 6	79%	76%	Too few students by sexual orientation
	Grade 7	68%	72%	
	Grade 8	69%	70%	
Race	WnH	71%	74%	
	REM	64%	68%	
Sexual Orientation	Het	71%	73%	
	LGB	.	66%	

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SECTION 4: SUBSTANCE USE  
PERCEPTIONS ABOUT USE

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF  
THEY BINGE DRINK EACH WEEKEND**

		Orleans	VT	
Overall		44%	48%	Overall Differences: State vs County
Sex	Male	38%	45%	VT and County are Similar
	Female	49%	51%	
				Within County Differences
Grade	Grade 6	53%	50%	Females > Males Too few students by sexual orientation
	Grade 7	40%	48%	
	Grade 8	42%	46%	
Race	WnH	45%	48%	
	REM	36%	47%	
Sexual Orientation	Het	42%	48%	
	LGB	.	41%	

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF  
THEY USE MARIJUANA REGULARLY**

		Orleans	VT	
Overall		59%	59%	Overall Differences: State vs County
Sex	Male	58%	56%	VT and County are Similar
	Female	60%	62%	
				Within County Differences
Grade	Grade 6	73%	73%	6 > 8 WnH > REM Too few students by sexual orientation
	Grade 7	60%	60%	
	Grade 8	51%	48%	
Race	WnH	61%	59%	
	REM	44%	54%	
Sexual Orientation	Het	58%	59%	
	LGB	.	39%	

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## SECTION 5: SEXUAL ACTIVITY

EVER HAD SEXUAL INTERCOURSE			
		Orleans	VT
Overall		8%	5%
Overall Differences: State vs County			
Sex	Male	10%	6%
	Female	6%	4%
Within County Differences			
Grade	Grade 6	.	2%
	Grade 7	6%	4%
	Grade 8	13%	8%
Race	WnH	7%	5%
	REM	16%	10%
Sexual Orientation	Het	8%	5%
	LGB	.	16%

EVER HAD ORAL SEX			
		Orleans	VT
Overall		10%	6%
Overall Differences: State vs County			
Sex	Male	11%	6%
	Female	9%	5%
Within County Differences			
Grade	Grade 6	.	1%
	Grade 7	7%	4%
	Grade 8	15%	9%
Race	WnH	9%	5%
	REM	18%	10%
Sexual Orientation	Het	10%	5%
	LGB	.	17%

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION  
 PHYSICAL ACTIVITY

DAYS ENGAGED IN AT LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK		
	Orleans	VT
0 days	7%	7%
1 day	4%	4%
2 days	8%	7%
3 days	10%	10%
4 days	13%	11%
5 days	16%	15%
6 days	9%	11%
7 days	33%	34%

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS				
		Orleans	VT	
Overall		33%	34%	Overall Differences: State vs County
Sex				VT and County are Similar
	Male	41%	42%	
	Female	25%	26%	Within County Differences
Grade				Males > Females
	Grade 6	36%	38%	
	Grade 7	34%	35%	Too few students by sexual orientation
	Grade 8	31%	30%	
Race				
	WnH	35%	34%	
	REM	28%	35%	
Sexual Orientation				
	Het	37%	36%	
	LGB	.	18%	

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SECTION 6: PHYSICAL ACTIVITY AND NUTRITION  
PHYSICAL ACTIVITY

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS				
		Orleans	VT	
Overall		58%	60%	Overall Differences: State vs County
Sex	Male	65%	66%	VT and County are Similar
	Female	51%	54%	
Grade	Grade 6	53%	63%	Within County Differences
	Grade 7	58%	60%	
	Grade 8	61%	57%	
Race	WnH	61%	61%	Males > Females
	REM	54%	58%	
Sexual Orientation	Het	65%	63%	Too few students by sexual orientation
	LGB	.	37%	

WERE NOT PHYSICALLY ACTIVE PAST WEEK				
		Orleans	VT	
Overall		7%	7%	Overall Differences: State vs County
Sex	Male	5%	7%	VT and County are Similar
	Female	10%	7%	
Grade	Grade 6	8%	7%	Within County Differences
	Grade 7	8%	7%	
	Grade 8	7%	8%	
Race	WnH	5%	6%	Too few students by sexual orientation
	REM	10%	9%	
Sexual Orientation	Het	5%	5%	Too few students by sexual orientation
	LGB	.	15%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION  
 PHYSICAL ACTIVITY

PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK			
	Orleans	VT	
0 days	22%	25%	VT > County
1 day	4%	7%	
2 days	10%	8%	
3 days	5%	8%	VT > County
4 days	4%	5%	County > VT
5 days	55%	46%	

GET NO PHYSICAL ACTIVITY BREAKS WHILE THEY ARE AT SCHOOL				
		Orleans	VT	
Overall		22%	25%	Overall Differences: State vs County
Sex	Male	19%	24%	VT and County are Similar
	Female	27%	25%	
Grade	Grade 6	20%	16%	Within County Differences
	Grade 7	21%	26%	
	Grade 8	25%	29%	
Race	WnH	22%	24%	Too few students by sexual orientation
	REM	29%	27%	
Sexual Orientation	Het	22%	24%	
	LGB	.	30%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION  
 PHYSICAL ACTIVITY

RIDE A BIKE OR WALK TO SCHOOL WHEN WEATHER PERMITS			
	Orleans	VT	
0 days	84%	77%	County > VT
1 day	1%	3%	VT > County
2 days	2%	3%	
3 days	3%	4%	
4 days	.	2%	Too few students
5 days	9%	10%	

WALK OR RIDE THEIR BIKE TO SCHOOL EVERYDAY				
		Orleans	VT	
Overall		9%	10%	Overall Differences: State vs County
Sex	Male	10%	12%	VT and County are Similar
	Female	8%	9%	
Grade	Grade 6	7%	11%	Within County Differences
	Grade 7	9%	10%	
	Grade 8	9%	10%	
Race	WnH	7%	10%	Too few students by sexual orientation
	REM	15%	13%	
Sexual Orientation	Het	8%	10%	
	LGB	.	14%	



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION  
 PHYSICAL ACTIVITY

WATCH TELEVISION, TYPICAL SCHOOL DAY		
	Orleans	VT
No TV on average school day	16%	18%
Less than 1 hour per day	20%	23%
1 hour per day	20%	18%
2 hours per day	22%	20%
3 hours per day	12%	10%
4 hours per day	4%	4%
5 or more hours per day	6%	6%

WATCHED TV 3+ HOURS PER DAY				
		Orleans	VT	
Overall		22%	20%	Overall Differences: State vs County
Sex	Male	21%	20%	VT and County are Similar
	Female	23%	20%	
Grade	Grade 6	15%	18%	Within County Differences
	Grade 7	23%	20%	
	Grade 8	24%	21%	
Race	WnH	19%	19%	REM > WnH
	REM	35%	24%	
Sexual Orientation	Het	21%	20%	Too few students by sexual orientation
	LGB	.	27%	

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SECTION 6: PHYSICAL ACTIVITY AND NUTRITION  
PHYSICAL ACTIVITY

COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY

	Orleans	VT
No playing video/computer game	14%	12%
Less than 1 hour per day	14%	17%
1 hour per day	15%	15%
2 hours per day	19%	18%
3 hours per day	14%	14%
4 hours per day	7%	8%
5 or more hours per day	17%	16%

PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER 3+ HOURS PER DAY

		Orleans	VT	
Overall		38%	38%	Overall Differences: State vs County
Sex	Male	37%	39%	VT and County are Similar
	Female	40%	37%	Within County Differences
Grade	Grade 6	26%	29%	8 > 6
	Grade 7	35%	38%	Too few students by sexual orientation
	Grade 8	47%	45%	
Race	WnH	38%	38%	
	REM	45%	43%	
Sexual Orientation	Het	39%	38%	
	LGB	.	57%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION  
 NUTRITION

BREAKFAST CONSUMPTION, PAST WEEK		
	Orleans	VT
0 days	6%	7%
1 day	3%	4%
2 days	7%	7%
3 days	6%	7%
4 days	5%	6%
5 days	11%	8%
6 days	8%	9%
7 days	52%	52%

County > VT

DID NOT EAT BREAKFAST, PAST WEEK			
		Orleans	VT
Overall		6%	7%
Sex	Male	4%	6%
	Female	8%	7%
Grade	Grade 6	.	5%
	Grade 7	6%	7%
	Grade 8	9%	7%
Race	WnH	5%	6%
	REM	13%	10%
Sexual Orientation	Het	5%	6%
	LGB	.	16%

Overall Differences: State vs County

VT and County are Similar

Within County Differences

Too few students in at least one grade

Too few students by sexual orientation

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SECTION 6: PHYSICAL ACTIVITY AND NUTRITION  
NUTRITION

GLASSES OF WATER CONSUMED PER DAY, PAST WEEK

	Orleans	VT	
Did not drink water	3%	3%	County > VT
1 to 3 times	12%	9%	
4 to 6 times	10%	10%	
1 time per day	5%	6%	
2 times per day	14%	16%	
3 times per day	18%	19%	
4 or more times per day	37%	37%	

DRANK THREE OR MORE GLASSES PER DAY OF WATER

		Orleans	VT	
Overall		55%	56%	Overall Differences: State vs County
Sex	Male	58%	57%	VT and County are Similar
	Female	52%	54%	
Grade	Grade 6	56%	58%	Within County Differences
	Grade 7	52%	54%	
	Grade 8	57%	56%	
Race	WnH	55%	56%	Too few students by sexual orientation
	REM	60%	57%	
Sexual Orientation	Het	55%	57%	
	LGB	.	48%	

SECTION 7: SOCIAL DETERMINANTS OF HEALTH

<b>WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS</b>			
	<b>Orleans</b>	<b>VT</b>	
Never	82%	77%	County > VT
Rarely	12%	14%	
Sometimes	5%	7%	
Most of the time	1%	1%	
Always	.	1%	Too few students

<b>MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME</b>				
		<b>Orleans</b>	<b>VT</b>	
Overall		2%	2%	Overall Differences: State vs County
Sex	Male	.	2%	VT and County are Similar
	Female	2%	2%	Within County Differences
Grade	Grade 6	.	2%	Too few students by sex
	Grade 7	.	2%	Too few students in at least one grade
	Grade 8	2%	2%	Too few students by race
Race	WnH	.	2%	Too few students by sexual orientation
	REM	.	4%	
	Sexual Orientation	Het	1%	
	LGB	.	5%	

SECTION 7: SOCIAL DETERMINANTS OF HEALTH

<b>BORN OUTSIDE THE U.S.</b>				
		<b>Orleans</b>	<b>VT</b>	
Overall		2%	6%	Overall Differences: State vs County
Sex	Male	2%	6%	VT > County
	Female	2%	6%	
				Within County Differences
Grade	Grade 6	.	7%	Too few students in at least one grade
	Grade 7	2%	5%	
	Grade 8	2%	6%	
Race	WnH	1%	3%	Too few students by sexual orientation
	REM	6%	18%	
Sexual Orientation	Het	1%	5%	
	LGB	.	7%	

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK			
	Orleans	VT	
0 days	7%	5%	County > VT
1 day	3%	2%	County > VT
2 days	2%	2%	
3 days	2%	3%	
4 days	4%	4%	
5 days	6%	7%	
6 days	8%	10%	
7 days	68%	66%	

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK				
		Orleans	VT	
Overall		87%	88%	Overall Differences: State vs County
Sex	Male	91%	89%	VT and County are Similar
	Female	82%	87%	
Grade	Grade 6	82%	90%	Within County Differences
	Grade 7	89%	89%	
	Grade 8	87%	86%	
Race	WnH	88%	89%	Males > Females
	REM	79%	84%	
Sexual Orientation	Het	89%	89%	Too few students by sexual orientation
	LGB	.	73%	

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SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

**BELIEVE SCHOOL HAS RULES AND CONSEQUENCES FOR BEHAVIORS**

	Orleans	VT
Strongly agree	30%	28%
Agree	40%	43%
Not sure	17%	17%
Disagree	9%	8%
Strongly disagree	4%	5%

**STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR**

		Orleans	VT	
Overall		71%	71%	Overall Differences: State vs County
Sex	Male	74%	72%	VT and County are Similar
	Female	66%	69%	Within County Differences
Grade	Grade 6	72%	77%	Too few students by sexual orientation
	Grade 7	71%	72%	
	Grade 8	69%	66%	
Race	WnH	71%	71%	
	REM	64%	68%	
Sexual Orientation	Het	70%	72%	
	LGB	.	54%	



SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

<b>BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM</b>				
		<b>Orleans</b>	<b>VT</b>	
Overall		77%	76%	Overall Differences: State vs County
Sex	Male	76%	76%	VT and County are Similar
	Female	77%	76%	
Grade	Grade 6	82%	79%	Within County Differences
	Grade 7	76%	75%	
	Grade 8	75%	75%	
Race	WnH	78%	77%	Too few students by sexual orientation
	REM	71%	71%	
Sexual Orientation	Het	78%	77%	
	LGB	.	64%	

<b>GRADES EARNED IN SCHOOL</b>			
	<b>Orleans</b>	<b>VT</b>	
Mostly A's	50%	46%	Too few students
Mostly B's	38%	38%	
Mostly C's	10%	12%	
Mostly D's	2%	3%	
Mostly F's	.	1%	

## SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

<b>BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY</b>			
	<b>Orleans</b>	<b>VT</b>	
Strongly agree	28%	27%	County > VT
Agree	33%	36%	
Not sure	24%	24%	
Disagree	8%	7%	
Strongly disagree	8%	5%	

<b>STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE</b>				
		<b>Orleans</b>	<b>VT</b>	
Overall		61%	64%	Overall Differences: State vs County
Sex	Male	64%	68%	VT and County are Similar
	Female	57%	60%	
Grade	Grade 6	69%	67%	Within County Differences
	Grade 7	64%	65%	
	Grade 8	54%	60%	
Race	WnH	63%	65%	WnH > REM Too few students by sexual orientation
	REM	47%	58%	
Sexual Orientation	Het	65%	67%	
	LGB	.	31%	